



2024–2025
UMHS
Catalog

Volume 1: Effective May 15, 2024

UMHS
UNIVERSITY OF MEDICINE
AND HEALTH SCIENCES

Welcome To UMHS!

Welcome to the University of Medicine and Health Sciences, and congratulations on taking the next step toward your dream of becoming a doctor.

At UMHS, we are dedicated to your success. This catalog is an important tool that can be used for planning your future at our medical school. It contains valuable information on everything from courses and curriculum to faculty, licensure, our policies, and more. Please read this guide carefully, and don't hesitate to reach out to us with any questions you may have. We look forward to helping you succeed on your journey to earn your M.D. and beyond.

Purpose of the Institution

Our Mission

The University of Medicine and Health Sciences is committed to educating uniquely skilled and diverse medical professionals eager to meet the need for physicians in various settings throughout the United States and the world. With a focus on quality patient care, and utilizing the latest in advanced technological instruction and personalized education, our aim is to produce genuinely passionate physicians who are highly prepared for practice in a changing medical landscape.

Our Vision

Our vision is to continue to be a vanguard among alternative medical schools. We will provide a safe, modern environment conducive to helping promising medical students achieve their dreams of becoming doctors—who not only become professionals, but lead their professions through excellence.

Our Approach

Our approach to medical education is unique. We combine top-quality faculty, primarily from the U.S. and Canada, with a personalized approach to educating students. We offer leading-edge facilities to give our students the best training, yielding doctors who perform well on the United States Medical Licensing Examination (USMLE) and earn highly sought-after residencies in the U.S. and Canada.

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Academic Calendar

Winter 2024 Term (January–April 2024)

Wednesday, January 10–Friday, January 12

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, January 11 and Friday, January 12

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, January 15

Classes Begin, Basic Sciences, St. Kitts
Orientation & Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, January 15–Friday, January 19

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50 U.S. per day)

Friday, January 19

Last Day to Arrive and/or Confirm Registration, St. Kitts

Saturday, January 20

White Coat Ceremony

Friday, April 19–Wednesday, May 8

Student Portal Pre-Registration and Confirmation Appt.
Requests Open for Spring 2024 term

Friday, April 26

Last Day of Final Exams/End of Semester

Spring 2024 Term (May–August 2024)

Wednesday, May 8– Friday, May 10

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, May 9 and Friday, May 10

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, May 13

Classes Begin, Basic Sciences, St. Kitts
Orientation and Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, May 13– Friday, May 17

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50 U.S. per day)

Friday, May 17

Last Day to Arrive and/or Confirm Registration, St. Kitts

Saturday, May 18

White Coat Ceremony

Friday, August 16– Wednesday, September 4

Student Portal Pre-Registration and Confirmation Appt.
Requests open for Fall 2024 term

Friday, August 23

Last Day of Final Exams/End of Semester

Fall 2024 Term (September–December 2024)

Tuesday, September 3–Friday, September 6

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, September 5 and Friday, September 6

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, September 9

Classes Begin, Basic Sciences, St. Kitts
Orientation and Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, September 9–Friday, September 13

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50 U.S. per day)

Friday, September 13

Last Day to Arrive and/or Confirm Registration

Saturday, September 14

White Coat Ceremony

Thursday, September 19

Independence Day, Campus Closed

Friday, December 13– Wednesday, January 8

Student Portal Pre-Registration and Confirmation Appt.
Requests Open for Winter 2025 term

Friday, December 20

Last Day of Final Exams/End of Semester

Winter 2025 Term (January–April 2025)

Wednesday, January 8–Friday, January 10

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, January 9 and Friday, January 10

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, January 13

Classes Begin, Basic Sciences, St. Kitts
Orientation & Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, January 13–Friday, January 17

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50 U.S. per day)

Friday, January 17

Last Day to Arrive and/or Confirm Registration, St. Kitts

Saturday, January 18

White Coat Ceremony

Friday, April 18–Wednesday, May 7

Student Portal Pre-Registration and Confirmation Appt.
Requests open for Spring 2025 term

Friday, April 25

Last Day of Final Exams/End of Semester

Spring 2025 Term (May–August 2025)

Wednesday, May 7–Friday, May 9

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, May 8 and Friday, May 9

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, May 12

Classes Begin, Basic Sciences, St. Kitts
Orientation and Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, May 12–Friday, May 16

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50.00 U.S. per day)

Friday, May 16

Last Day to Arrive and/or Confirm Registration, St. Kitts

Saturday, May 17

White Coat Ceremony

Friday, August 15–Wednesday, September 3

Student Portal Pre-Registration and Confirmation Appt.
Requests open for Fall 2025 term

Friday, August 22

Last Day of Final Exams/End of Semester

Fall 2025 Term (September–December 2025)

Tuesday, September 2–Friday, September 5

New Student Orientation and Registration Confirmation
Basic Sciences, St. Kitts

Thursday, September 4 and Friday, September 5

Continuing Student Registration Confirmation
Basic Sciences, St. Kitts

Monday, September 8

Classes Begin, Basic Sciences, St. Kitts
Orientation and Classes Begin, fifth semester, Maine
Last Day to Arrive and/or Confirm Registration, Maine

Monday, September 8–Friday, September 12

Late Arrival and/or Registration Confirmation, St. Kitts
(\$50.00 U.S. per day)

Friday, September 12

Last Day to Arrive and/or Confirm Registration

Saturday, September 13

White Coat Ceremony

Friday, September 19

Independence Day, Campus Closed

Friday, December 12–Wednesday, January 7

Student Portal Pre-Registration and Confirmation Appt.
Requests Open for Winter 2026 term

Friday, December 19

Last Day of Final Exams/End of Semester

Academics

Curriculum

Basic Science Curriculum

SEMESTER	DEPARTMENT	COURSE NO.	COURSE NAME	CREDITS	TOTAL
1	MANT	0603	Gross and Developmental Anatomy	11	
1	MANT	0620	Histology	5	
1	MBIO	0652	Medical Cell Biology	6	
1	MICM	0660	Physical Diagnosis	2	24
2	MBEH	0714	Epidemiology and Evidence Based Medicine	2	
2	MBIO	0760	Biochemistry	7	
2	MBEH	0711	Physiology	10	
2	MMCR	0770	Genetics	3	
2	MMCR	0823	Immunology	3	25
3	MBEH	0830	Behavioral Science and Medical Ethics	6	
3	MNEU	0810	Neuroscience/Neuroanatomy	7	
3	MNEU	0814	Clinical Skills (Neurology and Behavioral)	1	
3	MPAT	0800	Pathology I	9	
3	MMCR	0822	Microbiology	5	28
4	MPHM	0910	Pharmacology and Therapeutics	7	
4	MPAT	0900	Pathology II	12	
4	MICM	0930	Introduction to Clinical Medicine I	6	25

Curriculum as of May 2024. Subject to change. For the most current version of our curriculum and course descriptions, visit umhs.org/bsp.

Extended Basic Science Curriculum

SEMESTER	DEPARTMENT	COURSE NO.	COURSE NAME	CREDITS	TOTAL
1	MANT	0603	Gross and Developmental Anatomy	11	
1	MBIO	0652	Medical Cell Biology	6	
1	MICM	0660	Physical Diagnosis	2	19
2	MBIO	0760	Biochemistry	7	
2	MMCR	0823	Immunology	3	
2	MANT	0620	Histology	5	
2	MBIO	0770	Genetics	3	18
3	MMCR	0822	Microbiology	5	
3	MPHY	0711	Physiology	10	
3	MBEH	0714	Epidemiology and Evidence Based Medicine	2	17
4	MNEU	0810	Neuroscience/Neuroanatomy	7	
4	MNEU	0814	Clinical Skills (Neurology and Behavioral)	1	
4	MPAT	0800	Pathology I	9	
4	MBEH	0830	Behavioral Science and Medical Ethics	6	23
5	MPAT	0900	Pathology II	12	
5	MPHM	0910	Pharmacology and Therapeutics	7	
5	MICM	0930	Introduction to Clinical Medicine I	6	25

Curriculum as of May 2024. Subject to change. For the most current version of our curriculum and course descriptions, visit umhs.org/eps.

Basic Science Program

The Basic Science Program, which consists of semesters one through four, is held at UMHS' state-of-the-art campus, located on the exotic Caribbean Island of St. Kitts. We offer a traditional medical school curriculum modeled after schools in the United States. All courses are taught in English. The curriculum utilizes problem-based learning, with an emphasis on clinical correlations, and a thorough understanding of the basic biomedical sciences. Students are introduced to history-taking, physical exam skills, and problem-solving techniques beginning in their first semester. Our Basic Science faculty are highly credentialed and recruited primarily from the United States. Here, student success is of paramount importance, so we maintain a low student-to-faculty ratio to ensure students receive a quality education.

Clinical Settings

A compelling differentiator at UMHS is our students' access to a variety of clinical settings. Not only are students involved at community health centers, local hospitals, and with professional patients, but they also have access to our virtual hospital ward on the St. Kitts campus. Students have access to the simulation lab throughout the Basic Science Program, where it is utilized during the Physical Diagnosis, Physiology, and Introduction to Clinical Medicine courses. In the lab, students work with cutting-edge human simulators in a 24-bed hospital ward setting to integrate the lessons of the Basic Science Program in a clinically relevant manner. Very few schools in the United States or the Caribbean have simulation centers that can compare to the UMHS facility.

Examinations

During the Basic Science Program at UMHS, students take comprehensive block examinations at various points throughout each semester. UMHS has also incorporated the NBME shelf examinations into the academic program—these are the same examinations that U.S. medical students take. Shelf examinations are made up of questions that are similar in style and content to those questions on the United States Medical Licensing Exam (USMLE). As a result, throughout the Basic Science Program, students are preparing for Step 1 of the USMLE.

NBME shelf examinations are typically given as final exams at the end of each semester. Students are provided with a complete analysis of each exam, which shows both their strengths and weaknesses, as well as how they compare to their counterparts in U.S. medical schools.

UMHS uses ExamSoft to administer examinations. Please visit <https://ei.examsoft.com/GKWeb/login/umhssk> to learn more about the minimum system requirements needed to run ExamSoft on your computer.

Laptop Computers/Wireless Campus

High-speed wireless internet access is available throughout the entire campus. All students are required to bring a laptop computer to class. Students can access faculty PowerPoint lectures, class notes, course objectives, and curriculum from anywhere on campus or from home via remote login. The UMHS Learning Management System (LMS) can be accessed by students both in St. Kitts and the United States. Following the U.S. standard, UMHS provides students with a digitally enhanced database of histology and pathology images to be used throughout both courses.

Visit <https://www.umhs-sk.org/technology-requirements> to learn more about laptop and tablet requirements.

Basic Science Curriculum and Objectives

Semester 1

COURSE	CREDITS
Gross and Developmental Anatomy	11 Credits
Histology	5 Credits
Medical Cell Biology	6 Credits
Physical Diagnosis	2 Credits
TOTAL	24 Credits

MANT 0603

Gross and Developmental Anatomy (11 credits)

Anatomy focuses on the gross structure of organs and their function, and through clinical correlations, relates each to clinical medicine. An Anatomical Learning Resource Center has been established to utilize computer-based instruction, anatomical models, and radiographic materials, as well as supervised laboratory sessions focused on dissecting various parts of the human body. Students study the structure and function of all organs with some interaction with cellular structure. This course incorporates an understanding of how embryological processes give rise to the mature body form. When this course is complete, each student will have extensive knowledge of the gross anatomy and development of the entire human body as it relates clinically to the practice of medicine.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Identify anatomical structures by their location, dimensions, relationship to other structures, surface projections, and functions.
2. Identify the nerve supply of anatomical structures.
3. Identify the vascular supply of anatomical structures.
4. Describe the relationship between morphology and function.
5. Describe the embryological development of the adult structures.
6. Apply anatomical knowledge to clinical scenarios.

MANT 0620

Histology (5 credits)

This course centers on the study of the microscopic structure of normal human cells, tissues, and organs. Virtual microscopy is used to study the structure of basic tissue types and their integration into organs and organ systems. The lectures correlate microscopic and gross anatomy with basic histophysiology and function of organ systems. Upon completion of the course, the student must be able to identify and describe the function of cells, tissues, structures, and organs of the human body presented via lecture and digital imagery. Students must complete specific performance objectives, which accompany individual lecture segments, and, where appropriate, be able to integrate histology with other classes of the curriculum.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Describe the microscopic structure of the organ systems.
2. Relate system structure to its basic physiological function.
3. Identify structures on micrographs, noting the information revealed by various staining techniques.
4. Relate basic histopathology to the etiology of disease states.
5. Correlate microscopic tissue structure with Medical Cell Biology and Gross and Developmental Anatomy.

MBIO 0652

Medical Cell Biology (6 credits)

Medical Cell Biology is offered during the first semester in the Basic Science Program. In Medical Cell Biology, students will study medically important aspects of cellular and molecular biology contributing to human disease. Topics covered will include: cellular structure and function, membrane structure and intracellular transport, genome structure and DNA replication, control of gene expression, regulation of cell division, cell signaling pathways, regulation of cell death pathways, stem cell biology, fundamentals of cellular immunology, and inflammation. This course will incorporate detailed clinical cases with discussions of the mechanisms of disease, drug mechanisms of action, and clinical techniques all relevant to topics in advanced cell and molecular biology. The course concludes with several lectures designed to integrate the course material with detailed analysis and discussion of specific complex diseases including cancer, diabetes, cardiovascular disease, pulmonary disease, and dementia. This integrative approach to the molecular and cellular mechanisms of disease equips students with the necessary knowledge and insight to apply current and future advances in the basic sciences to clinical medicine and patient care.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Understand the molecular basis of normal and aberrant cellular function.
2. Understand how cellular molecules are organized, transported, and cooperate to maintain cellular structure and function and how alterations in these processes contribute to disease.

3. Understand the regulation of gene expression and how cells alter gene expression in response to normal cellular function, cellular stress, and disease.
4. Describe how cells, tissues, and organs cooperate to maintain homeostasis and the impact of disrupted homeostasis on disease development and progression.
5. Understand the molecular and cellular basis of complex diseases and the molecular basis of drug action used for treatment.
6. Apply the use of cellular and molecular clinical assays for disease diagnosis, identification of disease markers for patient stratification and analysis of drug targets to determine drug efficacy.

MICM 0660

Introduction to Physical Diagnosis (2 credits)

This course is designed to provide early exposure to clinical medicine. Students are instructed in patient interviewing and communication skills. They also receive hands-on examination skills in the musculoskeletal system using simulated and standardized patients. Additionally, clinical correlations and medical imaging are presented in conjunction with the Gross and Developmental Anatomy course. Professionalism in doctor-patient, doctor-doctor, and doctor-society interaction is stressed.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Determine the importance of comprehensive and focused history-taking.
2. Obtain a complete medical history from the patient and or informant.
3. Identify and demonstrate various verbal and non-verbal communication skills while conducting the patient interview.
4. Recognize and demonstrate professionalism while interacting with patients, family, peers, and teachers.
5. List the various parameters of vital signs and obtain vital signs.
6. Identify the various steps in examining the cardiac, respiratory, and musculoskeletal systems.
7. Demonstrate the skills in performing the physical examination of the cardiac, respiratory, and musculoskeletal systems.

Semester 2

COURSE	CREDITS
Physiology	10 Credits
Biochemistry	7 Credits
Genetics	3 Credits
Epidemiology and Evidence Based Medicine	2 Credits
Immunology	3 Credits
TOTAL	25 Credits

MPHY 0711 **Physiology (10 credits)**

This course concentrates on how the various organ systems that comprise the human body function. The major objective of this course is to enable the student to acquire a sound understanding of the mechanisms upon which life depends through an integrated study of the many control systems that maintain homeostasis. Emphasis is placed on the mechanisms that maintain a homeostasis under a variety of conditions. The course begins with a study of basic physiological principles, such as the transport of ions, intracellular signaling, osmosis, and membranes and their electrical properties. Following the presentation of the basic principles of cellular physiology (which includes muscle and nerve), cardiovascular, respiratory, renal, gastrointestinal, endocrines, and reproductive physiology are taught and integrated into total body function. Temperature regulation and the integrated physiological responses to exercise and adverse environments are also presented. Most disease conditions result from abnormal functioning (i.e., disturbance of homeostasis) of one or more of the basic control systems. Thus, it is of fundamental importance that the future physician understands the regulatory mechanisms taught in this basic medical science course. After completing the course, students will have a clear understanding of how the major systems of the body operate in an integrated fashion necessary to maintain a homeostatic state. (Prerequisites: Completion of Gross and Developmental Anatomy, Medical Cell Biology, and Histology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Describe the fundamental mechanisms underlying normal function of cells, tissues, organs, and organ systems of the human body, commensurate with the requirements for a physician providing care to patients.
2. Explain the basic mechanisms of homeostasis by integrating the functions of cells, tissues, organs, and organ systems.
3. Apply knowledge of functional mechanisms and their regulation to explain the pathophysiology underlying common diseases.
4. Describe the molecular and cellular mechanisms of physiological processes that are the basis for therapeutics and drug targets that are introduced later in the curriculum.
5. Effectively solve basic problems in physiology and pathophysiology, working independently and in groups.

MBIO 0760 **Biochemistry (7 credits)**

This course focuses on the interrelationship and regulation of metabolic pathways as it pertains to understanding the mechanism of disease states. The student is prepared accordingly through a discussion of the principles of biochemistry, including anabolic and catabolic reactions as permitted by the generation and use of energy. Biochemical mechanisms are utilized to justify particular signs and symptoms noted in certain clinical conditions. In doing so, a comprehensive understanding of the metabolism of proteins, carbohydrates, lipids, and other nitrogen-containing molecules is achieved. (Prerequisites: completion or co-enrollment of Medical Cell Biology and Histology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Have a clear understanding of the subcellular organelles, various cellular proteins, and signaling mechanisms that they have studied in medical cell biology with the biochemical functions that go on in each cell. Students will have a thorough understanding of the fundamental principles of biochemistry, especially in relation to various metabolic pathways that are important in understanding a medical disorder. Students will be able to integrate various metabolic pathways for overall understanding of the metabolic processes that go on in our cells.
2. Have a better understanding of the fates of various macro and micronutrients that we take in through our diet. Students will have a better understanding of the digestion and absorption process of all these molecules, and of the abnormalities that can occur during these processes. Students will also be able to connect the role of various vitamins and minerals in the metabolic pathways, and the abnormalities that can occur when these micronutrients are deficient or in excess. This will eventually enable students to understand the treatment and monitoring of these disorders.
3. Integrate metabolic processes with clinical disorders and applied physiological aspects. This kind of integration will provide students with a better understanding of physiological changes that will go on in the body, according to the physiological status of the cell. Constant integration of clinical disorders is done throughout the course, so that students will have a better understanding of a disorder at the molecular level. This will assist students in clinical diagnosis, modes of treatment, monitoring, and prognosis of a disorder, along with helping to determine the differential diagnosis for disorders which share similar phenotypes.

4. Have a better understanding of normal biochemical functions of various enzymes, which will assist them in understanding the disorder when there is abnormality in any of these enzymes. With the thorough background of enzymes and biochemical processes, students will have a better understanding of the rationale for using various medications in disorders affecting metabolic pathways.
5. Have sufficient exposure to all the high yield concepts and questions for their preparation towards the USMLE Step 1 exam and beyond.

MBIO 0770 Genetics (3 credits)

This course provides a description of the human genome, including the details of DNA, gene, and chromosome structure, the basics of gene expression, and the various forms of inheritance. The overall goal is to use this knowledge to better understand the molecular mechanisms of how genetic mutations lead to the single gene and complex disorders described in the textbook case studies. Specific course topics include gene mapping and disease gene identification, the treatment of genetic disease, prenatal diagnosis, cancer genetics, and pharmacogenetics. (Prerequisite: Completion of Medical Cell Biology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Understand the molecular mechanisms of how chromosomal abnormalities and genetic mutations lead to aneuploidies, genomic disorders, single gene diseases, and complex disorders.
2. Understand the strategy and technology used for gene mapping and disease gene identification.
3. Describe the current approaches for the treatment of genetic disease, including gene therapy.
4. Understand the recent advances in prenatal diagnosis, cancer genetics, and pharmacogenetics.
5. Other skills learned by the students will be evaluation of pedigrees, calculating recurrence risk, and using Hardy-Weinberg to determine mutation frequencies in populations.

MBEH 0714 Epidemiology and Evidence Based Medicine (2 credits)

The field of medicine is rapidly evolving. Thus, a well-trained physician needs to develop research skills and the ability to apply research evidence to ensure safe clinical practices. In this course, students will be introduced to the fundamental principles of evidence-based practices using real-world research, and clinical questions and problems. They will learn how to identify, retrieve and appraise relevant studies, and to interpret the results to answer their clinical questions.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Outline the basic principles of and recognize the rationale for the practice of Evidence-Based Medicine.
2. Conduct efficient searches online to acquire quality evidence using reliable/reputable terms and tools in databases such as PubMed, EBSCO, and Cochrane library.

3. Describe the approach to clinical research design and common statistical tests used in these studies: meta-analyses, systematic reviews, randomized controlled trials, case-control studies, cohort studies, descriptive studies, and qualitative studies.

4. Critically appraise the most common types of clinical research papers (interventions, harm, diagnostic tests, and systematic reviews) based on the individual patient's unique values and circumstances.

MMCR 0823 Immunology (3 credits)

This course begins with a general overview and introduction to the immune system, including a description of the cells and tissues involved with innate and adaptive immunity. This is followed by descriptions of the molecular and cellular mechanisms employed in innate immune responses, and for those used in the humoral and cell-mediated arms of adaptive immunity. This includes the details of antigen processing and presentation by antigen presenting cells and the central role of MHC molecules in this process. The maturation and selection of B and T lymphocytes and the production of the diverse antigen receptors required for lymphocyte activation are also described in detail.

The pathways of lymphocyte activation are followed by an explanation for the generation of the different effector functions and memory cells produced during a humoral or cell-mediated response. The last half of the course is focused on more clinically related topics, including tolerance and autoimmunity, transplantation and immunosuppression, immunotherapy strategies against tumors, hypersensitivity, and the consequences of congenital immunodeficiencies. The course ends with a description of the tools and assays of immune functions. (Prerequisite: Completion of or co-enrollment in Histology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Describe the cells and tissues involved with innate and adaptive immunity.
2. Know the molecular and cellular mechanisms employed in innate immune responses, and those used in the humoral and cell-mediated arms of adaptive immunity.
3. Know the details of antigen processing and presentation by antigen presenting cells and the central role of MHC molecules in this process.
4. Understand the maturation and selection of B and T lymphocytes and how gene rearrangement generates the diverse antigen receptors required for lymphocyte activation.
5. Understand how activated lymphocytes carry out different effector functions and produce memory during a humoral or cell-mediated adaptive response.
6. Understand the clinical aspects of immunology including tolerance and autoimmunity, transplantation and immunosuppression, immunotherapy strategies against tumors, hypersensitivity reactions, and the consequences of congenital immunodeficiencies.

Semester 3

COURSE	CREDITS
Pathology I	9 Credits
Neuroscience/Neuroanatomy	7 Credits
Clinical Skills (Neurology & Behavioral)	1 Credit
Microbiology	5 Credits
Behavioral Science and Medical Ethics	6 Credits
TOTAL	28 Credits

MPAT 0800 Pathology I (9 credits)

This course introduces students to the cellular system of each organ and traces the morphological changes in a cell that are responsible for a disease in an organ. As cells undergo alteration, their change in function is studied in respect to its deviation from the “normal” state. Course presentation includes the response of cells, tissues, and organs to disease and injury, the normal and adapted cell, degeneration and necrosis, inflammation, fluid and hemodynamic derangements, neoplasia, immunopathology, and systemic, environmental, and nutritional disease. Lecture discussions are supplemented by a study of gross and microscopic specimens. (Prerequisites: Completion of Genetics, Biochemistry, Immunology, and Physiology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Understand, identify, and describe changes that happen in cell injury and adaptation. Students must be able to solve clinical problems by explaining underlying pathology.
2. Define acute and chronic inflammation, identify various types of cells in inflammation, and explain the role of chemical mediators. Students must be able to analyze lab reports pertaining to inflammatory diseases.
3. Describe the various types of hemodynamic disorders, identify the structural changes, and explain the underlying pathology.
4. Name various benign and malignant tumors, understand the differences between benign and malignant tumors, explain the biology of tumors, correctly identify histological features, and have an overview of important cancers.
5. Explain the immune basis of primary immune deficiency and autoimmune disorders, describe various changes seen in the organs affected, and be able to interpret lab reports.
6. Define, explain, and draw an algorithm to explain various types of anemia. Students should be able to evaluate cases of anemia and interpret lab reports.
7. Describe various types of reactive conditions associated with white cell abnormalities, discuss the various types of hematological malignancies based on pathogenesis, and be able to interpret lab investigations.
8. Understand the pathogenesis of tumors involving the kidneys and prostate. Students must be able to identify histological features, interpret investigations, and explain clinical features of renal and prostate tumors.
9. Identify and distinguish testicular tumors. Discuss the morphological features and clinical presentations of major testicular tumors.

10. Differentiate and describe various skin disorders of immune, infectious, and neoplastic origin.

11. Define, describe, and identify diseases affecting the central nervous system (CNS). Students should be able to explain the pathogenesis of various developmental, demyelinating, dementia, and tumors affecting the CNS.

MNEU 0810 Neuroscience/Neuroanatomy (7 credits)

This course begins with an overview of the entire nervous system. As the course progresses, the focus is on comprehending the basic structure and function of each level of the nervous system, integrating both the anatomy and physiology of the nervous system. The principles that underlie the anatomical structure of each system of the brain are correlated with its physiology; correlations between the functional deficits and the pathological anatomy in several neurological diseases which require working knowledge of anatomy and physiology are stressed. Special attention is given to integrating current understandings of human neurological and psychiatric diseases, and each topic is supplemented by relevant lab exercises, which include detailed brain dissection and exposure to angiograms, CT scans, MRIs, etc. (Prerequisites: Completion of Gross and Developmental Anatomy and Physiology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Determine the location and type of spinal cord injuries.
2. Evaluate the status of a neurological patient.
3. Perform the neurological exam.
4. Identify problems via neuroimaging techniques.
5. Discuss site, level, and type of injury.

MNEU 0814 Clinical Skills (Neurology & Behavioral) (1 credit)

In this course, the students will learn the clinical skills involved in the Neurological and Behavioral Clinical examinations. It will integrate the knowledge previously acquired in Physical Diagnosis, Physiology, and Gross and Developmental Anatomy courses. The course is taught in conjunction and aligned with the Behavioral Science and Neuroscience courses, which are also taught in the EBS 4 and Med 3 semesters. It is designed to lay the foundation for the clinical neurobehavioral skills essential to the practice of medicine. These skills include obtaining a medical history, performing a physical examination, professionalism, and communication. The organization of the course is predominantly structured as small group instruction and didactic lectures with

emphasis on hands-on history taking and physical examination of standardized and professional patients in the Clinical Skills Laboratory. (Prerequisites: Completion of Gross and Developmental Anatomy and Physiology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Identify the common neurological symptoms and signs.
2. Demonstrate ability to conduct comprehensive patient interviewing including challenging patient situations and behaviors.
3. Recognize the terms used to define key symptoms and signs.
4. Perform comprehensive neurological examination.
5. Perform mini-mental status examination to assess cognitive functioning.
6. Describe the special techniques in specific neurological situations, e.g., comatose patient.
7. Identify and interpret the clinical features to localize neurological lesions.

MMCR 0820 **Microbiology (5 credits)**

Microbiology teaches students the basic concepts of infectious disease in a lecture and laboratory setting. The goal of the course is for students to gain a basic knowledge and understanding of microbial diagnosis of bacteria, viruses, fungi, protozoa, and parasites. The etiology, pathogenesis, and genetics of bacterial infection are key foundations to the study of microbes. Students will learn the symptoms that help in diagnosis of a patient and how these symptoms relate to disease. Prevention of disease through methods such as such as vaccines, hand washing, and sterilization and disinfection are stressed, as well as the treatment of infectious disease. In the laboratory, students perform the techniques needed to identify and inform treatment strategies for a variety of gram-positive and gram-negative bacteria. Case studies are used in laboratory sessions to enhance the learning experience. (Prerequisite: Completion of Histology)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Identify the common etiologic agents of the disease and determine the causative agent of the particular case from case clues.
2. Classify general characteristics regarding disease or organism, predisposing conditions, epidemiology, mechanism of pathogenicity, and major tests used in identifications.
3. Describe mechanisms of virulence and pathogenesis for microorganisms.
4. Identify the appropriate therapies, drug mechanism of action, and resistance mechanisms for antimicrobials, antivirals, antifungals, and antiparasitics.

MBEH 0830 **Behavioral Science and Medical Ethics (6 credits)**

Behavioral Science and Medical Ethics stresses the complex relationship between psychological make-up and experience by providing a knowledge base for normative and non-normative human development throughout the life cycle. The course also introduces the student to the behavioral basis of clinical medicine by focusing on common behavioral problems and the circumstances that evoke important behavioral or emotional responses. The concept of culturally competent care will be defined, and the basics of recognizing organic and functional psychological disturbances are described.

Workshops on realistic clinical problems are an integral part of this course; sexual dysfunction, bereavement, suicide, and sociological disorders receive detailed attention.

Because the medical profession subscribes to a body of ethical parameters developed to guide medical decision-making for the wellbeing and benefit of the patient, the Behavioral Science course contains a significant component designed to introduce the medical student to these principles and concepts. This ethical component serves as a basic (ideal) standard of conduct which defines the essentials of honorable behavior for the physician in every clinical and research interaction. It is imperative that any healthcare professional have knowledge of the medicolegal and ethical issues so that clients are treated with understanding, sensitivity, and compassion. Occasionally, ethical dilemmas arise when physician and patient disagree about values or may face choices that challenge their core values. This segment of the Behavioral Science course strives to provide the UMHS medical student with a foundational framework for ethical decision-making.

Additionally, the student should develop increased insight into personal functioning and feelings, and develop the skills needed to act as an empathetic and effective interviewer and behavioral change agent. (Prerequisite: None)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Describe the progression through the life cycle and recognize the major milestones from conception to death.
2. Explain the psychological and social factors influencing patient behavior, noting how those factors contribute to unhealthy behavior, disease, and compliance or resistance to treatment.
3. Describe and demonstrate patient interviewing skills, peer consultation, and interactions with the family.
4. Describe the normal processes and pathophysiology of the central and peripheral nervous systems (brain stem, brain, motor systems, and the autonomic nervous systems) as they relate to mental and emotional disorders.
5. Construct a differential diagnosis and demonstrate the ability to diagnose disorders according to the DSM-5 criteria.
6. Recognize the signs and symptoms of psychopathological disorders and describe the disorders, their signs, and symptoms using proper terminology.
7. Describe the general principles of psychotherapy and psychopharmacology, including the basic indications and contraindications.
8. Recognize the gender, ethnic, and behavioral (i.e., biopsychosocial) considerations affecting disease treatment and prevention (including psychosocial, cultural, occupational, and environmental), and construct basic interventions to improve patient compliance to treatment.
9. Demonstrate an understanding of the four pillars of ethics and how they influence clinical practice.
10. Demonstrate understanding of the AMA stance on doctor/patient relationships, conflict of interest, professional boundaries, informed consent, advanced directives, ethical research, and end-of-life care.
11. Incorporate guidelines of HIPAA, the AMA, and ethics committees, as well as local laws and regulations, in analyzing and resolving ethical dilemmas.

Semester 4

COURSE	CREDITS
Pathology II	12 Credits
Pharmacology and Therapeutics	7 Credits
Introduction to Clinical Medicine I	6 Credits
TOTAL	25 Credits

MPAT 0900

Pathology II (12 credits)

Pathology II applies the basic concepts learned in Pathology I to continue the study of the pathologic basis of disease using a physiologic system, or organ-based approach. This course covers red and white cell diseases, male and female genital tracts, and kidney and liver systems. Course presentations include etiology, pathogenesis, and morphologic changes in diseases according to the organ system. Appropriate use of the laboratory is stressed in the diagnosis of disease, while case presentations further emphasize the clinical aspects of the pathologic processes.

(Prerequisite: Completion of Pathology I)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Describe the etiology, pathogenesis, structural, and functional manifestations of disease, and have the ability to use this knowledge to solve appropriate problems.
2. Understand the biologic principles which govern changes in cells and tissues as a response to abnormal stimuli, and the functional consequences and clinical significance of morphologic changes.
3. Understand how these changes alter during the course of the medical and surgical therapy and the differential diagnosis.
4. Describe various specific changes which occur in specialized organs due to harmful pathogens and other agents.
5. Recognize disease at the gross, microscopic, and ultrastructural levels.
6. Understand the various pathological, molecular, and immunologic techniques used to reach the diagnosis.
7. Understand the dynamics of disease, and be aware of the natural course of specific disease states and the result of intervention by a physician.
8. Interpret the various pathology reports of various branches.
9. Understand how pathology as a medical specialty relates and contributes to clinical medicine.

MPHM 0910

Pharmacology and Therapeutics (7 credits)

This course concentrates on how chemical agents (drugs) regulate or modify physiological functions of the body, demonstrating how interactions of drugs with living organisms contribute to diagnosis, prevention, treatment, or cure of diseases. Biologic responses, physiological alterations, and correction of disorder or disease are discussed for each drug class, highlighting receptor interaction, which defines the agent's boundaries of efficacy. Because pharmacology and therapeutics is an integrated science, a strong attempt is made to maintain this integrated approach in lectures, tutorials, and case studies. Major emphasis is placed on principles of pharmacogenetics (pharmacodynamics, pharmacokinetics, adverse drug reactions, teratogenicity, etc.), as well as therapeutics of common drugs used in infectious disease, malignant diseases, and endocrine disorders. (Prerequisites: All semester 1 and 2 courses, Microbiology, Behavioral Science, and completion or co-enrollment in Pathology I)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Understand the fundamental principles of drug-receptor interactions and identify how drugs alter cellular function through the study of pharmacodynamics.
2. Determine how the body handles drugs through pharmacokinetic processes such as absorption, distribution, metabolism, elimination, dose-response relationships, half-life, steady-state concentrations, and volume of distribution, and thereby, affect therapeutic effectiveness.
3. Identify how specific patient characteristics and genetics can affect the response to a particular class of drugs.
4. Discuss the rationale behind designing different dosing regimens of particular drugs in specific patient populations.
5. Evaluate the scientific basis underlying how two different drugs can interact within the body and can have undesirable effects either on drug concentrations or drug clinical effects.
6. Identify and name the major classes of clinically important drugs which include drugs affecting the autonomic nervous system, anesthetics and analgesics, drugs to treat diseases of the cardiovascular system, drugs affecting the pulmonary system, antibiotics, drugs used to treat psychiatric disorders, drugs of abuse and drugs used to treat addiction, drugs that affect the immune system, drugs that affect the endocrine system, dietary supplements and herbal medications, antiviral drugs, and chemotherapeutic drugs used in the treatment of cancer.
7. Provide specific examples, mechanisms of action, adverse effects, contraindications, and drug interactions for each drug or class of drugs.

MICM 0930
Introduction to Clinical Medicine I (6 credits)

This course is designed to introduce students to the basic skills they will need to function as effective clinicians. History-taking and physical examination skills are taught in practical classes using the latest technological media, including Laerdal patient simulators (adult, pediatric, and adolescent). The course addresses a range of clinical skills necessary for the future development as a physician, including clinical assessment and planning for the care of patients using library and computer search of evidence-based information for patient care. Didactics are blended with laboratory data, which includes interpreting radiology and other imaging techniques, as well as electrocardiography. This course introduces core medical information needed to enter the third and fourth years of clinical training. Critical emphasis is on the development of ethical standards and specialization, as well as education and licensing requirements in the various states. Class sizes are kept small to facilitate free discussion and pertinent technique demonstrations. (Prerequisites: All courses in semesters 1–3, and co-enrollment in or completion of Pathology II)

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Obtain a complete and (where necessary) focused medical history. Students will learn the skills for proficiently conducting a medical interview with a patient and/or informant, focusing on the essential components of history-taking.
2. Perform a head-to-toe physical examination. Students will develop skills for examining the various systems using checklists and skill sheets as guides.
3. Synthesize findings from the physical exam and history in developing a diagnosis and/or differential diagnosis with possible explanations and ways to rule in and rule out certain illnesses or disease processes.
4. Recommend or suggest specific lab tests or studies, such as blood/body fluid or radiological investigations, to confirm certain conditions responsible for a patient's illness.
5. Adequately document all the details of the case (considering the above four points) and submit medical H&P reports and SOAP notes for evaluation.
6. Exhibit professionalism. The student is expected to practice professionalism at all times while dealing with patients, their relatives, colleagues, and teachers.
7. Improve communication skills by participating in the above activities.
8. Enhance learning through teamwork and small group-based activities.
9. Facilitate learning through constructive feedback from faculty and peers.
10. Acquire the basic skills for oral presentations of H&P and SOAP notes.

PLEASE NOTE: Students enrolled in this program are required to complete the courses in the order listed above. Any student wishing to enroll in a course out of sequence, or without the necessary prerequisites, must formally submit a request in writing, typically by email, to the Basic Science Dean by noon

local time on the Wednesday prior to the start of the semester. The student must include his or her correct email address in this request. Any requests submitted after the deadline will not be considered. All students in the process of review are responsible for attending all courses originally scheduled for that student until they are officially told otherwise in writing or by email by the Basic Science Dean. Any class absences approved during this time period will be on the student's class record and cannot be used as justification for not continuing with the course.

Extended Basic Sciences Program

The Extended Basic Science (EBS) Program is for entering students who wish to spread the course load of the first four semesters of the M.D. program over a five-semester period. Students accepted into the University may opt for this program up until a week after the first block exam in either their first or second semester.

The admissions committee has determined that some of those admitted will be accepted directly into the EBS program. These decisions are based upon a variety of criteria that may include overall GPA, pre-med GPA, MCAT score, passage of time between completing the basic sciences and entering into medical school, number of advanced science courses completed at the undergraduate level, language issues for those who speak English as a second language, or some combination of these factors.

Whether the student has voluntarily chosen the EBS Program, or the student was placed into EBS by the admissions committee, the goal of the program is to reduce the student's course load in order to ensure he or she performs well and masters the information. Students that have entered this program have traditionally excelled both academically and professionally.

Courses are taken along with students in the accelerated four-semester program to ensure that the EBS students are part of the "mainstream." As an incentive for EBS participants, the University has prorated the tuition so that the overall cost of tuition for the five-semester EBS Program is the same as the four-semester program. The only additional costs to students attending the EBS are time (an additional semester and cost of living on the island) and semester fees.

For full course descriptions, learning objectives, and prerequisites, please turn to the Basic Sciences section on page 5.

EBS Semester 1

COURSE	CREDITS
Gross and Developmental Anatomy	11 Credits
Medical Cell Biology	6 Credits
Physical Diagnosis	2 Credits
TOTAL	19 Credits

EBS Semester 2

COURSE	CREDITS
Biochemistry	7 Credits
Immunology	3 Credits
Histology	5 Credits
Genetics	3 Credits
TOTAL	18 Credits

EBS Semester 3

COURSE	CREDITS
Microbiology	5 Credits
Physiology	10 Credits
Biostatistics and Epidemiology	2 Credits
Epidemiology and Evidence Based Medicine	2 Credits
TOTAL	19 Credits

EBS Semester 4

COURSE	CREDITS
Neuroscience/Neuroanatomy	7 Credits
Clinical Skills (Neurology & Behavioral)	1 Credit
Pathology I	9 Credits
Behavioral Science and Medical Ethics	6 Credits
TOTAL	23 Credits

EBS Semester 5

COURSE	CREDITS
Pathology II	12 Credits
Pharmacology and Therapeutics	7 Credits
Introduction to Clinical Medicine I	6 Credits
TOTAL	25 Credits

Please note the following:

Those admitted to the EBS program, or opting into the program, will not be permitted to accelerate into the four-semester Basic Science Program at a later date.

- Prior to matriculation, students who choose to decelerate from the standard Basic Science Program to EBS must notify the office of admissions.
- Those who begin the four-semester program may opt into the EBS program following the completion of the first block examination either in the first or second semester, if the student's test results suggest that more time would be advantageous for successful completion of the basic sciences.
- With a reduced load, EBS students have been able to excel academically. Currently, the University has an attrition rate of four percent. This, in part, is directly related to the EBS program.
- Since the EBS tuition is lower than the standard tuition per semester, scholarships and loan awards will be adjusted accordingly.

Clinical Science Program (Semesters 5–10)

The Clinical Science Program is designed to give students a broad spectrum of medical practice, training in clinical skills, and patient contact. The program consists of a fifth semester at our Maine campus, as well as core and elective rotations completed at U.S. and Canadian teaching hospitals affiliated with the University of Medicine and Health Sciences.

Fifth Semester, Portland, Maine Campus

UMHS students complete their fifth semester studies at our campus in Portland, Maine. The fifth semester consists of the following required courses: Introduction to Clinical Medicine II and Biological Basis of Clinical Medicine. The UMHS facilities in Portland include the latest in simulation and technology resources. Students regularly participate in virtual clinics utilizing human simulators. Recently, the facilities have been expanded to include a learning resource center and additional examination rooms.

Experienced Maine Medical Doctors Teaching in Real Clinical Settings

All student clinical experiences are supervised by a team of experienced Maine physicians, many of whom have decades of both medical practice and teaching experience. Students are assigned to work alongside physicians in actual patient care settings at several hospitals, clinics, and office health centers in and around Portland. The opportunity to work beside renowned Maine physicians is designed to build a student’s clinical capabilities, increase his or her confidence, and enhance his or her performance on United States Medical Licensing Examinations (USMLE).

COURSE	CREDITS
Introduction to Clinical Medicine II	7 Credits
Biological Basis of Clinical Medicine	4 Credits
TOTAL	11 Credits

Fifth Semester Curriculum

MICM 1010

Introduction to Clinical Medicine II (7 credits)

Introduction to Clinical Medicine II is a course designed to introduce students to the practice of medicine. The knowledge gained in the Basic Sciences will be integrated with the “art” of medicine. Students will sharpen their skills in history-taking and physical diagnosis and learn how to formulate a diagnosis and appropriate treatment plans. Patient communication and professionalism will be stressed throughout the course. The learning experience will include classroom lectures and small group sessions emphasizing clinical presentation, diagnostic work up, differential diagnoses, treatment plans, and case scenarios. Patient experiences will take place in both a virtual clinic setting and in preceptor offices with a practicing medical provider. Each week, students will spend time in the Clinical Skills Lab for further “hands-on” experiences. The above will be supplemented with additional special lectures on topics including ethics, EKG, pediatrics, geriatrics, addiction medicine, obstetrics, ophthalmology, behavior sciences, genetics, surgery, vaccines and travel medicine, palliative care, and dermatology.

The Clinical Preceptor Program exposes some students to direct patient care by having students work in offices, hospitals, or operating rooms with physicians, physician assistants, or nurse practitioners, and exposes other students to indirect patient care by having students work with pathologists and laboratory technicians. The major emphasis in this section of the ICM II course is on the content of clinical medicine and on the grasping of the meaning and awesome responsibility inherent in being a physician. Each student will keep a journal of the clinical situations and or pathology lab experiences encountered making sure to adhere to HIPAA rules.

The goal of ICM II is to prepare students to enter clinical rotations with a skill set that allows them to comfortably and successfully interact with patients. Students will be prepared to practice evidence-based medicine and achieve the six core competencies as outlined by the ACGME. Preparation for Step 1 of the USMLE will also be important during the course.

OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. Review the clinical presentations of medical illnesses while incorporating the fundamentals taught during Basic Sciences.
2. Further hone communication skills in patient interactions that were taught in ICM I.
3. Learn the importance of appropriate professional behavior and appearance and its significance for good patient outcomes.
4. Practice efficient, focused history-taking.
5. Practice efficient, focused physical exam skills.
6. Learn to develop differential diagnoses based on symptoms and signs gathered from the focused history-taking and physical exam.
7. Learn the use of laboratory and radiologic investigations by balancing clinical benefit with costs and harms.
8. Learn cost-effective use of resources in the treatment of patients.
9. Develop a plan of care integrating evidence-based, guideline-driven treatment plans.
10. Learn to deliver efficient and concise patient presentations.
11. Document the office visit using a focused SOAP note format.
12. Practice commonly used medical procedures in a clinical lab setting.

MICM 1020

Biological Basis of Clinical Medicine (4 credits)

This clinical course is designed to fully integrate the knowledge acquired in the various basic medical sciences and pre-clinical science courses completed during the first four semesters of study in St. Kitts into a useful body of information that can be utilized to prepare the student to sit for licensure examinations (USMLE Step I). This clinical course utilizes a variety of visiting professors and faculty recruited primarily from U.S. medical schools. This is a full 15 review course.

Clinical Rotations (Semesters 6–10)

After passing Step 1 of the USMLE, students will be placed at our affiliated teaching hospitals throughout the United States for their core clinical rotations. This occurs under the guidance of clinical faculty and under the supervision of the Dean of Clinical Sciences.

Clinical Objectives

The clinical years of the UMHS curriculum aim to prepare students who have mastered the Basic Sciences into students who can deal with patients and their problems in a hospital or outpatient milieu. The Maine Fifth Semester program begins this process. Numerous new clinical skills and considerable medical knowledge must be added to that which the student has previously acquired during semesters one through four. Beginning in the fifth semester and through years three and four, the six Core Competencies will be stressed as students acquire both diagnostic and therapeutic skills. The Core Competencies are:

- Patient Care
- Medical Knowledge
- Practice-based Learning and Improvement
- System-based Practice
- Professionalism
- Interpersonal Skills and Communication

Medical knowledge is of two types—factual and conceptual. The vast amount of knowledge required and the ever-accelerating rate of discovery reinforces the notion that the practicing physician must forever be a student of medicine and a lifelong learner. This provides a framework on which to arrange rapidly changing and increasingly detailed medical information.

UMHS is committed to a competency-based curriculum. Students will be graded and receive pertinent feedback during each core rotation, which includes:

- Self-assessment of strengths and weaknesses
- Analysis
- Identification of problems

78-Week Clinical Program

These clinical clerkships include 48 weeks of mandatory clinical rotations, as well as 30 weeks of elective clinical rotations. The core rotations represent the primary areas of medical practice, and the elective rotations provide students with an understanding of the various specialties in medicine.

COURSE	CREDITS
Internal Medicine (MEDC 1100)	12 Weeks
Surgery (SURC 1200)	12 Weeks
Pediatrics (PEDC 1400)	6 Weeks
Obstetrics and Gynecology (OBGC 1300)	6 Weeks
Psychiatry (PSYC 1500)	6 Weeks
Family Medicine (FMPC 1600)	6 Weeks
Electives	30 Weeks
TOTAL	78 Weeks

Clinical Curriculum (Semesters 6–10)

MEDC 1100

Internal Medicine (12 weeks)

Students build on skills acquired in physical diagnosis to include the completion of a thorough history and physical examination of primarily adult patients. Students participate in general internal medicine areas, gaining exposure to the diagnostic and treatment process as it unfolds.

Students develop competence in evaluating broad clinical problems and patient management skills. Hands-on patient experience is supplemented by tutorials and didactic sessions. Lecture topics include the management of commonly encountered disease processes, as well as an introduction to the use of diagnostic procedures.

INTERNAL MEDICINE CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Take a comprehensive history and perform a complete physical exam.
- Formulate a differential diagnosis and therapeutic plan, employing concern for risks, benefits, and costs.
- Document proficiently and timely.
- Analyze and document additional clinical information, lab tests, and changes in patients' clinical status.
- Demonstrate knowledge of the indications for, and the ability to interpret, standard diagnostic tests (e.g., CBC, chemistries LFTs, chest x-rays, urinalysis, EKGs).
- Demonstrate proficiency in basic procedures, such as venipuncture, insertion of intravenous lines, urinary bladder catheterization, etc.

Medical Knowledge:

- Demonstrate knowledge of the principal syndromes and illnesses in internal medicine, their pathophysiologies, and the various diagnostic and therapeutic options.
- Ask questions—fill in the gaps.

Interpersonal Communication Skills:

- Demonstrate facility in communication with patients, families, and other caregivers in a culturally competent manner.
- Demonstrate comfort in dealing with people of varying racial, cultural, and religious backgrounds.

Practice-based Learning and Improvement:

- Demonstrate a regimen of independent learning through the reading of suggested basic texts, and research via the internet and through other electronic resources (e.g., UpToDate, MKSAP for students).
- Demonstrate a commitment to quality, patient safety, and self-directed improvement.

Professionalism:

- Demonstrate a commitment to treating everyone—patients, families, and other caregivers—with respect.
- Participate fully in the patient care team and fulfill all responsibilities in a timely fashion.
- Maintain a professional appearance and demeanor.
- Volunteer for needed care if patient care is understaffed.

System-based Practice:

- Demonstrate facility in working in concert with other caregivers, nutritionists, and social workers or discharge planners to obtain optimal, seamless multidisciplinary care for patients, both during the hospitalization and after discharge.
- Demonstrate knowledge of the indications for various levels of care post-discharge (e.g., long-term rehabilitation, long-term skilled nursing facility care, hospice, home care, etc.)
- Demonstrate a knowledge of, and concern for, advance directives, informed consent, patient confidentiality (HIPAA), and palliative and end-of-life issues.

SURC 1200 Surgery (12 weeks)

Students are introduced to disease processes which require various levels of surgical intervention. Students develop skills needed by the general physician, as well as those unique to surgery. Students further develop abilities in data synthesis and problem-solving, and become oriented to the clinical setting related to surgery. Ideally, students follow the patient from admission through discharge. Students are expected to participate in all aspects of patient care: assisting in the operating room, emergency room, and acute care units. Opportunities will be provided for direct practice of simple procedures such as suturing, debridement, and wound care. Students will be expected to observe and assist during various procedures in the operating room and participate in follow-up and treatment of the post-surgical patient, as well as in ambulatory practice settings.

SURGERY CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Students will be required to record all procedures in log books and observe during the surgical rotation.
 - Perform under supervision (as in fifth semester)
 - Arterial puncture for blood gas analysis and interpret results
 - Insert Foley catheter in both male and female patients
 - Placement of a nasogastric tube
 - Wound dressing changes
 - Placement and removal of sutures and staples
 - Endotracheal intubation
 - Observation (if available)
- Placement of thoracostomy tube and management of underwater seal drain.
 - Paracentesis, thoracentesis
 - Spinal and epidural anesthesia
 - Resuscitation of a patient in shock
 - Endoscopic procedures
- Demonstrate the ability to do a proper, detailed, complete physical exam.
- Demonstrate the ability to identify common surface anatomical landmarks.
- Demonstrate skill specific to the following areas:
 - Outpatient clinics
 - Emergency department (E.D.)
 - Operating Room (O.R.)

Interpersonal and Communication Skills:

- Identify the importance and details of obtaining informed consent for operations/procedures.
- Observe, when possible, the manner in which attending physicians/preceptors have difficult discussions with patients and family regarding complications of operations, need for reoperations, futility of care, etc.
- Identify in a proactive manner whenever cultural issues affect surgical practice, as in use of blood transfusions when treating Jehovah's Witnesses.
- Identify the importance of communication in multidisciplinary care of surgical patients in an environment of mutual respect.

Practice-based Learning:

- Evidence-based decisions and discussions should always precede surgical intervention (e.g., breast reconstructive surgery vs. mastectomy).
- Use appropriate online resources for up-to-date information, read relevant sources on each case.
- Refine problem-solving skills by seeking supervision in all cases, both pre-op and post-op.

Professionalism:

- Demonstrate proper behavior in and outside the operating room. At all times, function as a part of the surgical team to which assigned, being responsible to be punctual, involved, and in the appropriate arena, which may include the ER, OR, ICU, and floors at various times.
- Realize the limits of one's position on the team so as not to engage patients and family in discussions about their care beyond the limits of that position.
- Do not discuss cases in public areas, like hospital elevators and hallways.

System-based Learning:

- Be aware of the cost/benefit ratio in the implementation of new technologies in the surgical arena (e.g., laparoscopic and robotic surgery, laser technologies).
- Recognize the importance of ancillary services in the continuum of care of surgical patients (e.g., visiting nurse programs, rehabilitation services, etc.)

PEDC 1400 Pediatrics (6 weeks)

Students receive a broad overview of general pediatrics. Experience is gained with inpatient and ambulatory pediatric care. Pediatric intakes and ward rounds are the basis of inpatient care, while ambulatory care experience is gained in general pediatric clinics through the evaluation of patients with common complaints and disorders. This clinical rotation introduces the student to the challenging treatment of infants, children, and adolescents. The diagnosis and treatment of common illnesses will be emphasized, but the student will have opportunities to learn about rarer congenital and acquired disorders.

PEDIATRICS CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Perform a complete and age-appropriate pediatric history and physical examination, including developmental assessment from infancy to adolescence.
- Make informed decisions about diagnostic and therapeutic interventions based on patient information and preferences, up-to-date scientific evidence, and clinical judgment.
- Develop and carry out a clinical assessment and plan.
- Counsel and educate patients and their families.
- Perform competently all medical and invasive procedures appropriate to level of training and supervision.
- Provide healthcare services aimed at preventing health problems or maintaining health.

Medical Knowledge:

- Obtain knowledge of disease pathophysiology, diagnosis, and etiology should be mastered.
- Gain knowledge of disease management.
- Gain knowledge of prevention and health maintenance guidelines.
- Critically evaluate and use current medical information and scientific evidence for patient care.

Interpersonal and Communication Skills:

- Communicate effectively both orally and in writing, and demonstrate caring and respectful behaviors when interacting with patients and their families.
- Create and sustain a therapeutic and ethically sound relationship with patients and parents.
- Work effectively with others as a member or leader of a healthcare team.

Professionalism:

- Adhere to ethical principles and sensitivity to diversity.
- Demonstrate respect, compassion, integrity, and honesty.
- Demonstrate a responsiveness to the needs of patients and society that supersedes self-interest.
- Demonstrate accountability to patients, society, and the profession.
- Demonstrate a commitment to excellence and ongoing professional development.
- Demonstrate sensitivity and responsiveness to a diverse patient population.
- Adhere to patient confidentiality.
- Strive to be culturally competent.

OBGC 1300 Obstetrics and Gynecology (6 weeks)

Students are assigned to obstetrical and gynecological patients for evaluation and follow-up. Participation in normal deliveries is stressed. Students are expected to follow patients through completion of delivery or surgery. Ambulatory obstetrical and gynecological care is stressed and patient contact is supplemented with conferences and didactic teaching sessions. Observation and participation in a number of live births will be provided.

OB/GYN CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Learn the art of a completed and relevant reproductive history, including ethical issues, as well as violence against women.
- Learn the indications for and interpretation of the common laboratory tests used in the specialty of obstetrics and gynecology.
- Observe and learn basic procedures, common to the specialty of obstetrics and gynecology.
- Actively participate in the care of at least one woman throughout the course of labor and delivery and follow-up.

Medical Knowledge:

- Understand mechanisms of diseases related to women's health including normal reproductive physiology and pathology.
- Understand the mechanisms of actions, toxicities, and proper use of major pharmacologic agents as they affect women and, in pregnancy, the fetus.

Interpersonal and Communication Skills:

- Learn the importance and techniques of educating and counseling patients and their families regarding reproductive health.

Professionalism:

- Demonstrate highest levels of integrity and sensitivity to women's issues.

PSYC 1500 Psychiatry (6 weeks)

In a primarily institutional setting, the students learn about the major psychiatric illnesses such as schizophrenia, affective, and anxiety disorders. Students build upon classroom knowledge gained during the first and second years. Treatment of psychiatric patients in the inpatient setting comprises the majority of the rotation. The resources available for care of psychiatric patients are presented. Skill in the evaluation and diagnosis of the psychiatric patients is developed through direct patient interviews and didactic sessions.

PSYCHIATRY CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Demonstrate the ability to obtain a complete psychiatric history, perform a complete mental status exam, and recognize significant physical findings.
- Identify the major psychiatric disorders, e.g., mood and anxiety disorders, psychoses, personality disorders, substance disorders, and disorders involving cognitive impairment (delirium, dementia).
- Acquire a basic fund of knowledge about these disorders.
- Be familiar with the major classes of psychotropic medications, including pretreatment work-up, indications and contraindications, charting and adequate maintenance dose ranges, common drug interactions, and common side effects.
- Assess and begin emergency management and referral of a patient with psychiatric symptoms.
- Develop a familiarity with basic psychotherapy concepts.
- Demonstrate professional behavior and open, honest communication with patients at all times.

Medical Knowledge:

- Demonstrate medical knowledge sufficient to express an understanding of different psychiatric symptoms, such as the recovery model vs. the medical model.
- Demonstrate a strong fund of knowledge of psychopathology and psychopathophysiology.
- Demonstrate a strong working knowledge of DSM-IV and the diagnostic criteria for major psychiatric disorders.
- Participate in developing comprehensive treatment plans.
- Understand the basics of psychopharmacologic and psychotherapeutic approaches.
- Develop decision-making skills for treatment options.

Interpersonal and Communication Skills:

- Conduct an interview in a manner that promotes information gathering and a therapeutic alliance.
- Develop a sense of comfort with disturbed patients and patients with chronic psychiatric illnesses, with an awareness of your reactions to these patients.
- Demonstrate proficiency in presenting clinical cases.
- Identify how family relationships impact mental health and illness and provide appropriate support for the individual patient and their family.
- Demonstrate the use of both verbal and non-verbal communication skills in optimizing the care of patients and their families.

Practice-based Learning and Improvement:

- Identify issues of quality and safety as it relates to psychiatric patient care.
- Critically appraise the literature to identify the varied treatment options in the care of patients.
- Utilize patient preference and best available evidence in clinical decision-making.
- Appreciate the impact of physician experience.
- Discuss relevant research in the clinical setting.

Professionalism:

- Demonstrate moral and ethical qualities when interacting with patients, colleagues, and healthcare providers.
- Identify limitations in treating and caring for patients.
- Demonstrate the ability to react in an appropriate and empathetic manner in stressful situations.
- Learn your personal biases and control them for the patient's welfare.

System-based Practice:

- Recognize the significance of cost effective healthcare.
- Understand the variety of community resources available to psychiatric patients and how to assess and access different levels of care depending on the patients' needs.
- Utilize patient advocate systems, resources, and information to coordinate and improve care.
- Integrate healthcare systems to provide continuous and diverse comprehensive care of patients and populations.

FMPC 1600

Family Medicine (6 weeks)

Students work in both private office and clinic settings, as well as the hospital environment with family practitioners. Unlike other clerkships, this experience is not totally hospital-based. Each student is assigned to an office environment, with either a single practitioner or a group to experience how different it is to practice primarily in an outpatient setting.

Each student is assigned to patients as they enter the office. The student must take a history and do a physical examination, define a diagnostic and treatment plan, and then present it to a physician. If the patient requires hospitalization, the student will participate in the course in the hospital. If outpatient care is needed beyond the initial visit, the student will schedule and perform follow-up care.

FAMILY MEDICINE CORE EDUCATIONAL OBJECTIVES

Patient Care:

- Provide comprehensive and continuous care to individuals of all ages.
- Demonstrate the ability to integrate the best medical evidence in making diagnostic and treatment decisions for individual patients.
- Utilize creativity and flexibility when providing patient care for individuals of all ages, socioeconomic, and cultural backgrounds.
- Document the ability to record appropriate acute and chronic care of the patient in a problem-oriented format.
- Demonstrate the ability to obtain a comprehensive history, perform a physical exam, and develop a differential diagnosis when evaluating patients with acute and chronic medical problems.
- Demonstrate the ability to conduct a wellness visit for a patient of any age or gender.
- Order appropriate diagnostic tests which are cost effective, evidence based, and consistent with patient values and goals.

Medical Knowledge:

- Preventive medicine will be emphasized primarily in the outpatient setting.
- Demonstrate proficiency in the diagnosis and treatment of the clerkship topics, utilizing the six ACGME Core Competencies.
- Integrate information from the history and physical to develop a differential diagnosis and treatment plan, which is developed using evidence-based, patient-centered outcomes.
- Develop treatment plans for individuals of all ages and cultural backgrounds.

Interpersonal and Communication Skills:

- Demonstrate proficiency in presenting clinical cases in SOAP format.
- Demonstrate proficiency and sensitivity while interacting with colleagues, faculty physicians, nurses, staff, and patients.
- Identify how family relationships impact health and illness and provide appropriate support for the individual patient and their family.
- Demonstrate the use of both verbal and non-verbal communication skills in optimizing the care of patients and their families.

Practice-based Learning and Improvement:

- Identify the use of quality assurance as it relates to patient care.
- Utilize practice guidelines to optimize patient care.
- Critically appraise literature to identify the varied treatment options in the care of patients.
- Utilize patient preference and best available evidence in clinical decision-making.
- Appreciate the impact of physician experience.
- Discuss relevant research in the clinical setting.

Professionalism:

- Demonstrate moral and ethical qualities when interacting with patients, colleagues, and healthcare providers.
- Identify limitations in treating and curing patients.
- Demonstrate the ability to react in an appropriate and empathetic manner in stressful situations.
- Learn your personal biases and control them for the patient's welfare.
- Consistently approach your work and patients in a professional manner, consistent with other physicians and physicians in-training.

System-based Practice:

- Recognize the significance of cost-effective healthcare.
- Recognize the unequivocal value of primary care as an integral part of any healthcare system.
- Utilize patient advocate systems, resources, and information to coordinate and improve care.
- Recognize the importance of treating your patients within the context of their families and communities.
- Integrate healthcare systems to provide continuous and diverse comprehensive care of patients and populations.

Senior Electives (30 weeks)

Students can choose from dozens of electives focused on a variety of specialty medical fields. These electives serve to provide the necessary credits for graduation while increasing the student's exposure to a variety of specialties in the medical field.

Affiliated Hospitals

UMHS has established affiliations with teaching hospitals throughout the United States and Canada, where our students complete their core rotations. We are continuing to expand our core clinical affiliations, and are in negotiations with additional teaching hospitals in a variety of states. The following list represents the hospitals where students can complete their core clinical requirements. Hundreds of additional hospitals throughout the United States are available for electives.

Affiliated Teaching Hospitals (Core Rotations)

California:

San Bernardino Behavioral Health, San Bernardino

Connecticut:

Danbury Hospital, Danbury
Griffin Hospital, Derby
St. Mary's Hospital, Waterbury

Florida:

Larkin Community Hospital, South Miami
Keralty Hospital, Miami

Georgia:

Georgia Regional Hospital, Decatur
University Hospital, Augusta

Maryland:

Sinai Hospital of Baltimore, Baltimore
Ascension St. Agnes Hospital (Baltimore, MD)
Holy Cross Hospital (Silver Spring, MD)

Michigan:

Ascension Providence Rochester Hospital, South Rochester
McLaren Oakland Hospital, Pontiac
McLaren Macomb Hospital, Mt. Clemens
Detroit Medical Center Huron Valley-Sinai Hospital, Commerce Township

New York:

Stony Brook Southampton Hospital, Southampton

Oklahoma:

Griffin Memorial Hospital, Norman

Wisconsin:

Mercyhealth Hospital, Janesville

Puerto Rico:

Ponce School of Medicine, Ponce
Puerto Rico Children's Hospital, Bayamón

Canadian Affiliations:

Ontario Shores Centre for Mental Health Sciences, Whitby, Ontario

Course/Clerkship Numbering Protocol

Basic Sciences

The Basic Sciences courses are numbered 600–999 to signify the first two years of graduate/professional coursework. Each course number is prefixed with a Course Discipline Code.

COURSE	COURSE DISCIPLINE CODE
ANATOMY	MANT
PHYSIOLOGY	MPHY
BIOCHEMISTRY	MBIO
CLINICAL SCIENCE	MICM
PATHOLOGY	MPAT
NEUROSCIENCE	MNEU
MICRO/IMMU	MMCR
BEHAVIORAL SCIENCE	MBEH
PHARMACOLOGY	MPHM

Clinical Sciences

The Clinical Sciences Clerkships taken as third- and fourth-year students are numbered 1000 and above, with each required clerkship designated with a four-digit Clerkship Discipline Code prefix. The Clerkship Discipline Code also indicates if the rotation is a core, elective, sub-I or research rotation.

1600	
FMPC	Family Medicine Core
FMPI	Family Medicine Sub-I
FMPE	Family Medicine Elective
FMPR	Family Medicine Research
1100	
MEDC	Medicine Core
MEDI	Medicine Sub-I
MEDE	Medicine Elective
MEDR	Medicine Research
1300	
OBGC	ObGYN Core
OBGI	ObGYN Sub-I
OBGE	ObGYN Elective
OBGR	ObGYN Research

1400	
PEDC	Pediatric Core
PEDI	Pediatric Sub-I
PEDE	Pediatric Elective
PEDR	Pediatric Research
1500	
PSYC	Psychiatry Core
PSYI	Psychiatry Sub-I
PSYE	Psychiatry Elective
PSYR	Psychiatry Research
1200	
SURC	Surgery Core
SURI	Surgery Sub-I
SURE	Surgery Elective
SURR	Surgery Research

Residency Match Program

The National Resident Match Program (NRMP) is a national placement service that most programs and applicants participate in, as it greatly optimizes the chances of getting a residency position. Students apply to programs through The Electronic Residency Application Service (ERAS), and then must also participate in the NRMP in order to match with one of those programs. Students may begin their ERAS application in July and begin submitting them between September and each program's autumn or winter deadline.

In order to participate in the Match process, students must have successfully passed USMLE Step 1 and Step 2 CK as well as completed a significant portion of the clinical program. In addition to the USMLE requirements, students must also satisfy either Pathway 3 or 6, which were established as an alternative to Step 2 CS by ECFMG in 2021. After applying to the NRMP, students must apply to each residency program in which they are interested and participate in interviews. In February, students must submit a "rank order list" to the NRMP.

The rank order list is a list of the programs where students interviewed, ranked from most to least desirable. Simultaneously, all residency programs submit their rank order lists of the candidates they interviewed.

After the computerized matching process, results are released in March. If a student matches to a specific program, it is a binding contract. Students normally begin in their respective programs on or before July 1.

If a student fails to match or is not eligible to enter the NRMP, the student can still apply to residency programs to obtain a position "outside the match." Students who participated in NRMP but did not match will be sent a publication listing all unfilled residency positions.

National Resident Matching Program (NRMP) and CaRMS

Like students from U.S. medical schools, UMHS students apply for residencies through the National Resident Matching Program (NRMP) in order to obtain a position, or "match," in the United States. Canadian UMHS students have the option of applying to the Canadian Residency Matching Service (CaRMS) alternatively, or in addition to, the U.S. NRMP program.

Students prepare and submit applications to ERAS in the summer and fall prior to their match year in order to interview with prospective programs between September and January.

In February, Canadian students submit "rank" lists of their preferred programs to the NRMP and CaRMS. Similarly, programs submit lists of their preferred applicants. Both the NRMP and CaRMS then apply an algorithm to determine a match based on those preferences. The results are released in March, prior to graduation.

Requirements for Beginning Residency

Both U.S. citizens and Canadian students seeking U.S. residency must pass the USMLE Step 1 and USMLE Step 2 CK & CS, the UMHS 78-week clinical curriculum, and present their diploma and certification from the Educational Commission for Foreign Medical Graduates (ECFMG) to their program. Beginning in 2021, graduates must go through ECFMG Pathways 3 or 6 as a substitute for the CS, which is no longer offered.

A certificate from the ECFMG ensures a foreign medical school and its students have achieved a comparable acumen to United States institutions and meet the standard expected by United States residency programs.

Canadian students are also required to pass the Medical Council of Canada Evaluating Examination (MCCEE) and the National Assessment Collaboration (NAC) examination in order to meet the requirements of most Canadian residency programs.

Match Results

Match Results 2024

Anesthesiology	Cook County Health and Hospital Systems	IL
Anesthesiology	UMass Chan/Baystate	MA
Anesthesiology	Detroit Med Center/WSU	MI
Anesthesiology	Detroit Med Center/WSU	MI
Anesthesiology	McLaren Health Care Corp/Oakland	MI
Anesthesiology	Wayne State University SOM	MI
Child Neurology	Virginia Commonwealth University Health Systems	VA
Emergency Medicine	Ascension Macomb/Oakland Hospital	MI
Emergency Medicine	Henry Ford Jackson Hospital	MI
Emergency Medicine	University Hospitals Community Consortium/SJMC	OH
Emergency Medicine	Hospital Episcopal San Lucas	PR
Emergency Medicine	San Lucas Hospital	PR
Emergency Medicine	University of Puerto Rico	PR
Emergency Medicine	University of Puerto Rico	PR
Emergency Medicine	University of Puerto Rico	PR
Emergency Medicine	McLaren Health Care Corp/Oakland	MI
Family Medicine	HCA Healthcare East FL Division GME/St Lucie	FL
Family Medicine	Lakeland Regional	FL
Family Medicine	Georgia South	GA
Family Medicine	Medical College of Georgia	GA
Family Medicine	WellStar Health System/Kennestone	GA
Family Medicine	University of Iowa	IA
Family Medicine	SIU SOM & Affiliate Hospitals	IL
Family Medicine	SIU SOM & Affiliate Hospitals/Alton	IL
Family Medicine	SIU SOM & Affiliate Hospitals/Alton	IL
Family Medicine	U Illinois COM/Peoria OSF	IL
Family Medicine	LSU SOM/New Orleans	LA
Family Medicine	McLaren Health Care Corp/Oakland	MI
Family Medicine	McLaren Health Care Corp/Oakland	MI
Family Medicine	Trinity Health Grand Rapids	MI
Family Medicine	Trinity Health Livonia Hospital	MI
Family Medicine	Boa Vida Healthcare	MS
Family Medicine	Gulfport Memorial Hospital	MS
Family Medicine	ECU Health Med Center/Rural-Roanoke Rapids	NC
Family Medicine	University North Dakota SOM/Minot	ND
Family Medicine	Summa Health/NEOMED/Barberton Campus	OH
Family Medicine	St. Lukes/Scred Hearts	PA
Family Medicine	Manati Medical Center	PR
Family Medicine	University of Puerto Rico	PR
Family Medicine	University of Puerto Rico	PR
Family Medicine	University of Puerto Rico	PR
Family Medicine	Aiken Regional Medical Centers	SC
Family Medicine	Prisma Health/U of SC SOM Greenville/Seneca	SC
Family Medicine	University of Tennessee	TN
Family Medicine	Texas Tech U Affiliates/Permian Basin/Odessa	TX
Family Medicine	Riverside Reg Med Center	VA
Family Medicine	Sovah Health	VA
Family Medicine	Sovah Health	VA
Family Medicine	University of Virginia	VA
Family Medicine	Community Health Care	WA

Family Medicine	Sea Mar Community Health Centers	WA
Family Medicine	University of Wyoming/Cheyenne	WY
Internal Medicine	Southeast Health	AL
Internal Medicine	University South Alabama Hospitals	AL
Internal Medicine	Arkansas College Osteo Medicine/Mercy-Ft Smith	AR
Internal Medicine	CHI St Vincent Hot Springs	AR
Internal Medicine	Unity Health - White County	AR
Internal Medicine	Sierra View Med Center	CA
Internal Medicine	CIFC Health Danbury	CT
Internal Medicine	Norwalk Hospital	CT
Internal Medicine	BayCare Health System	FL
Internal Medicine	Broward Health Med Center/North Program	FL
Internal Medicine	HCA Florida Orange Park Hospital	FL
Internal Medicine	HCA Florida Westside & Northwest Hospital	FL
Internal Medicine	HCA Health	FL
Internal Medicine	HCA Healthcare East FL Division GME/Kendall	FL
Internal Medicine	HCA Healthcare/USF Morsani	FL
Internal Medicine	HCA Healthcare/USF Morsani GME	FL
Internal Medicine	HCA Healthcare/USF Morsani GME/Citrus	FL
Internal Medicine	HCA Healthcare/USF Morsani GME/Largo	FL
Internal Medicine	HCA Healthcare/USF Morsani GME/Trinity	FL
Internal Medicine	Lakeland Regional Health	FL
Internal Medicine	Lakeland Regional Health	FL
Internal Medicine	Lakeland Regional Health	FL
Internal Medicine	U Central FL/HCA Healthcare GME/Lake Monroe	FL
Internal Medicine	U Central FL/HCA Healthcare GME/Ocala	FL
Internal Medicine	U Central FL/HCA Healthcare GME/Pensacola	FL
Internal Medicine	South Georgia Med Center	GA
Internal Medicine	Mount Sinai - Chicago	IL
Internal Medicine	Appalachian Regional Healthcare	KY
Internal Medicine	Corewell Health East Beaumont/Trenton	MI
Internal Medicine	Detroit Med Center/WSU/Sinai-Grace	MI
Internal Medicine	McLaren Port Huron	MI
Internal Medicine	McLaren Health Care Corp/Macomb	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Virtua Health - Our Lady of Lourdes Hospital	NJ
Internal Medicine	OhioHealth/Riverside Methodist	OH
Internal Medicine	Damas Hospital	PR
Internal Medicine	Hospital de la Concepcion	PR
Internal Medicine	Hospital de la Concepcion	PR
Internal Medicine	Hospital de la Concepcion	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	Mayaguez Medical Center	PR
Internal Medicine	San Juan VA Med Center	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University Central del Caribe SOM	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	University of Puerto Rico	PR

Internal Medicine	University of Puerto Rico	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	HCA Las Palmas del sol Healthcare	TX
Internal Medicine	HCA Healthcare LGH-Montgomery/VCOM	VA
Internal Medicine	Sovah Health	VA
Medicine/Pediatrics	University of Puerto Rico	PR
Neurology	University of Puerto Rico	PR
Neurology	University of Puerto Rico	PR
Obstetrics/Gynecology	Corewell Health East Beaumont/Dearborn	MI
Obstetrics/Gynecology	McLaren Health Care Corp/Macomb	MI
Obstetrics/Gynecology	Campbell University/Cape Fear	NC
Obstetrics/Gynecology	Hospital Episcopal San Lucas	PR
Obstetrics/Gynecology	Hospital Episcopal San Lucas	PR
Obstetrics/Gynecology	Hospital Episcopal San Lucas	PR
Obstetrics/Gynecology	San Juan City	PR
Obstetrics/Gynecology	San Juan City	PR
Pathology	LSU SOM/New Orleans	LA
Pediatrics	BayCare/St Joseph's Children's Hospital	FL
Pediatrics	Orlando Health	FL
Pediatrics	Atrium Health Navicent Med Center	GA
Pediatrics	Children's Hospital of Michigan	MI
Pediatrics	Corewell Health/Grand Rapids/MSU	MI
Pediatrics	St. Joseph's University Med Center	NJ
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	University of Puerto Rico	PR
Pediatrics	University of Puerto Rico	PR
Pediatrics	Texas Tech U Affiliates/EI Paso	TX
Phys Medicine & Rehab	Larkin Community Hospital	FL
Psychiatry	Danbury Hospital CIFC	CT
Psychiatry	Danbury Hospital CIFC	CT
Psychiatry	Citrus Health Network	FL
Psychiatry	Citrus Health Network	FL
Psychiatry	Larkin Community Hospital	FL
Psychiatry	Larkin Community Hospital	FL
Psychiatry	Authority Health GME	MI
Psychiatry	The MetroHealth System/Case Western	OH
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Texas Tech U Affiliates/EI Paso	TX
Radiology/Diagnostic	Larkin Community Hospital	FL
Radiology/Diagnostic	McLaren Health Care Corp/Oakland	MI
Surgery	University of Colorado	CO
Surgery	St. Mary's Hospital	CT
Surgery	MedStar Franklin Square Med Center	MD
Surgery	Detroit Med Center/WSU	MI
Surgery	Hospital Episcopal San Lucas	PR
Surgery	Carilion Clinic/Virginia Tech Carilion SOM	VA
Transitional	HCA Healthcare East FL Division GME/Kendall	FL
Transitional	HCA Healthcare East FL Division GME/Kendall	FL

Transitional	HCA Healthcare/USF Morsani GME/Trinity	FL
Transitional	Lakeland Regional HMC	FL
Transitional	Hurley Medical	MI
Transitional	Damas Hospital	PR
Transitional	Hospital Episcopal San Lucas	PR
Transitional	Hospital Episcopal San Lucas	PR

Match Results 2023

Anesthesiology	Medical College of Georgia	GA
Anesthesiology	Detroit Med Ctr/WSU	MI
Anesthesiology	McLaren Health Care Corp	MI
Anesthesiology	St Louis Univ SOM	MO
Anesthesiology	Univ of Puerto Rico	PR
Emergency Medicine	U South Alabama Hospitals	AL
Emergency Medicine	U Central FL/HCA Healthcare GME	FL
Emergency Medicine	Piedmont Macon Med Ctr	GA
Emergency Medicine	Ascension Macomb - Oakland Hospital	MI
Emergency Medicine	Ascension Macomb - Oakland Hospital	MI
Emergency Medicine	Beaumont Health	MI
Emergency Medicine	McLaren Health Care Corp	MI
Emergency Medicine	Rutgers-Community Med Ctr	NJ
Emergency Medicine	Hospital Episcopal San Lucas	PR
Emergency Medicine	Univ of Puerto Rico	PR
Emergency Medicine	Univ of Puerto Rico	PR
Emergency Medicine	Kent Hospital	RI
Family Medicine	U Alabama CCHS-Tuscaloosa	AL
Family Medicine	U Alabama CCHS-Tuscaloosa	AL
Family Medicine	HCA Healthcare/USF Morsani GME-St Pete	FL
Family Medicine	WellStar Kennestone Reg Med Ctr	GA
Family Medicine	Genesis Quad Cities	IA
Family Medicine	Ascension St Mary	IL
Family Medicine	Ascension St Mary	IL
Family Medicine	Rush University Med Ctr	IL
Family Medicine	Rush University Med Ctr	IL
Family Medicine	SIU SOM & Affil Hospitals	IL
Family Medicine	Ascension Genesys Hospital	MI
Family Medicine	Ascension St John Hospital	MI
Family Medicine	McLaren Health Care Corp	MI
Family Medicine	McLaren Oakland	MI
Family Medicine	McLaren Oakland	MI
Family Medicine	Munson Med Ctr	MI
Family Medicine	Promedica Monroe Reg Hospital	MI
Family Medicine	Baptist Mem Hospital DeSoto	MS
Family Medicine	Forrest General Hospital	MS
Family Medicine	Memorial Hospital at Gulfport	MS
Family Medicine	Campbell University	NC
Family Medicine	Concord Hospital	NH
Family Medicine	Adena Health System	OH
Family Medicine	Wright State Univ Boonshoft SOM	OH
Family Medicine	Roseburg Family Medicine	OR

Family Medicine	Albert Einstein Healthcare Network	PA
Family Medicine	Conemaugh Memorial Med Ctr	PA
Family Medicine	Lehigh Valley Hospital	PA
Family Medicine	Penn State Hershey Med Ctr	PA
Family Medicine	St. Luke's Hospital-Anderson	PA
Family Medicine	St. Luke's/Scred Hearts	PA
Family Medicine	Tower Health/Reading Hospital	PA
Family Medicine	Wright Center for GME	PA
Family Medicine	Bella Vista Hospital	PR
Family Medicine	Manati Medical Center	PR
Family Medicine	Mayaguez Medical Center	PR
Family Medicine	Univ of Puerto Rico	PR
Family Medicine	Grand Strand Regional	SC
Family Medicine	Grand Strand Regional	SC
Family Medicine	Lexington Med Ctr	SC
Family Medicine	U Tennessee Health Sci Ctr-Memphis	TN
Family Medicine	Texas Tech U Affil-Permian Basin	TX
Family Medicine	Texas Tech U Affil-Permian Basin	TX
Family Medicine	Texas Tech U Affil-Permian Basin	TX
Family Medicine	Riverside Reg Med Ctr	VA
Family Medicine	Sovah Health	VA
Family Medicine	Med Coll Wisconsin Affil Hospitals	WI
Family Medicine/Osteopathic	Ocean Med Ctr	NJ
Internal Medicine	Southeast Health	AL
Internal Medicine	Southeast Health	AL
Internal Medicine	Thomas Hospital	AL
Internal Medicine	U South Alabama Hospitals	AL
Internal Medicine	Baptist Health	AR
Internal Medicine	St. Bernard's Med Ctr	AR
Internal Medicine	St. Bernard's Med Ctr	AR
Internal Medicine	Prime West Consortium	CA
Internal Medicine	HCA Bayonet Point Hospital	FL
Internal Medicine	HCA Florida Bayonet Point Hospitals	FL
Internal Medicine	HCA Healthcare/USF Morsani GME-Blake	FL
Internal Medicine	HCA Healthcare/USF Morsani GME-Citrus	FL
Internal Medicine	HCA Healthcare/USF Morsani GME-Largo	FL
Internal Medicine	Kendall Hospital	FL
Internal Medicine	Lakeland Regional Health	FL
Internal Medicine	Lakeland Regional Health	FL
Internal Medicine	Larkin Community Hospital	FL
Internal Medicine	Palmetto General Hospital	FL
Internal Medicine	U Central FL/HCA Healthcare GME	FL
Internal Medicine	Advocate Health Care	IL
Internal Medicine	Sinai Hospital	IL
Internal Medicine	Ochsner Clinic Foundation	LA
Internal Medicine	Ascension Genesys Hospital	MI
Internal Medicine	Authority Health GME	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Campbell University	NC
Internal Medicine	Campbell University/ /Harnett Health	NC
Internal Medicine	New Hanover Reg Med Ctr	NC
Internal Medicine	NYMC-St Michaels Med Ctr	NJ

Internal Medicine	Canton Med Ed Fdn/NEOMED	OH
Internal Medicine	Thomas Jefferson Univ	PA
Internal Medicine	Damas Hospital	PR
Internal Medicine	Damas Hospital	PR
Internal Medicine	Damas Hospital	PR
Internal Medicine	Damas Hospital	PR
Internal Medicine	Hospital de la Concepcion	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan VA Med Ctr	PR
Internal Medicine	San Juan VA Med Ctr	PR
Internal Medicine	San Juan VA Med Ctr	PR
Internal Medicine	Univ Central del Caribe SOM	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Las Palmas Del Sol Healthcare	TX
Internal Medicine	TIGMER	TX
Internal Medicine	Skagit Regional Health	WA
Interventional Radiology (Integ)	Spectrum Health/Michigan State Univ	MI
Medicine-Pediatrics	Univ of Puerto Rico	PR
Neurology	Mayo Clinic School of Grad Med Educ	FL
Neurology	U Illinois COM- Chicago	IL
Obstetrics/Gynecology	San Juan City Hospital	PR
Obstetrics/Gynecology	San Juan City Hospital	PR
Pathology	Univ of Puerto Rico	PR
Pediatrics	Sinai Hospital of Baltimore	MD
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Med Coll Wisconsin Affil Hospitals	WI
Pediatrics	U Wisconsin Hospital and Clinics	WI
Pediatrics	University of Puerto Rico- RCM	PR
Psychiatry	HCA Healthcare East FL Division GME	FL
Psychiatry	HCA Healthcare East FL Division GME	FL
Psychiatry	Larkin Community Hospital	FL
Psychiatry	Orange Park Med Ctr	FL
Psychiatry	U Illinois COM-Peoria UPHM	IL
Psychiatry	Tulane Univ SOM	LA
Psychiatry	Authority Health GME	MI
Psychiatry	University Hospitals- Columbia	MO
Psychiatry	ECU Health Med Ctr	NC
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Ponce Health Sciences Univ SOM	PR

Psychiatry	Ponce Health Sciences Univ SOM	PR
Radiation Oncology	Detroit Med Ctr/WSU	MI
Radiology-Diagnostic	Larkin Community Hospital	FL
Radiology-Diagnostic	McLaren Health Care Corp	MI
Surgery	U Maryland Med Ctr	MD
Surgery	Detroit Med Ctr/WSU	MI
Surgery	Detroit Med Ctr/WSU	MI
Surgery	Hospital Episcopal San Lucas	PR
Surgery	University of Puerto Rico	PR
Transitional	HCA Healthcare/ USF Moroni GME Trinity	FL
Transitional	U Central FL/HCA Healthcare GME	FL
Transitional	Detroit Med Ctr/WSU	MI
Transitional	Cape Fear Valley Health	NC
Transitional	Damas Hospital	PR
Transitional	Damas Hospital	PR
Transitional	Hospital Episcopal San Lucas	PR
Transitional	Hospital Episcopal San Lucas	PR
Transitional	Hospital Episcopal San Lucas	PR
Transitional	San Juan City Hospital	PR
Family Medicine	UNC Southeastern	NC
Family Medicine	NOSM University/Northern Ontario	CN
Internal Medicine	University of Alberta - Edmonton	CN

Match Results 2022

Anesthesiology	Detroit Med Ctr/WSU	MI
Anesthesiology	Univ of Puerto Rico	PR
Emergency Medicine	Memorial Healthcare System	FL
Emergency Medicine	McLaren Health Care Corp/Macomb	MI
Emergency Medicine	McLaren Health Care Corp/Oakland	MI
Emergency Medicine	McLaren Health Care Corp/Oakland	MI
Emergency Medicine	Promedica Monroe Regional Hospital	MI
Emergency Medicine	Hosp Episcopal San Lucas	PR
Emergency Medicine	Hosp Episcopal San Lucas	PR
Family Medicine	UAMS Regional Centers/Batesville	AR
Family Medicine	UAMS Regional Centers/Fayetteville	AR
Family Medicine	UAMS Regional Centers/Fort Smith	AR
Family Medicine	St Francis Hospital	DE
Family Medicine	Lakeside Med Ctr	FL
Family Medicine	Larkin Comm Hosp Palm Springs Campus	FL
Family Medicine	U Central FL/HCA Healthcare GME/Gainesville	FL
Family Medicine	Houston Healthcare	GA
Family Medicine	Northeast Georgia Med Ctr	GA
Family Medicine	Piedmont Columbus Regional	GA
Family Medicine	WellStar Kennestone Reg Med Ctr	GA
Family Medicine	Cook County Health and Hosps Sys	IL
Family Medicine	Rush Medical-Esperanza	IL
Family Medicine	SIU Decatur	IL
Family Medicine	SIU SOM & Affil Hosps	IL
Family Medicine	SIU SOM & Affil Hosps/Alton	IL
Family Medicine	Indiana Regional Med Ctr	IN
Family Medicine	Central Maine Med Ctr	ME
Family Medicine	Central Maine Med Ctr	ME
Family Medicine	Ascension Genesys Hospital	MI
Family Medicine	Ascension Genesys Hospital	MI

Family Medicine	McLaren Health Care Corp/Oakland	MI
Family Medicine	Promedica Monroe Reg Hosp	MI
Family Medicine	U Minnesota Med School/N Memorial	MN
Family Medicine	East Central Mississippi Health	MS
Family Medicine	Mississippi Med Ed Res Consortium	MS
Family Medicine	Cone Health	NC
Family Medicine	Southern Regional Health Education Center	NC
Family Medicine	CMSRU/Cooper University Hospital	NJ
Family Medicine	HMH-Palisades Med Ctr	NJ
Family Medicine	U Nevada Reno SOM	NV
Family Medicine	St. Elizabeth Youngstown Hosp	OH
Family Medicine	Summa Health/NEOMED/Barberton Campus	OH
Family Medicine	Albert Einstein Healthcare Network	PA
Family Medicine	Penn State Hershey Med Ctr/St Joseph	PA
Family Medicine	Wright Center for GME	PA
Family Medicine	Bella Vista Hospital	PR
Family Medicine	Univ of Puerto Rico	PR
Family Medicine	McLeod Reg Med Ctr	SC
Family Medicine	Meharry/Metro General Hosp	TN
Family Medicine	Swedish Health Services	WA
Family Medicine	Med Coll Wisconsin Affil Hosps/All Saints	WI
Family Medicine	Med Coll Wisconsin Affil Hosps/Froedtert Menom Falls	WI
Family Medicine	Mercy Health System	WI
Family Medicine	Mercy Health System	WI
Family Medicine	WiNC GME Consortium/MCW-Prevea-Green Bay	WI
Family Medicine	Univ of Wyoming-Casper	WY
Internal Medicine	Baptist Health	AR
Internal Medicine	Unity Health	AR
Internal Medicine	St. Mary's Hospital	CT
Internal Medicine	St. Mary's Hospital	CT
Internal Medicine	Broward Health Med Ctr/North Program	FL
Internal Medicine	Florida State University COM/Sarasota	FL
Internal Medicine	HCA Healthcare East FL Division GME/Kendall	FL
Internal Medicine	HCA Healthcare/JFK Med Center-Umiami	FL
Internal Medicine	AU-UGA Medical Partnership	GA
Internal Medicine	WellStar Kennestone Reg Med Ctr	GA
Internal Medicine	Advocate Health Care/AIMMC	IL
Internal Medicine	Advocate Health Care/ALGH	IL
Internal Medicine	RFUMS/Chicago Medical School	IL
Internal Medicine	Sinai Hospital of Baltimore	MD
Internal Medicine	TidalHealth	MD
Internal Medicine	Ascension Genesys Hospital	MI
Internal Medicine	Detroit Med Ctr/WSU/HVSH	MI
Internal Medicine	Detroit Med Ctr/WSU/HVSH	MI
Internal Medicine	McLaren Health Care Corp/Macomb	MI
Internal Medicine	McLaren Health Care Corp/Oakland	MI
Internal Medicine	McLaren Health Care Corp/Oakland	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Baptist Mem Hosp Golden Triangle	MS
Internal Medicine	Baptist Mem Hosp Golden Triangle	MS
Internal Medicine	Rutgers-Jersey City Med Ctr	NJ
Internal Medicine	U Nevada Reno SOM	NV
Internal Medicine	OhioHealth-Riverside Methodist	OH

Internal Medicine	Univ Hosps Community Consortium/Regionals	OH
Internal Medicine	St. Luke's Hosp-Anderson	PA
Internal Medicine	St Mary Med Ctr-Langhorne	PA
Internal Medicine	Tower Health/Reading Hospital	PA
Internal Medicine	Damas Hospital	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hospital de la Concepcion	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan VA Med Ctr	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Universidad Central Del Caribe	PR
Internal Medicine	Elson S Floyd COM WSU	WA
Internal Medicine	Skagit Regional Health	WA
Neurology	Univ of Puerto Rico	PR
Obstetrics/Gynecology	McLaren Health Care Corp/Macomb	MI
Obstetrics/Gynecology	Virtua	NJ
Obstetrics/Gynecology	Hosp Episcopal San Lucas	PR
Obstetrics/Gynecology	San Juan City Hospital	PR
Orthopaedic Surgery	Wake Forest Baptist Med Ctr	NC
Pathology	Virginia Commonwealth U Hlth Sys	VA
Pediatrics	AdventHealth Florida	FL
Pediatrics	AdventHealth Florida	FL
Pediatrics	St Louis Univ SOM	MO
Pediatrics	CMSRU/Cooper University Hospital	NJ
Pediatrics	Hosp Episcopal San Lucas	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	Univ of Puerto Rico	PR
Pediatrics	Univ of Puerto Rico	PR
Pediatrics	Texas Tech U Affil-El Paso	TX
Psychiatry	Arrowhead Reg Med Ctr	CA
Psychiatry	Authority Health GME	MI
Psychiatry	Griffin Memorial Hospital	OK
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Univ of Puerto Rico	PR
Psychiatry	East Tennessee St Univ	TN
Psychiatry	Meharry/Metro General Hosp	TN
Radiology/Diagnostic	Univ of Puerto Rico	PR
Transitional	Henry Ford Allegiance Health	MI
Transitional	Damas Hospital	PR
Transitional	Hosp Episcopal San Lucas	PR
Transitional	Hosp Episcopal San Lucas	PR

Match Results 2021

Anesthesiology	Rush University Med Ctr	IL
Emergency Medicine	Promedica Monroe Reg Hosp	MI
Emergency Medicine	Hosp Episcopal San Lucas	PR
Family Medicine	UAB Selma	AL
Family Medicine	UAB Selma	AL
Family Medicine	UAB Selma	AL
Family Medicine	UAMS Regional Centers	AR
Family Medicine	Midwestern University OPTI	AZ
Family Medicine	Yuma Regional Med Ctr	AZ
Family Medicine	Yuma Regional Med Ctr	AZ
Family Medicine	Yuma Regional Med Ctr	AZ
Family Medicine	Howard Univ Hospital	DC
Family Medicine	AdventHealth Florida	FL
Family Medicine	Keraity Hospital	FL
Family Medicine	Hamilton Med Ctr	GA
Family Medicine	Houston Healthcare	GA
Family Medicine	Medical College of Georgia	GA
Family Medicine	Northeast Georgia Med Ctr	GA
Family Medicine	Piedmont Columbus Regional	GA
Family Medicine	Piedmont Columbus Regional	GA
Family Medicine	WellStar Kennestone Reg Med Ctr	GA
Family Medicine	Hilo Medical Center	HI
Family Medicine	Mercy Med Ctr-Des Moines	IA
Family Medicine	Mercy One North Iowa Med Ctr	IA
Family Medicine	Amita Health Sts Mary and Elizabeth Med Ctr	IL
Family Medicine	SIU SOM & Affil Hospitals	IL
Family Medicine	LSU SOM-New Orleans	LA
Family Medicine	LSU SOM-New Orleans	LA
Family Medicine	Ascension Genesys Hospital	MI
Family Medicine	Ascension St John Hospital	MI
Family Medicine	Henry Ford Macomb Hospital	MI
Family Medicine	McLaren Health Care Corp	MI
Family Medicine	McLaren Health Care Corp	MI
Family Medicine	Mercy Health Grand Rapids	MI
Family Medicine	East Central Mississippi Health	MS
Family Medicine	Southern Regional AHEC	NC
Family Medicine	Vidant Med Ctr/East Carolina Univ	NC
Family Medicine	U North Dakota SOM	ND
Family Medicine	Virtua	NJ
Family Medicine	Memorial Health System	OH
Family Medicine	Excelsa Health Latrobe Hospital	PA
Family Medicine	St. Luke's Hospital-Anderson	PA
Family Medicine	Wright Center for GME	PA
Family Medicine	Manati Medical Center	PR
Family Medicine	Univ of Puerto Rico	PR
Family Medicine	Grand Strand Reg Med Ctr	SC
Family Medicine	McLeod Reg Med Ctr	SC
Family Medicine	Prisma Health-U of SC SOM Greenville	SC
Family Medicine	Baptist Mem Med Education	TN
Family Medicine	U Tennessee Health Sci Ctr-Memphis	TN
Family Medicine	U Tennessee Health Sci Ctr-Memphis	TN
Family Medicine	U Tennessee Health Sci Ctr-Memphis	TN
Family Medicine	U Tennessee Health Sci Ctr-Memphis	TN
Family Medicine	Mercy Health System	WI

Family Medicine	Univ of Wyoming	WY
Internal Medicine	St. Bernard's Med Ctr-AR	AR
Internal Medicine	Florida State University COM	FL
Internal Medicine	Keralty Hospital	FL
Internal Medicine	AU-UGA Medical Partnership	GA
Internal Medicine	AU-UGA Medical Partnership	GA
Internal Medicine	Medical College of Georgia	GA
Internal Medicine	Carle Foundation Hospital	IL
Internal Medicine	MedStar Union Memorial Hospital	MD
Internal Medicine	Sinai Hospital of Baltimore	MD
Internal Medicine	Ascension Genesys Hospital	MI
Internal Medicine	Beaumont Health	MI
Internal Medicine	Central Michigan University COM	MI
Internal Medicine	Detroit Med Ctr/WSU	MI
Internal Medicine	Detroit Med Ctr/WSU	MI
Internal Medicine	Detroit Med Ctr/WSU	MI
Internal Medicine	Garden City Hospital	MI
Internal Medicine	Henry Ford Allegiance Health	MI
Internal Medicine	McLaren Health Care Corp	MI
Internal Medicine	McLaren Health Care Corp	MI
Internal Medicine	McLaren Health Care Corp	MI
Internal Medicine	McLaren Health Care Corp	MI
Internal Medicine	McLaren Health Care Corp	MI
Internal Medicine	Wayne State University SOM	MI
Internal Medicine	Baptist Mem Hosp Golden Triangle	MS
Internal Medicine	Campbell University	NC
Internal Medicine	HMH-Palisades Med Ctr	NJ
Internal Medicine	Rutgers-Jersey City Med Ctr	NJ
Internal Medicine	St. Clare's Hospital	NJ
Internal Medicine	Canton Med Ed Fdn/NEOMED	OH
Internal Medicine	Canton Med Ed Fdn/NEOMED	OH
Internal Medicine	Wright State Univ Boonshoft SOM	OH
Internal Medicine	St. Luke's Hospital-Anderson	PA
Internal Medicine	St. Luke's Hospital-Bethlehem	PA
Internal Medicine	Damas Hospital	PR
Internal Medicine	Damas Hospital	PR
Internal Medicine	Damas Hospital	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hosp Episcopal San Lucas	PR
Internal Medicine	Hospital El Mastro	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	San Juan City Hospital	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Univ of Puerto Rico	PR
Internal Medicine	Norton Community Hospital	VA
Internal Medicine	Skagit Regional Health	WA
Internal Medicine	West Virginia University SOM	WV
Neurology	Mercy Health Grand Rapids	MI
Neurology	Univ of Puerto Rico	PR
Neurology	West Virginia University SOM	WV
Obstetrics/Gynecology	Hosp Episcopal San Lucas	PR
Pediatrics	U South Alabama Hospitals	AL

Pediatrics	U South Alabama Hospitals	AL
Pediatrics	U South Alabama Hospitals	AL
Pediatrics	U Florida COM	FL
Pediatrics	Hosp Episcopal San Lucas	PR
Pediatrics	Hosp Episcopal San Lucas	PR
Pediatrics	Hosp Episcopal San Lucas	PR
Pediatrics	Puerto Rico Women's and Children's Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	San Juan City Hospital	PR
Pediatrics	Univ of Puerto Rico	PR
Pediatrics	Univ of Puerto Rico	PR
Pediatrics	Univ of Puerto Rico	PR
Pediatrics	Texas Tech U Affil-El Paso	TX
Psychiatry	Charles R Drew University	CA
Psychiatry	Gateway Behavioral Hlth Comm Svc	GA
Psychiatry	Gateway Behavioral Hlth Comm Svc	GA
Psychiatry	Carle Foundation Hospital	IL
Psychiatry	SIU SOM & Affil Hospitals	IL
Psychiatry	Authority Health GME	MI
Psychiatry	Wake Forest Baptist Med Ctr	NC
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Ponce Health Sciences Univ SOM	PR
Psychiatry	Ponce Health Sciences Univ SOM	PR
Radiology/Diagnostic	HCA Healthcare/USF Morsani GME-Trinity	FL
Radiology/Diagnostic	Detroit Med Ctr/WSU	MI
Radiology/Diagnostic	McLaren Health Care Corp	MI
Radiology/Diagnostic	McLaren Health Care Corp	MI
Surgery	St. Mary's Hospital	CT
Surgery	U Minnesota Med School	MN
Surgery	Hosp Episcopal San Lucas	PR
Transitional	Damas Hospital	PR
Transitional	Damas Hospital	PR
Transitional	Damas Hospital	PR
Transitional	HIMA San Pablo Fajardo	PR
Transitional	San Juan City Hospital	PR

Match Results 2020

Anesthesiology	McLaren Oakland Hospital	MI
Transitional/Anesthesiology	Kendall Regional Medical Center	FL
Emergency Medicine	University of Iowa Hospitals and Clinics	IA
Emergency Medicine	Hospital Episcopal San Lucas	PR
Emergency Medicine	Hospital Episcopal San Lucas	PR
Emergency Medicine	University of Puerto Rico School of Medicine	PR
Emergency Medicine	McLaren Macomb Hospital	MI
Emergency Medicine	McLaren Oakland Hospital	MI
Family Medicine	Medical College of Wisconsin Affiliated Hospitals--All Saints	WI
Family Medicine	Beaumont Hospital, Grosse Pointe	MI
Family Medicine	Louisiana State University Health Shreveport--North Caddo	LA
Family Medicine	University of Nevada, Reno School of Medicine--Rural	NV
Family Medicine	Tuscaloosa College Community Health Sciences	AL
Family Medicine	University of Arkansas College of Medicine--Little Rock	AR
Family Medicine	Yuma Regional Medical Center	AZ
Family Medicine	Yuma Regional Medical Center	AZ
Family Medicine	St Francis Hospital	DE

Family Medicine	Community Health of South Florida	FL
Family Medicine	Houston Healthcare	GA
Family Medicine	Medical Center of Central Georgia/Mercer University School of Medicine	GA
Family Medicine	Medical Center of Central Georgia/Mercer University School of Medicine	GA
Family Medicine	Medical College of Georgia	GA
Family Medicine	Memorial Health University Medical Center	GA
Family Medicine	Northeast Georgia Medical Center	GA
Family Medicine	Northside Hospital Gwinnett	GA
Family Medicine	Northeast Iowa Medical Education Foundation	IA
Family Medicine	Northeast Iowa Medical Education Foundation	IA
Family Medicine	Quincy Family Practice Center	IL
Family Medicine	Union Hospital	IN
Family Medicine	University Hospital & Clinics	LA
Family Medicine	University Hospital & Clinics	LA
Family Medicine	Ascension Genesys Regional Medical Center	MI
Family Medicine	Henry Ford Hospital	MI
Family Medicine	Munson Medical Center	MI
Family Medicine	St. Joseph Mercy Livingston Hospital	MI
Family Medicine	CoxHealth	MO
Family Medicine	St. Luke's Hospital--Warren Campus	NJ
Family Medicine	Virtua Family Medicine	NJ
Family Medicine	Mercy Health--St. Vincent Medical Center	OH
Family Medicine	Lower Bucks Hospital	PA
Family Medicine	St. Luke's Hospital--Sacred Heart Campus	PA
Family Medicine	Grand Strand Medical Center	SC
Family Medicine	Baylor Scott & White	TX
Family Medicine	Johnston Memorial Hospital	VA
Family Medicine	Riverside Regional Medical Center	VA
Family Medicine	Mercy Health System	WI
Family Medicine	Mercy Health System	WI
Family Medicine	University of Wyoming--Casper	WY
Family Medicine	Univ of Wyoming--Cheyenne	WY
Family Medicine	McLaren Health Care--Bay	MI
Family Medicine	Mountain State Osteopathic Postdoctoral Training Institute--Bluefield	WV
Family Medicine	Texas Institute for Graduate Medical Education and Research--Larado	TX
Family Medicine	McLaren Macomb Hospital	MI
Family Medicine	McLaren Macomb Hospital	MI
Family Medicine	Texas Tech University Health Sciences Center at the Permian Basin	TX
Family Medicine	University of North Dakota School of Medicine--Rural Williston	ND
Family Medicine	The Creighton University-Arizona Health Education Alliance--St. Joseph's Hospital	AZ
General Surgery	Medical College of Georgia	GA
General Surgery	Wake Forest Baptist Medical Center	NC
General Surgery	Hospital Episcopal San Lucas	PR
General Surgery	Midwestern University Osteopathic Postdoctoral Training Institute--Mesa	AZ
Internal Medicine	University of Central Florida College of Medicine GME Consortium--Orlando	FL
Internal Medicine	UF Health Shands Hospital--Pensacola	FL
Internal Medicine	University of South Alabama College of Medicine, University Hospital	AL
Internal Medicine	St. Bernards Medical Center	AR
Internal Medicine	Aventura Hospital	FL
Internal Medicine	AU-UGA Medical Partnership	GA
Internal Medicine	AU-UGA Medical Partnership	GA
Internal Medicine	Medical College of Georgia	GA
Internal Medicine	Medical College of Georgia	GA
Internal Medicine	MedStar Union Memorial Hospital	MD
Internal Medicine	Authority Health GME	MI
Internal Medicine	Authority Health GME	MI

Internal Medicine	Wayne State University School of Medicine	MI
Internal Medicine	Wayne State University School of Medicine	MI
Internal Medicine	Mercy Health—St. Vincent Medical Center	OH
Internal Medicine	Mount Carmel Health System	OH
Internal Medicine	St. Mary Medical Center—Langhorne	PA
Internal Medicine	Damas Hospital	PR
Internal Medicine	Hospital Episcopal San Lucas	PR
Internal Medicine	San Juan City	PR
Internal Medicine	San Juan City	PR
Internal Medicine	San Juan City	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	University of Puerto Rico	PR
Internal Medicine	Detroit Medical Center	MI
Internal Medicine	Detroit Medical Center	MI
Internal Medicine	McLaren Macomb Hospital	MI
Internal Medicine	McLaren Macomb Hospital	MI
Internal Medicine	Creighton University Arizona Health Education Alliance—Maricopa Medical Center	AZ
Internal Medicine	McLaren Oakland Hospital	MI
Internal Medicine/Osteopathic	Ascension Macomb-Oakland Hospital	MI
Internal Medicine/Osteopathic	Ascension Macomb-Oakland Hospital	MI
Medicine-Preliminary	MedStar Union Memorial Hospital	MD
Medicine-Primary	Greater Baltimore Medical Center	MD
Neurology	Mercy Health Grand Rapids	MI
Neurology	Carilion Clinic—Virginia Tech Carilion School of Medicine	VA
Obstetrics-Gynecology	Hurley Medical Center	MI
Obstetrics-Gynecology	Hospital Episcopal San Lucas	PR
Obstetrics-Gynecology	Hospital Episcopal San Lucas	PR
Obstetrics-Gynecology	McLaren Macomb Hospital	MI
Pathology	Orlando Health	FL
Pathology	University of Toledo	OH
Pediatrics	University of South Alabama College of Medicine, University Hospital	AL
Pediatrics	Medical Center Central Georgia/Mercer University School of Medicine	GA
Pediatrics	Cook County Health and Hospitals System	IL
Pediatrics	Hospital Episcopal San Lucas	PR
Pediatrics	Puerto Rico Women's & Children's Hospital	PR
Pediatrics	Puerto Rico Women's & Children's Hospital	PR
Pediatrics	University of Puerto Rico	PR
Pediatrics	University of Puerto Rico	PR
Pediatrics	Central Iowa Health System—Blank Children's Hospital	IA
Psychiatry	Coliseum Medical Centers	GA
Psychiatry	Coliseum Medical Centers	GA
Psychiatry	Gateway Behavioral Health Community Services	GA
Psychiatry	Gateway Behavioral Health Community Services	GA
Psychiatry	Wake Forest Baptist Medical Center	NC
Psychiatry	Ponce Health Sciences University School of Medicine	PR
Radiology-Diagnostic	St. Joseph Mercy Oakland Hospital	MI
Surgery-Preliminary	University of Minnesota Medical School	MN
Surgery-Preliminary	Rutgers New Jersey Medical School	NJ
Surgery-Preliminary	Hospital Episcopal San Lucas	PR
Surgery-Preliminary	Recinto de Ciencias Médicas, Universidad de Puerto Rico	PR
Transitional	Damas Hospital	PR
Transitional	Damas Hospital	PR
CANADA		
Family Medicine	University of British Columbia	CN
Family Medicine	University of Toronto	CN

Faculty and Administration

Faculty members at UMHS share a love of teaching. As skilled and credentialed educators with backgrounds in medical education, research, and administration, they truly believe that medical students deserve the best instructional methods and technological tools available today.

Priding themselves on their high level of availability to UMHS students inside and outside of the classroom, our faculty create a nurturing learning environment. We are a small school catering to the individual needs of our students. Unlike other Caribbean medical schools, we offer a personalized education and work closely with each student to ensure their success. As a result, our current attrition rate is approximately four percent in the Basic Science Program.

Each faculty member was selected because of their unique set of academic medicine capabilities. Team members include both educators who transitioned from private practice to academic medicine and educators who have spent their entire careers focused on providing the finest instruction to medical students. As UMHS grows, recruitment of credentialed and qualified faculty primarily from U.S. medical schools is ongoing.

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Rada Alexandrescu, M.D., SFHEA, RCS

Associate Professor of Anatomy

Dr. Rada Alexandrescu graduated from the University of Medicine, Iassy, Romania with an M.D. in 1977. She passed the board examination for general surgery in 1983 and was appointed consultant general surgeon (Head of Surgery at Academic Hospital for Students).

In 1995, Dr. Alexandrescu moved with her family to South Africa, where she taught anatomy, clinical skills, and emergency medicine at Witwatersrand University, Johannesburg Academic General Hospital. She developed an interest in teaching medical students, evaluating and teaching registrars, and helping the young surgical faculty. She produced many teaching materials for undergraduate and postgraduate medical students and doctors, known as the “Alex” guide, as an extension of ward rounds and textbook reading. Dr. Alexandrescu received the Philip Tobias teaching prize nomination from Witwatersrand University.

In 2008, Dr. Alexandrescu moved to the UK, where she was lucky to be part of many medical education and surgical teams: Queen Mary University London, Cuschieri Surgical Centre, Dundee University, Imperial College London, Aston Medical School, and University of Birmingham. At Cuschieri Surgical Centre, Dundee University she taught basic and intermediate laparoscopic skills.

Her professional memberships include Senior Fellow of the Higher Education Academy (SFHEA), GMC, Society of American Gastrointestinal and Endoscopic Surgeons (SAGE), Member of Association of Women Surgeons (UK RCS), Associate Fellowship: Association of Surgeons of Great Britain & Ireland (ASGBI), Health Professions Council of South Africa (HPCSA), South African woman in science and engineering-Cape Town (SAWSE), and Centre of Health Science Education (CHSE).

Mirza Ali, M.D., M.B.B.S.

Professor of Pathology, Course Director of Pathology 2

Dr. Mirza Karrar Ali earned his M.D. (completing a residency in pathology) and Bachelor of Medicine and Bachelor of Surgery (MBBS), both from the prestigious Ramaiah Medical College, Bangalore, India.

Dr. Ali began teaching pathology in 2009 and has over 14 years of experience in medical education and pathology. Prior to joining UMHS, he worked as an associate professor and course director in pathology at the American University of Barbados.

Dr. Ali's first academic position Internationally was at American International Medical University in St. Lucia, where he worked as associate professor in pathology from 2012 to 2016. The teaching methodologies included classroom lecturing for small and large groups along with practical and laboratory demonstrations. He had initiated a fortnightly seminar series on interesting tumour cases for students. These seminars were to provide important information as to how a pathologist arrives at the diagnosis and will contribute in the overall management of tumour cases.

During his stay in St. Lucia, Dr. Ali was also a consultant pathologist (surgical pathologist and cytopathologist) at St. Jude Hospital, Vieux Fort, St. Lucia, where he independently reported and signed off cases of surgical pathology and cytopathology.

Dr. Ali had also worked as a chief pathologist at a Multispecialty and Tertiary Care Centre, Santosh Hospital, India. He has Independently performed and reported FNA biopsies, including USG and CT guided with a special interest in breast malignancies.

He is a member of the International Academy of Pathology (IAP) and a permanent member of the Karnataka chapter of Indian Association of Pathologists and Microbiologists (KCIAPM). His research interests include histopathological spectrum of upper endoscopic biopsy lesions with a special interest in GERD. Dr. Ali has also successfully completed the International Lead Auditors Certificate Program and Laboratory Quality Management System, as per ISO 15189:2012 and ISO/IEC 19011.

He has also presented many oral papers and posters at various state– and national-level conferences.

Throughout his teaching career, he has also been a co-chair and member of various academic committees.

Sudhir Ambati, M.B.B.S., M.P.H.

Dean of Student Affairs, Course Director of Epidemiology and Evidence Based Medicine, Associate Professor of Preclinical Science

Dr. Sudhir Ambati earned his M.P.H. from Deakin University in Australia, and he received his M.B.B.S. from NTR University of Health Sciences in India.

Dr. Ambati practiced in India and the Caribbean. Before joining UMHS, he was the course director of epidemiology at Saba University School of Medicine in Saba, Dutch Caribbean, where he also worked in the Department of ICM and taught doctor-patient relationship courses.

During his stay in Saba, Dr. Ambati worked with the Body, Mind and Soul organization, which conducts public health campaigns on many Dutch Caribbean islands. He orchestrated a number of health education programs that created awareness of chronic medical conditions in the Saba community. Dr. Ambati also collaborated with Saba University and various secondary schools of the Dutch Caribbean islands to host regular sessions for students on topics such as controlling mosquito-borne infections, sexually-transmitted diseases, and nutrition and diet.

Jiji Aravindakshan, M.D., M.B.B.S.

Associate Professor of Physiology and Pathology

Dr. Jiji Aravindakshan received her M.D. in physiology from Sree Siddhartha Medical College, Timkur, India and Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.) from Mysore Medical College, Mysore, India.

She started her teaching career in 2010. Dr. Aravindakshan worked as assistant professor for three years in the Department of Physiology in Sree Gokulam Medical College, Trivandrum, Kerala, India. Then in 2014, she joined St Matthews University, Cayman Island as assistant professor in the Department of Physiology and Pathology. She was promoted to assistant dean of academic affairs and was involved in policy and procedural matters regarding exams and other academic matters. Dr. Aravindakshan was the AHA Training Center coordinator at St. Matthews for conducting basic life sciences classes.

Dr. Aravindakshan joined UMHS in July 2019 as associate professor in the Department of Pathology.

Janak Awasthi, PhD

Assistant Professor and Course Director of Neuroscience

Dr. Janak Awasthi, Assistant Professor of Neuroscience, joined the faculty of UMHS in 2022. He holds a postdoctoral degree in neuroscience from the National Institute of Health, United States, where he conducted research on the neuroanatomical circuitry of drug addiction. He completed his Ph.D. in neuroscience from Saitama University, Japan. He won the highly competitive “International Program Associate” fellowship from RIKEN, Japan’s largest government-funded research institute, in order to conduct his Ph.D. research under the supervision of the principal investigator at the RIKEN Center for Brain Sciences. During his Ph.D., he conducted cutting-edge research in the fields of serotonin neurobiology and autism spectrum disorder and demonstrated a strong commitment to academic excellence. Prior to that, Dr. Awasthi received a Master’s in human anatomy from the BP Koirala Institute of Health Sciences, Nepal, and an undergraduate degree in human biology from Kathmandu University, Nepal, where he gained a solid foundation in the field of basic medical sciences such as neuroanatomy, gross anatomy, embryology, histology, physiology, biochemistry, pharmacology, microbiology, and cell and molecular biology.

Dr. Awasthi’s research interest focuses on “dual transmitter neurons of the ventral tegmental area” and “transiently serotonin transporter-expressing brain neurons.” He has published research and review articles in the field, written book chapters, and presented his work at several national and international conferences. His Ph.D. work has been awarded best research in the category of medical sciences twice from RIKEN, Japan. He is currently actively engaged in collaborative projects to advance his interest in the field.

In addition to research, Dr. Awasthi is deeply committed to teaching and mentoring students. He is a skilled and enthusiastic educator who brings a wealth of knowledge and experience to the classroom. He holds the experience of teaching a range of subjects such as neuroscience and neuroanatomy, gross anatomy, histology, embryology, physiology, and pharmacology in different academic capacities, such as teaching assistant at Kathmandu University, Nepal, and the University of Tokyo, Japan; and lecturer and assistant professor at the medical schools in Nepal and the Caribbean. He is dedicated to helping students understand complex concepts and develop critical thinking skills. Dr. Awasthi’s teaching style is engaging and interactive, and he is passionate about making a difference in students’ lives. He has consistently received student feedback as the “best teaching faculty” in the past, which recognizes his outstanding dedication towards the success of students.

When he is not at work, Dr. Awasthi enjoys cycling and lecturing on the “science of yoga and well-being” to yoga enthusiasts around the globe. He is also very keen on mentoring young kids and runs a school back home aimed at upbringing civilized citizens with a mindset of giving back to the community. He also actively mentored science projects of school kids during his stay in Japan. He is always eager to make a positive impact whether it’s in the field of research, teaching, or in the community, and is committed to helping UMHS achieve its mission of fostering academic excellence.

Craig Ayre, B.Ed., Ph.D.

Assistant Dean of Student Affairs, Associate Professor of Molecular Sciences

Dr. D. Craig Ayre is an associate professor of molecular sciences, with over 15 years of experience in higher education and biological research. He received his Doctorate of Philosophy in Biochemistry (specialized in immunology), and his Bachelor of Adult and Post-Secondary Education from Memorial University of Newfoundland, in St. John's, Canada. Dr. Ayre has a wide-range of experience in the classroom, and in the laboratory. In addition to his three years of teaching basic medical sciences for a USMLE-driven curriculum, he has an additional five years of expertise in higher education within biology, chemistry, and molecular science. His teaching experience includes four years as a laboratory instructor for the College of the North Atlantic-Qatar (Now Doha University of Science and Technology) in Doha, Qatar, one year as a part-time professor with Algonquin College in the Applied Science and Biotechnology program in Ottawa, Canada, and nearly three years teaching for the University of Medicine and Health Sciences in St. Kitts.

As a researcher, Dr. Ayre has contributed to more than 10 primary-research publications in immunology, personalized medicine, and liquid biopsy. He has exceptional experience at multi-omics analysis (DNA, RNA and Protein) of biological samples. His specialization is in the function and composition of extracellular vesicles – small cellular organelles with important communications functions that are an active research area for their utility in health monitoring or disease diagnosis. He is a specialist in flow cytometry, and its application in vesical monitoring, or multi-spectral immune phenotyping. In addition to this work, Dr. Ayre was a clinical trial principal scientist, specialized in immunological monitoring. During his career, he was responsible for managing over 40 clinical programs in this area.

Within UMHS, Dr. Ayre is an active lecturer in the molecular sciences department, contributing to many of its courses. Outside the classroom he is an active member of various faculty committees including student admissions, curriculum management and most recently as chair of the university research committee.

Shivayogi Bhusnurmath, M.D. Pathology, M.B.B.S., FRCPath (London, UK)

Dean of Basic Sciences, Professor of Pathology

Dr. Shivayogi Bhusnurmath has spent decades in academic medicine at leading medical schools as a Senior Associate Dean, Dean of Academic Affairs, Chair of Pathology, and a faculty member. He brings with him a wealth of knowledge, experience, and leadership. He had also served as Interim Chair of departments in pathophysiology, pharmacology, biochemistry, and clinical skills. He has been involved in the oversight of faculty recruitment, faculty development activities, and monitoring of student success through academic progress committees. He possesses expertise in accreditation, and has participated in multiple accreditation and state approvals.

For over four decades, Dr. Bhusnurmath taught pathology to medical students and postgraduate residents in countries across the globe, including India, Nigeria, Sultanate of Oman in the Middle East, Canada, the UK, and Grenada. He has published more than 130 papers that have been cited over 1,400 times. He is on the editorial board and a reviewer for several prestigious international medical journals of pathology and medical education such as *Academic Medicine*, *Medical Educator*, etc. He has extensive experience in self-study documentation for accreditation activities of medical schools. He was a member of the executive committee of CAAM-HP (Caribbean Authority for Education in Medicine and other Health Professions).

Dr. Bhusnurmath will focus on providing quality education and ensuring the continued growth and development of UMHS. He is student oriented, maintains an open-door policy, and will continue to teach during his tenure as Dean.

Norma Ann Celestine, M.L.S., B.A., A.H.I.P.

Director of Library and Educational Applications, Assistant Professor of Library Research

Professor Norma Ann Celestine directs all daily library and exam center operations, and strives to keep UMHS in step with advances in library science, medical information resources and technology, computerized assessment, and educational technologies.

She earned an M.L.S. and a B.A. from the University of British Columbia in Vancouver. Prior to joining UMHS in June 2006, Professor Celestine directed operations for the HealthLink Services-Research Services Department at the Kitchener Public Library in Kitchener, Ontario. She also held other positions, including assistant director of library services at St. George's University School of Medicine in Grenada, director of library services at Arusha International Development Resource Centre in Calgary, Alberta, and library director at University of the West Indies, Extra-Mural Department in St. George's, Grenada.

Gareth Davies, Ph.D.

Course Director of Immunology, Professor of Molecular Sciences

Dr. Gareth Davies grew up in Wales. He received his bachelor's degree in biological sciences from the University of Plymouth, UK. He then completed his Ph.D in human molecular genetics from the University of Cardiff in the UK. Dr. Davies has held Postdoctoral and Fellowship positions at the University of Oxford, the National Cancer Institute of the NIH, and the Medical College of Wisconsin.

He has held faculty positions at South Dakota State University, where he was a teacher of the year, the University of South Dakota School of Medicine, and as a visiting professor at the Vrije University in Amsterdam in the Netherlands.

In 2007, Dr. Davies was a co-founder of the Avera Institute of Human Genetics in Sioux Falls, South Dakota, where he served as scientific director and then chief scientific officer until 2020. His research has resulted in the publication of over 100 peer-reviewed manuscripts in journals which include *Science*, *Nature*, and *Nature Genetics*.

Dr. Arun Dhakal, M.D., MS, FAIMER®

Associate and Course Director Professor of Histology

Dr. A. Dhakal is an associate professor in the department of Histology at the University of Medicine and Health Sciences (UMHS) in St. Kitts. His expertise extends to other areas of the basic medical sciences of genetics, gross anatomy, embryology, and neuroscience.

Earning his (M.D) degree in general medicine from Novgorod State University, Russia, Dr. Dhakal began his career working in the department of emergency medicine in B.P. Koirala Institution of Health Sciences, Nepal. He continued his education further in the department of cell biology and anatomy in Tribuvan University Teaching Hospital, Nepal where he was awarded the Master of Surgery (M.S.) in clinical anatomy. Dr. Dhakal also holds a Fellowship of Advancement of International Medical Education and Research (FAIMER).

His teaching career spans over 10 years with students of medical, dental, nursing, and various other paramedical disciplines. He has teaching experience in USMLE based, Integrated and PBL based curriculum. Prior to the association with UMHS, he has worked in various capacities, serving in medical education department as a faculty member, coordinator of examinations, director of student affairs, editorial board member of the school's journal, and course director of evidence-based medicine. He was also actively involved in various committees of the medical schools he worked in.

He has published and reviewed several papers in indexed journals and is also a reviewer to a peer review journal. His research interest is largely in the field of skeletal and cardiovascular anatomy, and medical education. Dr. Dhakal is a member of the American Association for Anatomy (AAA).

Ruth FitzGerald, M.A.

Director of Counseling Services

Ruth FitzGerald is from Ireland and completed her studies at Kingston University, UK. She joined UMHS in November 2021 as Director of Counseling Services.

Prior to joining UMHS she worked as Director of the Centre for Therapeutic & Reflective Writing in Ireland, where she trained counselors in therapeutic writing.

Ruth has a deep interest in cross-cultural psychology and has worked with international students throughout her career.

Her previous posts include Head of Wellbeing & Counseling at Aiglon College, Switzerland; Assistant Professor Education Enhancement & Counselor at American University of Antigua School of Medicine; and Director of The Coaching Psychology Unit at Bahrain Polytechnic University.

Her interest in cross-cultural psychology led her to conducting a long-term research project on culturally sensitive counseling in education. Ruth also has an interest in humanistic, Jungian, evolutionary, and existential psychology.

Veerabhadra Gowda, M.B.B.S., M.D., D.C.C.P.

Professor of Pharmacology, ICM, and Physical Diagnosis

Dr. Veerabhadra Gowda joined UMHS in 2015. He holds an M.B.B.S. from Sri Devaraj Urs Medical College in India, and an M.D. from Kasturba Medical College in Manipal. He started teaching in 1997, after working for two years in a primary health center. Early in his career, Dr. Gowda taught at Melaka Manipal Medical College in Malaysia, St. Christopher School of Medicine in the UK, and St. Matthew's University School of Medicine in Grand Cayman.

In 2009, Dr. Gowda joined Ross University School of Medicine in the Bahamas to develop the progressive academic education program, the blend of TBL and case-based learning. He also taught pharmacology and introduction to clinical medicine. In 2010, he moved to the Ross campus in Dominica to facilitate the Academic Success program in the Center for Teaching and Learning, where he helped students with learning issues. His research and publications are focused on pharmacological topics and medical education.

His special interest is in medical education and helping students with learning issues.

David R. Graham, M.b.Ch.b., M.d., F.r.c.p., F.f.s.e.m.

Provost

Dr. David R. Graham qualified in 1977 from the Liverpool Medical School at the University of Liverpool in the UK. He trained in many of hospitals in northwestern England, including the Royal Liverpool University Teaching Hospital, and also in the University Hospital, London, Ontario, Canada. He carried out research in several areas of respiratory medicine, producing papers and presenting at the American Thoracic Society. An extended piece of research led to the award of a postgraduate M.D. by the University of Liverpool.

Dr. Graham became a consultant physician specializing in general internal medicine and respiratory medicine; he also became a Fellow of the Royal College of Physicians (F.R.C.P.).

He developed his interest in medical education, becoming a clinical tutor, and then deputy postgraduate dean. In 1999, he was appointed as the postgraduate dean for the Mersey Deanery and was responsible for the development and delivery of training for over 2,200 junior doctors in the hospitals across Merseyside, a county in northwestern England.

In 2008, Dr. Graham became a professor of medical education at the University of Liverpool, and soon afterward, became dean of the Liverpool Medical School. He was the first postgraduate dean to hold both undergraduate and postgraduate roles. As dean of the medical school, he was responsible for both the teaching programs for 1,500 medical students and the five research schools.

In 2014, Dr. Graham was appointed as a non-executive director and board member of St. Helens and Knowsley University Teaching Hospitals NHS Trust.

Dr. Graham acted as a consultant and advisor at UMHS starting in 2015. He formally joined UMHS in April 2018. He brings a wealth of experience and remains committed to medical education and the development of the young professionals of the future, who will enhance and provide excellent care for their patients.

Cavelle Hobson, M.D.

Clinical Assistant Professor of Medicine

Dr. Cavelle Kelsick Hobson received her primary and secondary education at Holy Name Convent in Trinidad. She obtained her GCE A levels in science and was awarded the Island Open Science Scholarship becoming the first female to gain this distinction. She subsequently spent a year doing research at TRVL (now CARPHA) on Dengue serotypes using a rat model to produce a specific antibody.

She obtained her undergraduate education at Harvard University, graduating with a B.A. in biochemistry, Magna cum Laude, Phi Beta Kappa. Her research experience at Harvard included a summer internship with Dr. Edward Kass, Director of the Channing Research Labs, Harvard Medical School. The research looked into the effect of mycoplasma infections on the outcome of pregnancy. Her undergraduate thesis was supervised by Dr. William Beck, Professor of Hematology, Massachusetts, General Hospital, on "The metabolism of Vitamin B12".

Based on her academic standing in her graduating class, she was awarded the Sheldon International Traveling Fellowship for a year of travel and study, becoming one of two of the first female students at Harvard University to receive this award. During the fellowship year, she attended Liverpool School of Tropical Medicine, Liverpool, England. She then travelled through East and Southern Africa. In Tanzania, she visited rural health centers.

She graduated from Harvard Medical School and then completed a residency program in internal medicine at Tufts New England Medical Centre, Boston, Massachusetts. She returned to Trinidad and worked as a registrar/consultant in internal medicine at the Port of Spain General Hospital. Following her marriage, she has worked as internal medicine consultant at JNF Hospital, St. Kitts.

Neilal Isaac, M.D., M.M.Ed.

Assistant Professor, Pre-clinical Sciences and Simulation Lab Director, Course Director of Evidence Based Medicine

Dr Neilal Isaac is a medical doctor from Grenada. She earned her medical degree from St. George's University- Grenada, along with a diploma in higher education in medical sciences (with distinction) from the University of Northumbria in Newcastle- England. Dr. Isaac has also completed a master's degree in medical education from the University of Dundee- Scotland and a certificate in executive leadership for healthcare professionals from Cornell University- USA. Her academic interests include enhancing learning and supporting student wellness through strategic curriculum design for inclusive education and coaching in academic medicine.

Before joining the faculty at UMHS, Dr. Isaac worked at St. George's University in the Department of Anatomical Sciences. While working at St. George's University, she also became an instructor in the American Heart Association's Basic Life Support and Advanced Cardiac Life Support Courses. She has also completed several educational certificate programs in university teaching offered at St. George's University, including: Scholarly Foundations in Teaching and Learning; Research in Teaching and Learning; and Leadership in Teaching and Learning.

Anoop Kumar Jalan, M.D., M.B.B.S.

Professor of Pathology, Professor of Microbiology

Dr. Anoop Kumar Jalan earned his M.D. in pathology from the Kasturba Medical College at Deemed University in India. He received his M.B.B.S. degree from J.J.M. Medical College in Karnataka, India. At the beginning of his medical education career, Dr. Jalan was a tutor in pathology and microbiology at Kasturba Medical College in Manipal, India. He also conducted basic laboratory sessions in medical microbiology for medical and dental undergraduates, and reported histopathology, cytology, and hematology specimens under supervision.

Dr. Jalan was later actively involved in independent reporting of histopathology, cytology, and hematology specimens at Manipal Teaching Hospital at the Manipal College of Medical Sciences in Nepal. Dr. Jalan also worked as an associate professor of pathology at Saba University School of Medicine in Saba, Dutch Caribbean.

Immediately prior to joining UMHS, Dr. Jalan was chair of the Department of Pathology and Microbiology and a professor of pathology at St. Eustatius School of Medicine in St. Eustatius, Netherlands Antilles.

In addition to his teaching responsibilities, Dr. Jalan was the course director for Pathology I and II, chair of the Student Grievance Committee, chair of the Curriculum Committee, and faculty advisor for the American Medical Student Association (AMSA).

Yogitha Jalan, B.Sc., M.Sc.

Instructor of Microbiology

Professor Yogitha Jalan holds a master's degree in medical microbiology from Manipal University, India. She worked as a clinical microbiologist and lecturer at the Manipal College of Medical Sciences, Nepal for some years before coming to the Caribbean in 2005. She worked at the Saba Medical School and St. Eustatius Medical School before joining UMHS.

Molly Johannessen, Ph.D.

Director of Education and Teaching, Director of the Biological Basis of Clinical Medicine course, Associate Professor of Physiology

Dr. Molly Johannessen comes to UMHS from Kaplan Medical, where she served as a medical learning consultant working with various institutions supporting learning gains using Kaplan resources. Her passion is learning and helping medical students reach success. She continues to serve as part of the physiology faculty for Kaplan.

Dr. Johannessen received her Ph.D. and M.S. in physiology from the University of Wisconsin – Madison, an M.S. in higher education from Walden University and her B.A. in chemistry from Lawrence University. Her passion for education started as an HHMI Scientific Teaching Fellow at the University of Wisconsin – Madison. Her experiences and contributions to the field are rooted in the idea that learning can be enhanced and knowledge retention increased by utilizing educational theory to drive medical education. This evidence-based approach can be applied to student learning, curriculum development, and faculty professional development. Her passion for learning and her enthusiasm for life have driven her involvement with learners in all aspects of medical education including mental health and wellness amongst medical students and faculty, leadership and learning, and enhanced learning opportunities to help at-risk students.

Dr. Johannessen has worked with various medical institutions including osteopathic, allopathic, and foreign-medical graduates. At UMHS, she serves as the Director of Education and Teaching as well as associate professor of physiology.

Frank Jones, Ph.D.

Professor of Pharmacology and Molecular Science

Dr. Frank E. Jones obtained his Ph.D in medical sciences from McMaster University in Hamilton, Ontario, Canada where he studied Herpes Simplex Virus. Dr. Jones conducted his Postdoctoral Research Fellowship in the Department of Pathology at Yale University School of Medicine, where he started his career in animal models of breast cancer and the development of novel breast cancer therapeutics.

In 2001, Dr. Jones joined the Department of Biochemistry at Tulane University School of Medicine. During his nearly 20 years at the Tulane University School of Medicine, Dr. Jones conducted research on developing novel biomarkers and targeted therapies for patients with therapeutic refractory, metastatic, breast cancer. He was awarded multiple NIH RO1 grants for 15 years of continuous

NIH funding and eight three-year Department of Defense Breast Cancer grants. His publications have been featured on the covers of *Developmental Cell*, *Cancer Research*, and *The Journal of Cell Biology*. For his continued and significant contributions to basic and clinical cancer research, Dr. Jones was promoted to the prestigious Tulane University School of Medicine Endowed Chair of Cancer Research.

As the principal investigator of an active NIH funded research laboratory, Dr. Jones also maintained a commitment and dedication to excellence in teaching. His medical education teaching responsibilities at Tulane University School of Medicine included pharmacology, molecular biology of cancer, gross anatomy, and cell and molecular biology. He received multiple teaching awards for his efforts including the Robert J. Glaser Distinguished Teacher Award, Award for Professor of the Year, Dean's Endowment for Excellence in Teaching, and Award for Medical School Course of the Year.

Always ready for a new challenge, Dr. Jones joined the faculty at the University of Medicine and Health Sciences in 2020 as a professor of pharmacology and cell biology.

Ashok Kumar, Ph.D.

Associate Professor of Pathology, Course Director of Pathology 1

Dr. Ashok Kumar earned his Ph.D. in Pathology from Johann Wolfgang Goethe University, Frankfurt Germany. He did his postdoctorate from the same university in Germany. He received his D.C.P degree (Diploma in Clinical Pathology) and MBBS degree from Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan. Dr. Kumar started his teaching career in 2011.

He worked as an assistant professor in LUMHS and Isra University Pakistan, and King Faisal University Saudi Arabia until 2016. He worked as an associate professor in AIMST University Malaysia until April 2021. He worked as a professor and course director of pathology at Saint James School of Medicine, Anguilla until July 2022.

He has been the member of various academic committees throughout his career. Dr. Kumar has a versatile experience in teaching, clinical laboratory, and research. He has many publications in peer-reviewed journals.

Dr. Kumar joined UMHS in August 2022 as an associate professor in the Department of Pathology.

Mohan Kumar, M.D., M.B.B.S.

Director of ICM 1 and 2, Course Director, Professor of Preclinical Science

Dr. Mohan Kumar earned his M.B.B.S. from JSS Medical College, Mysore University in Mysore, India. He was awarded an M.D. in forensic medicine from Kasturba Medical College, Manipal University, India. After receiving his M.D., Dr. Kumar began his career as an assistant professor at Manipal University, where he not only taught medical students, but also conducted forensic autopsies, examined skeletal remains, visited crime scenes, and attended court to give his expert opinion. Dr. Kumar was also the Honorary Forensic Medicine Consultant for the government and assisted in crime investigations.

Dr. Kumar has been actively involved in medical education since 1997 in various capacities. He enjoys passing on his skills and knowledge to his students while always catching up on the latest developments in the field of medicine. His passion for teaching was fueled when Dr. Kumar attended a workshop on teaching, learning, and evaluation of medical students at Manipal University.

Prior to joining UMHS in 2011, Dr. Kumar served as an associate professor of pre-clinical sciences, teaching physical diagnosis and introduction to clinical medicine at St. Matthew's University, Cayman Islands. He also taught anatomy as an associate professor at American University of Antigua.

Dr. Kumar has 17 publications to his credit in various international journals and websites, including PubMed. His case reports give an insight on various interesting cases he encountered during his practice of medicine.

Presently, he is the course director of physical diagnosis and associate professor of introduction to clinical medicine courses. Dr. Kumar has been actively involved in various committees including the Admission, Disciplinary, and Information Management committees. He has also served various medical associations, including the Surgical Society of SMU, and was faculty advisor for the American Medical Student Association (AMSA) at UMHS.

Neeraj Kumar, Ph.D.

Professor and Course Director of Microbiology

Dr. Neeraj Kumar is a medical educator with extensive teaching experience internationally in medical microbiology and immunology. Dr. Kumar earned his Ph.D. from NDRI in Haryana, India, where he worked on research topic "Characterization of bacteriocin from *Lactobacillus acidophilus* it's antibacterial spectrum in inhibiting the pathogenic and spoilage organisms". He joined UMHS in 2022 as course director professor in molecular sciences. He began his teaching career as assistant professor in 2001 in the microbiology department of Universal College of Medical Dental Sciences in Bhairhawa, Nepal. Dr. Kumar has also worked as assistant professor in Faculty of Medicine, 7th April University Al-Arab Medical University in Libya (2006-2011) and as an associate professor in Lovely Professional University, India. In 2013, Dr. Kumar joined Medical University of the Americas in Nevis as associate professor course director in the microbiology immunology department.

Prior to joining UMHS, Dr. Kumar was professor and course director in Infection Defense Response (Microbiology Immunology) course, chair of Molecular Sciences, chief NBME proctor and faculty advisor to American Medical Student Association (AMSA). He has actively contributed to the development of competency based curriculum in microbiology immunology beside serving as members of RLRA review committee, Promotion committee Drug testing committee.

Dr. Kumar has delivered oral and poster presentations in numerous international medical conferences. Dr. Kumar has done many online courses in microbiology from reputed universities including Stanford University, John Hopkins University, etc. Recently, he earned Certificates of Achievement in HMX fundamental and HMX pro immunology courses from Harvard Medical School Office of Online Learning.

Dr. Kumar is adept at developing proactive strategies for thorough evaluation, academic, and institutional success expertise in student engagement. He enjoys teaching and active learning process with microbiology immunology students.

Peter Lee, Ph.D.

Co-Director of Behavioral Science, Associate Professor of Behavioral Sciences

Dr. Peter Lee completed his Ph.D. at the University of Alberta in 2005. Since then, he has worked as an experimental psychologist at Bilkent University in Turkey, the Open University in the United Kingdom, and back at the University of Alberta in Canada. In the last five years, he has been a behavioral science educator in Sint Maarten and St. Kitts.

Beyond behavioral science, Dr. Lee's professional interests also include full-stack computer programming within experimental and educational contexts. With more than 25 years of experience in research methods, he is also a statistician who has conducted methodological consultancies with the Centers for Disease Control and Prevention in Atlanta, GA, and the Alberta School of Business in Alberta, Canada. Dr. Lee is a member of the American Psychological Association, the Society for Applied Research in Memory and Cognition, the Canadian Psychological Association, and the International Society for Infectious Diseases.

Thomas McCracken, Ph.D. (H.C.), M.S., M.S., B.E.

Professor of Anatomy

An internationally known medical illustrator, Professor Thomas McCracken brings his unique and exciting expertise in 3D computer imaging to our anatomy and physiology classes. He has illustrated over 200 journal articles and textbooks, and was also involved in a National Institute of Health project to construct the 3D interactive computer models that are used by most U.S. medical schools.

Professor McCracken received an M.S. in anatomy and physiology from the University of Michigan, along with an additional M.S. in biomedical illustration, and a B.E. in biology and education. In 1996, he received an Honorary Doctorate in clinical sciences from Our Lady of the Rosary University in Colombia.

Prior to joining UMHS, Professor McCracken taught at Colorado State University and the King Faisal Specialist Hospital and Research Center in Saudi Arabia. He is a member of the American Association of Anatomists, the American Association of Clinical Anatomists, the Association of Medical Illustrators, the Federation of American Societies for Experimental Biology, and the Health Science Communication Association.

Lori Montross, Ph.D.

Associate Professor of Behavioral Sciences

Dr. Lori Montross completed her NIH Post-Doctoral Research Fellowship at the University of California San Diego after obtaining her Ph.D. in clinical and counseling psychology at the University of Kentucky. Since that time, Dr. Montross has become a licensed clinical psychologist, mixed-methods researcher, and educator with over 15 years of experience.

In her clinical work, Dr. Montross has specialized in geriatric psychiatry, with an emphasis on preserving the dignity and well-being of people diagnosed with cancer or dementia. As a mixed-methods researcher and principal investigator, she has received competitive grant funding from the American Cancer Society, the Brain and Behavior Research Foundation, the Clinical and Translational Research Institute, and the MAPI Research Trust, as well as the International Alzheimer's Association. She has published over 45 peer-reviewed journal articles and book chapters with notable contributions in areas of dignity-conserving care, multiculturalism, palliative care, and suicide prevention. As an educator, she was voted Faculty of the Year twice for her ability to creatively blend teaching with larger community action.

Today, Dr. Montross brings her multi-faceted experience to the University of Medicine and Health Sciences, where she enthusiastically teaches behavioral science and continues to promote the human side of healthcare.

Prakash Mungli, M.D., M.B.B.S.

Associate, Chair of Molecular Sciences, Course Director and Professor of Biochemistry

Dr. Prakash Mungli received his M.D. in biochemistry from Manipal University in India and earned his M.B.B.S. from Gulbarga University in India. Formerly a family physician, he has more than 14 years of experience in medical biochemistry education, and has been a popular professor at UMHS since September 2011.

During his time here, he has earned several institutional awards, including Outstanding Professor of the Year and Most Inspiring Professor. Prior to joining UMHS, Dr. Mungli taught biochemistry, molecular biology, and genetics at St. Matthews University School of Medicine in the Cayman Islands.

Dr. Mungli uses creative teaching methods to make even difficult concepts easily understandable. He posts recaps of his lectures on YouTube and keeps students engaged through a Facebook group and blog called "Biochemistry Made Easy."

In addition to being a passionate teacher, Dr. Mungli is also actively involved in research. He has published 65 research papers in national and international indexed journals. His work has been cited in more than 50 indexed journals, and he has served as editorial board member and reviewer for six indexed journals. His work has also been presented at more than 20 national and international conferences. His current research interest is in medical education.

Jagadeesh Nagappa, M.B.B.S., D.F.M.

Associate Professor of Physiology, Director of the Accelerated Review Program (ARP)

Dr. Jagadeesh Nagappa holds a D.F.M. from the Royal College of General Practitioners in the United Kingdom and an M.B.B.S. from Bangalore University in India. For many years, Dr. Nagappa held positions in departments of physiology, biochemistry, and physical diagnosis at medical schools in the Caribbean and the United Kingdom. Before he started teaching, he practiced medicine in India and in the Caribbean. In his most recent position prior to joining UMHS, Dr. Nagappa was an associate professor in the Department of Physiology, course director of preclinical sciences, and course director of fundamentals of clinical sciences at St. Matthew's University School of Medicine in Grand Cayman

Ayodeji O. Olujohungbe, B.Sc., MCSE

Campus IT and LRC Director

Ayo Olujohungbe has been trained in civil engineering, industrial engineering, and computer engineering. He holds certifications with Microsoft Systems and Cisco Systems. He is a graduate of New Jersey Institute of Technology in Newark, NJ, USA. His experience includes working at Continental Airlines, Newark Airport as a warehouse manager, Consolidated Freightways in Kearny, NJ as a systems engineer, and Ross University School of Veterinary Medicine in St. Kitts as Network Administrator and IT Director before joining the University of Medicine and Health Sciences in 2005.

His interests include the latest technology, reading, problem-solving, family, farming, and live edge woodwork designs.

Natalie S. Osborne, M.D.

Assistant Clinical Professor

Dr. Natalie S. Osborne is a native and trained general surgeon in the federation of St. Kitts and Nevis. She received her Doctor in Medicine (M.D) in general surgery from the Latin American School of Medicine at the Faculty in Santiago de Cuba, Cuba. She is a member of the Caribbean Conference of Surgeons and a general surgeon with years of experience.

She displays excellent bedside manners and patient communication skills developed through more than a decade of combined schooling and teaching experience.

She has a background in teaching prior to medical school and has spent many years teaching interns and junior residents during her years as a resident and as a young surgeon.

As a surgeon and a medical educator, Dr. Osborne has a wealth of knowledge which she shares enthusiastically with the medical students of UMHS to aid in their transition from basic sciences to clinicals.

Jane Pringle, M.Ed.

Instructor of Learning Development and Language Skills

Ms. Jane Pringle earned a Master of Education in Teaching English as a Second Language from St. Petersburg State University and a Bachelor of Arts from the University of British Columbia, Vancouver, British Columbia.

Prior to joining UMHS in August 2022, Ms. Pringle was at the University of Doha for Science and Technology in Qatar, formerly known as the College of the North Atlantic-Qatar. Over 14 years in Doha, Ms. Pringle held several positions starting in the Foundation Program teaching English, moving into administration as an instructional coordinator, then into the Program Development Department as the accreditation specialist. Other teaching and administration positions held by Ms. Pringle were at the American University of Sharjah in the United Arab Emirates, the English Language Institute at the University of British Columbia, Vancouver, Canada, and the English Language Centre in Tianjin, China.

Ms. Pringle's areas of interest are program accreditation, second language writing, and language acquisition technologies.

Edwin S. Purcell, Ph.D.

Associate Dean of Academic Affairs, Professor of Anatomy

The University is pleased to announce the appointment of Dr. Edwin S. Purcell to the position of Associate Dean of Academic Affairs. Dr. Edwin S. Purcell earned a Ph.D. in anatomy from the University of Kansas Medical Center in Kansas City, Kansas. He received his M.A. in physiology and his B.A. in biology from the University of Kansas, Lawrence. Dr. Purcell also has an A.A. and a B.A. in psychology from Monmouth College in West Long Branch, New Jersey.

Dr. Purcell's extensive medical education background has included his work as an instructor of biological sciences at Santa Fe Community College, Santa Fe, New Mexico. He later became a graduate teaching assistant in the Department of Anatomy and Cell Biology at the University of Kansas Medical Center, Kansas City, Kansas.

He then became an instructor of biological sciences at Johnson County College in Overland Park, Kansas, and later worked as an adjunct instructor and research assistant at the University of Kansas Medical Center. He served as both an assistant and associate professor at Des Moines University, and then as associate professor and Director of Neuroanatomy at Lake Erie College of Osteopathic Medicine.

Dr. Purcell also worked as director of medical neuroscience and associate professor of basic medical science at the University of Missouri-Kansas City School of Medicine in Kansas City. Just prior to joining UMHS, Dr. Purcell was interim chair and associate professor of anatomy at A.T. Still University in Kirksville, Missouri. He holds multiple teaching awards.

Dr. Purcell's research has focused on interactions between the nervous and immune system. This research first helped to establish the link between stress and immune suppression, and later demonstrated the ability of increased vagal activity to decrease the production of hyperinflammatory cytokines. He was a founding member of the Psychoneuroimmunology Research Society. He was a member of the State Anatomical Board of the State of Missouri and is a member of the American Association of Clinical Anatomists.

Avinash Rawal, Ph.D.

Professor of Molecular Science

Dr. Avinash Rawal has extensive teaching experience across the globe in biochemistry, molecular biology and cell biology. Dr. Rawal was awarded his Ph.D. by Nagpur University in Nagpur, India working on the neuroprotective effects of certain drugs.

He joined UMHS in 2022 as professor in molecular sciences. He began his teaching career as lecturer in 2001 at the department of biochemistry at Dr. Ambedkar College in Nagpur, India. Before moving on to teach at AL Arab Medical University in Benghazi, Libya, he was working as a reader in the Department of Biochemistry at a dental school in India. In 2011, Dr. Rawal joined St. Matthews Medical University in the Cayman Islands as a professor and chair of biochemistry, molecular biology, and genetics and worked with them for nine years.

Dr. Rawal is a student-centered professor with expertise in US-based medical curriculum for biochemistry. He offers more than 20 years of teaching background supporting students, developing and reviewing USMLE pattern questions and instructional plans, and organizing and grading exams and tests. He is commended for sustaining an effective learning environment through prepared classes and relevant assignments, and for consistently achieving classroom management and academic goals. Dr. Rawal has over 15 international publications to his name.

Bichara S. Sahely, B. Sc. (Hons), M.D., M.B.B.S., DM (UWI)

Clinical Assistant Professor of Medicine

Dr Bichara Sahely was born in St. Kitts. He was the St. Kitts and Nevis State Scholar in 1988. He obtained his BSc (Hons) in biology from Dalhousie University in Canada in 1992. He completed his MBBS in 1997 and his DM (internal medicine) in 2003 at the Mona Campus of the University of the West Indies in Jamaica. Six months of his electives in 2002 were spent at the University of Toronto in Canada in rheumatology, cardiology, and nephrology.

He has returned home to serve his country as a consultant physician in internal medicine at the Joseph N. France General Hospital since 2003. He also has been in private practice since 2004.

George H. Shade Jr., M.D.

Dean of Clinical Science, Chair of OB/GYN, Professor of Clinical Medicine

Dr. George Shade is a board certified obstetrician-gynecologist with an M.D. from Wayne State University School of Medicine. He is an associate professor at Wayne State University School of Medicine, Michigan State COM, and UMHS. Dr. Shade brings his experience as the director of resident education for St. John Health Detroit Riverview Hospital, chief of OB/GYN for several major hospitals in the Detroit Metropolitan Area, specialist in chief for the entire Detroit Medical Center, and chief medical officer at major hospitals in Michigan, Indiana, and Detroit Community Health Connection, Inc. He has also served as chief quality officer for the entire Detroit Medical Center.

Involved in clinical research throughout his career, Dr. Shade has several publications, and has lectured extensively on local and national levels. His primary area of research has been endometriosis, but he also developed programs in minimally invasive surgery for St. John Health and the Detroit Medical Center.

Dr. Shade has received numerous civic service awards and academic awards for scholarly achievement and teaching. He has served on state and local boards, hospital boards, and committees. He has also been very active in the state and county medical societies in Michigan.

Pinakini K. Shankar, M.D., M.B.B.S.

Course Director and Professor of Pharmacology

Dr. Pinakini K. Shankar received her M.D. in pharmacology from Kasturba Medical College at Manipal University in India. She also earned an M.B.B.S. from JSS Medical College at Mysore University in India.

Her early medical-education career featured teaching positions in the Department of Pharmacology at Kasturba Medical College, and in the Department of Pharmacology at the American University of Antigua School of Medicine in Antigua.

Just before joining UMHS, Dr. Shankar was an associate professor and course director in the Department of Pharmacology and Clinical Therapeutics at the St. Matthew's University School of Medicine in Grand Cayman, where she taught, evaluated, and mentored students in preparation for the USMLE.

Dr. Shankar has been instrumental in initiating and serving as the principal investigator for phase III clinical trials. She also has research publications in reputed indexed medical journals and is an author for *Cochrane Reviews*. Dr. Shankar has also been a guest lecturer and presented at a variety of conferences and symposia.

Sirjana Subedi, M.B.B.S.

Clinical Instructor of Preclinical Sciences

Sirjana Subedi completed her MBBS from Cairo University, Egypt, in 2021. During her academic journey, she developed a strong foundation in healthcare and honed her medical skills. She later worked as a medical officer at Rakshya Hospital in Nepal from April 2021 to October 2022, where she encountered and learned from a diverse range of medical cases, expanding her knowledge in patient care.

Following her tenure at Rakshya Hospital, Dr. Subedi served as a medical officer at Damak Hospital, a government healthcare facility in Nepal, from November 2022 to April 2023. Under the supervision of senior physicians, she further enhanced her medical skills and gained valuable experience in providing quality healthcare.

From January 2023 to April 2023, she served as a teacher at Life Line Hospital Nepal, where she delivered lectures to bachelor-level students in pharmacy. Through effective communication and sharing her knowledge, Dr. Subedi played an instrumental role in inspiring and guiding future healthcare professionals.

With excellent communication skills, attention to detail, and a strong emphasis on learning from feedback, Dr. Subedi is dedicated to creating a supportive and enriching learning environment for students. Her active listening, critical thinking, and adaptability enable her to engage with students effectively, addressing their educational needs.

Donna Thompson, M.D.C.M.

Associate Dean of Clinical Sciences, Professor of Clinical Medicine

Dr. Donna Thompson is a member of the American Board of Internal Medicine. She earned her undergraduate degree from Colby College in Maine and received her M.D.C.M. from McGill University College of Medicine in Canada. She completed her internal medicine residency both in Canada and at the Maine Medical Center, in Portland, Maine, where she also completed a clinical fellowship and a research fellowship in oncology.

Dr. Thompson's extensive medical background includes positions as director of the Division of Oncology and chief of the Department of Medicine at Central Maine Medical Center. She also was the director of the Cancer Research Program at the Foundation for Blood Research in Maine.

Dr. Thompson's medical education background is just as extensive. She was an assistant in medicine at Tufts University in Massachusetts; an instructor in the biology of cancer at the University of Southern Maine; and a clinical preceptor and associate professor in the Department of Pharmacology at St. Matthew's University School of Medicine in Grand Cayman. She was also an associate professor in pre-clinical medicine and director of Introduction to Clinical Medicine, as well as the chief of clinical medicine in pre-clinical sciences at St. Matthew's.

Luisa Veloz, M.D.

Assistant Professor of Preclinical Science

Dr. Luisa Veloz was born in the Dominican Republic. In 2000, she obtained a full scholarship from the MESCYT in the Dominican Republic for her outstanding high school performance to study medicine in Escuela Latin-Americana de Medicina (ELAM) La Havana, Cuba.

Dr. Veloz graduated with a Bachelor of General & Integral Medicine degree in 2009. After completing her studies in Cuba in 2010, she went to the Dominican Republic and completed the mandatory community service in her hometown, Barahona. Shortly after, she attended the population of patients of the Jaime Sanchez Hospital, Barahona. She also worked in the emergency department of the private clinic Santo Thomas of the same city.

In 2011, when the Haiti earthquake occurred, she went to the Hospital General Melenciano in Jimani, closest to the earthquake catastrophe zone, and worked voluntarily with the doctors to treat the victims. In February of the same year, she was in charge of the rehabilitation center created by CEEDESUR for the recovery of Haitian victims. In this role, she looked after patients, ensuring they received ambulatory medical treatments and psychological sessions, and worked with the Dominican government to provide clothes and food for victims.

She started working in 2011 as a medical auditor of SENASA, as a supervisor for the 64 Health Center in the state of Barahona, taking care of monitoring the programs in cervical cancer, pregnancy, hypertension, diabetes, and tuberculosis.

Dr. Veloz then decided in 2013 to move to her husband's country and to improve her career furthermore in St. Kitts as an emergency doctor in the Joseph N France Hospital in St Kitts. During her time working at JNF, she realized her passion for teaching, and began working as a senior lecturer and course director at Windsor University. Dr. Veloz then decided to expand on her teaching career, joining UMHS as assistant professor of physical diagnosis and introduction to medical skills. She was also involved in the University's Diversity and Inclusion Committee.

In addition to her roles at UMHS, Dr. Veloz is enrolled in a Master of Science program at the University of Michigan, and has completed a series of courses related to classroom diversity.

Frank Wagner, Psy.D., M.A., B.S., B.B.A.

Chair and Professor of Behavioral Science

Dr. Frank Wagner is an experienced medical educator and administrator. For 23 years, he served as a senior administrator in mental health and substance agencies that provided clinical education to social work, psychology, and graduate-level students. Dr. Wagner came to the International University of Nursing (IUON), UMHS' sister institution, after holding the position of associate dean of student affairs at an international medical school.

At IUON, Dr. Wagner was dean of student services, where he focused on serving student, community, and government constituencies. He was instrumental in developing student leadership, implementing judicial affairs, and developing programs that brought cohesiveness to the student body.

In 2008, Dr. Wagner became assistant provost at UMHS. He played a key role in the introduction and expansion of UMHS' medical education program.

Dr. Wagner holds a Psy.D. from the International University for Graduate Studies, an M.A. in clinical psychology from Goddard College, a B.S. in psychology from Loras College, and a B.B.A. in management from Northwood Institute.

Angela Unger Waigand, M.A., Ed.D.

Instructor of Learning Development and Language Skills

Dr. Waigand earned a Master of English Language and Linguistics from the University of Arizona and a Doctorate in Education, specializing in adult learning, from the University of Calgary.

She has over 25 years of teaching and administrative experience in higher education in Canada, the United States, the United Arab Emirates, and Qatar, where she spent the last 10 years working at the University of Calgary in Qatar, a nursing university. In addition to having taught courses in English, communication, study skills, and education, she also developed and managed a learning centre for students in the United Arab Emirates and worked extensively in faculty development in Qatar.

Dr. Waigand's primary areas of interest are adult learning, language acquisition and learning, and faculty development.

Sherisse Wallace, BSN, RN

Campus Nurse

Our campus nurse, Ms. Sherisse Wallace, is a native of the island of St. Kitts who has earned a Bachelor's of Science in nursing from Midwestern State University, in Wichita Falls Texas; she later gained further certification as a midwife locally at the Clarence Fitzroy Bryant College.

Prior to joining UMHS in July 2023, Ms. Wallace worked for the St. Kitts Ministry of Health's Institution-Based Health Services as a registered nurse midwife, where she was assigned to various departments, such as Accident and Emergency, Quality Assurance and Infection Control, Admission and Discharge Planning, Maternal and Child Health, Surgical Services, and Medical Services. During her tenure with the St. Kitts Ministry of Health, Nurse Sherisse also served as a member of the Health Emergency Operations Committee, which guides the country's surveillance, preparedness and response to impending threats to public health.

In addition to attending to injuries and illness, Nurse Sherisse provides referrals to other healthcare institutions for follow-up care, maintains student and staff and medical records, and facilitates campus safety. Ms. Wallace believes that in order to be our best self, we must attend to all dimensions of health and wellness.

Cherrilyn Warde-Crawford, PsyD, CCTP-II

Campus Counselor

Dr. Cherrilyn Warde-Crawford has over 17 years of clinical and teaching experience in the mental health field. She graduated with honors with her Doctor of Psychology degree (PsyD) from California Southern University, California, USA. She preceded with attaining a Master of Science degree in Medical Psychology and a Bachelor of Science degree (honors) in psychology, both from the Universidad Central "Marta Abreu" De Las Villas, Cuba. In addition, Dr. Crawford is a Certified Clinical Trauma Professional, level 2 (CCTP-II) with Evergreen Certifications, and is bi-lingual, Spanish being her second language.

Before joining UMHS in March 2023, she worked as a clinical psychologist at the Joseph N France (JNF) General Hospital in Saint Kitts and conducted private practice at Revamp Psychological Solutions. She also worked as a professor and psychological counselor at the Windsor University School of Medicine and as a part-time lecturer at the University of the West Indies (UWI), Open Campus in Saint Kitts. She was the President of the St. Kitts Mental Health Association from 2018 to 2022 and the Chair of the St. Kitts & Nevis Mental Health & Psychosocial Support (SKNMHPSS) Committee from 2019 to 2023. Presently, she is a PAHO/WHO Regional Mental Health Response Team member.

Dr. Crawford is passionate about mental wellness and is often involved in advocacy for mental health. She takes an integrative approach to therapy and frequently draws upon cognitive behavioral therapy, solution-focused therapy, and mindfulness.

Policies and Procedures

Academic Policies

The University of Medicine and Health Sciences publishes the *UMHS Student Handbook of Policies and Procedures* each semester. This information is provided to all incoming students and it is also available on the student portal. The UMHS Student Handbook supersedes information provided in this catalog, and the UMHS Student Handbook information on academic policies is binding upon all students. It is the responsibility of the student to be aware of all regulations contained in the UMHS Student Handbook and any changes or modifications. Only a brief overview of academic policies and procedures is contained in this publication.

Registration of New Students

Students will pre-register for courses through the student portal at the designated time determined by the Office of the Registrar. At the beginning of each semester, all students must confirm their registration in person prior to the start of classes. Any specified documentation upon which the student's admission is contingent must be on file at that time. If essential documentation is not provided, the student will not be permitted to confirm registration and may be administratively withdrawn. Registration is not complete and enrollment is not official until tuition and fees are paid in full and confirmation is completed. Failure to make scheduled payments or arrange payments through the Office of the Bursar when they are due will result in cancellation of the student's registration. It is the student's responsibility to ensure that payment is received in the Bursar's office by the established due dates announced each semester. Questions regarding tuition and fees, payments, returned checks, late fees, refunds, etc., should be directed to the UMHS Office of the Bursar.

Students who register after the first day of classes are responsible for all prior materials and assignments presented in class. No student will be allowed to register after the close of registration, which is typically at the end of the first week of classes (see Academic Calendar on page 1). Students arriving after that time will be required to register for the subsequent semester.

Grading

Basic Science Program: A passing grade of 70 percent (equivalent to a grade of C) is required in all courses. Any grade below 70 percent is considered failing (equivalent to a grade of F). Students must maintain a minimum cumulative grade point average of 2.0 in order to make satisfactory academic progress. Students who receive a grade of F in any course will be placed on academic probation. Failure to pass a repeated course with a grade of C or better is grounds for dismissal from the medical program. Maximum time frame for completion cannot exceed 150 percent of the required credits for graduation.

Grade Equivalent Grade QPA - Basic Sciences

LETTER GRADE	NUMERICAL GRADE	QPA
A	90 and above	4.00
B	80–89	3.00–3.90
C	70–79	2.00–2.90
F	0–69	0.00
P	70 and above	0.00
I		0.00
W, WF, WP *		0.00

*Students will receive a W if they withdraw prior to the first week of the second block. Students that withdraw after that point will receive either a WP or WF.

Preclinical/Clinical

RESULT OF MEASURES: (TOTAL POINTS DIVIDED BY 8)	TRANSCRIPT LETTER GRADE:	QUALITY POINTS:
3.70–4.00	A	4.00
3.30–3.69	B+	3.50
2.70–3.29	B	3.00
2.30–2.69	C+	2.50
2.00–2.29	C	2.00
<2.00	F	0.00
Absence of Log Book and/or Passing Core Subject Exam	I	0.00
Withdrawn	W	0.00
Audit/Observation	AU	0.00
No Show Failure	NF	0.00
Not Attend Withdrawal	NW	0.00

Clinical Science Program

Evaluations during the Clinical Science Program segment of the curriculum include an assessment of the ACGME Core Competencies, which are not only part of the student's mastery of course objectives, but also the characteristics considered desirable in a good physician. These competencies include problem-solving ability, industriousness, reliability, judgment, interpersonal relationships, professional skills, and motivation. Students who receive more than one failing grade in any required or elective clerkship are subject to dismissal.

Failing Grade

A student who receives a failing grade of F in any Basic Science course or clinical rotation must repeat the course and receive a passing grade in order to progress. A course for which an F is awarded is included in the term GPA and cumulative GPA (CGPA). When the student repeats the same course or rotation with a passing grade, the failing grade F will no longer be calculated in the CGPA. However, the grade of F will remain on the transcript and in the term of the GPA.

Incomplete Grade

An incomplete grade, I, signifies that not all required coursework was completed during the term of enrollment. The I grade is not calculated into the term GPA or the cumulative GPA at the time it is awarded. If the student receives an I, all required coursework must be completed on or before the first day of classes of the subsequent term. Students with incomplete grades will not be permitted to register for the next term until all requirements have been satisfied. If course requirements are not satisfied by the deadline date, the I grade will be changed to an F.

Semester Credit Hours

Basic Sciences Program

One hour of classroom or direct faculty instruction over the course of a semester (15 weeks) equals one semester credit hour. The total Basic Science credit hours consist of 102 credits.

Fifth Semester (Maine)

One hour of classroom or direct faculty instruction over the course of a semester (15 weeks) equals one semester credit hour. The total credit hours consist of 11 credits.

Clinical Sciences Program

One week of rotation is equal to one credit. Each semester consists of 15–16 weeks of rotations for a total of 48 core rotation weeks and 30 elective weeks. Student duty hours at each hospital site should follow the ACGME standard that limits duty hours to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities.

Competency Examinations

Course Examinations

With the exception of students on an approved leave of absence, all students are expected to sit for scheduled examinations. Students unable to do so by virtue of illness must present documentation that they were under the care of a physician at the time of the examination. The form of the makeup examination will be at the discretion of the course instructor. In lieu of a makeup examination, the individual instructor may elect to average all of the student's other examinations in the course and use the averaged examination score in place of the missed examination.

Shelf Examinations

UMHS has been approved by the National Board of Medical Examiners to administer the online shelf examinations in St. Kitts. Shelf examinations are integrated into the Basic Science Program and are offered as final examinations in many of the courses. These examinations are, in essence, mini-USMLE examinations, as they use a similar type and style of questions.

Core NBME

NBME exams assess knowledge gained during a core rotation. Students are required to complete a core NBME subject exam within two weeks after the completion of each core rotation, including internal medicine, surgery, OB/GYN, pediatrics, psychiatry, and family medicine.

USMLE

To enter into UMHS clinical rotations, students must successfully complete and pass the USMLE Step 1. This examination is taken after the Maine fifth semester and before advancing to the sixth semester. To receive a diploma from UMHS, students must complete the USMLE Step 2 CK. USMLE Step 2 CS was replaced by ECFMG Pathways 3 and 6, which are also required for graduation. These examinations are usually taken after completing the core clinical clerkships. To qualify for Step 2 CK, students must first pass the NBME Comprehensive Clinical Science Examination (CCSE). USMLE Step 3 is the final step for licensing and is taken after graduation and during or at the completion of residency training.

ECFMG

In order to be licensed to practice medicine in the United States, graduates must be certified by the Educational Commission for Foreign Medical Graduates (ECFMG). To be certified by ECFMG, students must pass USMLE Step 1 and Step 2 CK. Beginning in 2021, students must also go through ECFMG Pathways 3 or 6 as an alternative to Step 2 CS, which is no longer offered.

Student Progress

Attendance

Attendance is mandatory for 70 percent of all classes and 100 percent of all labs, examinations, and clinical clerkships. Unavoidable and/or unexcused absences are addressed on a case-by-case basis. However, excessive lateness or absence from a course may result in a failing grade. Students who require an extended absence from class may request a leave of absence (emergency or academic).

Basic Science Program—Satisfactory Academic Progress

Student academic progress is considered satisfactory if the student has passed all courses, course examinations, and shelf examinations within the allotted time frames. This metric is used for both academic assessment, as well as financial aid eligibility. Taking a leave of absence or withdrawing from classes may negatively impact a student's satisfactory progress. A minimum GPA of 2.0 must be maintained for each semester, and a cumulative minimum GPA of 2.0 must be maintained throughout the academic program. Failure to do so will result in academic probation. A minimum of C is required in all courses. Students receiving an F in any course are eligible to repeat that course only once. Failure to pass a repeated course with a grade of C or better is grounds for dismissal. The student must also have adhered to all UMHS rules and regulations and be current with all financial obligations.

Clinical Science Program–Satisfactory Academic Progress

Progress in the Clinical Science Program is considered satisfactory if the student has passed the USMLE Step 1 and Step 2 CK. Please note that the CS was discontinued in January 2021. As a result, students must also go through ECFMG Pathways 3 or 6 and successfully complete all clinical rotations within the allotted time frames. The student must also have adhered to all UMHS rules and regulations, and remained current with all financial obligations.

All progression, probation, dismissal, suspension, and censure determinations are made by the Dean of the Basic Science or Clinical Science Division based on receipt of verifiable information from the Registrar's Office, Promotions and Appeals Committee, Grievance Committee, or any faculty. One of more of the following actions may be taken, as appropriate:

1. No progression in failed courses until the course(s) is/are successfully repeated.
2. Academic probation due to overall and or semester grade point average below a minimum 2.0 GPA.
3. Academic probation due to earned grade in a required course less than a minimum grade required for the program of enrollment.
4. Administrative probation due to violation of the profession conduct code.
5. Removal from probation.
6. Censure by written letter. Censure is defined as the finding that a student has committed an offense warranting discipline. It is a matter of record.
7. Suspension from UMHS.
8. Dismissal from UMHS.

The terms placed on the student's transcript for the appropriate semester might include "academic dismissal" and "academic suspension." Notations of "administrative probation," "placed on probation," "continued probation," and "good standing" may be placed in the student's permanent record. Specific academic criteria and the appeals process are outlined below and in the Student Handbook.

Academic Probation

A student who receives a failing grade in any course during the Basic Science Program will be placed on academic probation for the following term. If the student successfully passes the course(s) in the probationary term, and the student's cumulative GPA is 2.0 or greater, the probation designation will be lifted. However, any subsequent failure in a repeated course or during a probationary term will be considered grounds for academic dismissal. Any student with a cumulative grade point average below 2.0 will remain on academic probation until the student's GPA reaches or exceeds 2.0. During the Clinical Science portion of the curriculum, the student will be placed on probation if a failing grade is received in any required or elective rotation. A student who fails a repeated rotation or fails two rotations may be academically dismissed.

Criteria for Placement on Academic Probation

Any student who fails a course will be placed on academic probation and must repeat and pass that course during the following semester.

Any student who earns a GPA of less than 2.0 for a semester will be placed on probation.

Any student who is not able to complete the Basic Science Program within 153 attempted credits (150 percent of program) will be placed on probation.

Any student who is not able to complete Clinical Sciences Program (semesters 5 through 10) within 133 attempted clinical weeks (150 percent of program) will be placed on probation.

Any incoming student may be placed on academic probation by the Admissions Committee or the dean as a condition of their admission into the medical program.

Emergency Absence

An emergency absence is a temporary interruption in a student's education for a specific period of time. An approved emergency absence is generally no longer than two weeks. Students who fail to return from an approved leave within the designated timeframe will be administratively withdrawn from UMHS.

Unauthorized Leave of Absence

An unauthorized leave of absence is a leave that has not been approved by UMHS. In this case, UMHS reserves the right to administratively withdraw the student. Should that happen, the student must reapply to UMHS.

Non-Academic Dismissal

Violations of UMHS regulations, Code of Ethics, or legal expectations may constitute cause for dismissal. These types of violations will be adjudicated under the procedures outlined in the Student Handbook under “Non-Grade Grievances.” Such information will be listed on the academic transcript.

Academic Leave of Absence

An academic leave of absence is a temporary interruption in a student’s education for a specific period of time. An approved academic leave of absence may not exceed 180 days. Students may only take one leave of absence in a 12-month period.

Criteria for Dismissal from the Program

Students may be dismissed from UMHS for any of the following reasons:

- Failing three courses in the Basic Science Program
- Earning an F in two or more courses in the same semester
- Earning an F in the same course or rotation twice
- Earning an F in a course or rotation while on academic probation
- Failure to complete the Basic Science Program within 153 attempted credits (150 percent of the program)
- Failure to complete semesters 5 through 10 within 133 attempted clinical weeks (150 percent of the program)
- Failure to pass the USMLE Step 1 or Step 2 within four attempts

Withdrawals

Student Withdrawal

Students may withdraw from the University by obtaining a Withdrawal Form, available on the Student Portal or from the Registrar’s Office. The official withdrawal date is defined as the last date of attendance in a course or rotation. This date is commonly referred to as the Last Date of Attendance (LDA). The LDA is posted to the student’s transcript and reported to lenders. The date that the action is considered official by the Office of Registrar is commonly referred to as Date of Determination (DOD). Any loan originators will be notified of such a withdrawal, and the student will be responsible for any financial obligations resulting from the withdrawal. The last date for withdrawal with a grade of W during Basic Sciences is the Wednesday the week after Block 2 exams. If a student withdraws on or before this date, he/she receives a W for the course(s), which does not affect GPA, and does not place the student on academic probation (unless the student was already on academic probation for a prior failed course). If a student withdraws after this date, up to the Wednesday the week after Block 3 exams, they will receive either a WP or WF.

Administrative Withdrawal

UMHS may withdraw a student for failing to register for classes or rotations, for not meeting academic and exam program timelines, for not submitting requested documentation, for not meeting University Policies, or at the discretion of the provost, deans, or designee for conduct, behavior, or health issues. The effective date of withdrawal will be the last day the student attended classes. Any loan originators will be notified of such a withdrawal, and the student will be responsible for any financial obligations resulting from such a withdrawal.

Re-admission

Students may reapply to UMHS by completing an admissions application and indicating they were previously a student. The application should include a written statement explaining the circumstances leading to the withdrawal. Additional information, such as medical documentation, letters of support, etc., may be submitted to further explain the circumstances. If any other college or university was attended since the last enrollment at UMHS, official transcripts must be submitted along with the application. Students failing at the time of withdrawal from UMHS will have their applications reviewed by the Registrar’s office in New York and by the faculty Admissions Committee.

If a student has been withdrawn from UMHS for less than one year and is in otherwise good standing, they may reapply through the Registrar’s Office by completing a re-acceptance application and providing supporting documentation as requested.

Re-admission is solely at the discretion of UMHS, and re-admission is not guaranteed. Students who are readmitted to UMHS will be required to adhere to all tuition policies/rates and all academic policies that are in effect at the time of re-admittance.

Code of Ethics

The honorable profession of medicine requires students to behave appropriately at all times. Students must comply with professional standards of medicine, in both personal and professional aspects of life, in order to maintain a professional learning environment during enrollment at UMHS. Students are expected to function within the framework of the American Medical Students Association Code of Ethics, which is contained in the Student Handbook.

Liability Policies

Policy on Hazing: No student in attendance at UMHS shall conspire to engage in hazing, participate in hazing, or commit any act that causes, or is likely to cause, bodily danger, physical harm, or personal degradation or disgrace resulting in physical or mental harm, to any fellow student.

Violation of this policy may result in disciplinary action against the student who is alleged to have committed the act, as well as the student organization that allowed the act to be committed. Such acts may also violate the laws of St. Kitts and, as such, may result in criminal sanctions as well. As part of their registration process with UMHS St. Kitts campus, all students shall be required to submit an attested acknowledgment stating that they have been informed of the policy, understand its implications, and further agree not to engage in hazing activities.

Policy on Sexual Harassment: UMHS considers sexual harassment, in all its forms, to be a serious offense and one that is subject to a range of actions up to and including suspension or dismissal. Sexual harassment by students, faculty, or staff is a violation of UMHS policy and is prohibited under Title VII of the Civil Rights Act of 1964, as amended, and Title IX of the Education Amendments of 1972.

Policy on Alcohol and Drugs: The unlawful possession, use, or distribution of alcohol and/or illicit drugs on any institutional property is prohibited. Students who believe they have a drug or alcohol problem may contact a University counselor for a confidential assessment, counseling, or referral for treatment.

Disciplinary Actions

If a student's behavior necessitates disciplinary action, that student may be suspended or dismissed by the dean. Students have a right to appear before the grievance committee on issues that give rise to disciplinary action. The committee makes a final determination and provides its recommendation to the dean. This may occur due to academic or non-academic violations, including criminal action or failure to meet academic or ethical standards.

Suspended or dismissed students will receive written notification of the reason for such action. Suspended students will be informed of any available options for reinstatement. Dismissal decisions may be appealed. Suspensions or dismissals may affect student aid.

Grievance Policy

UMHS expects students, faculty, and administrators to be responsible for maintaining personal, professional, and institutional standards in order to bring a positive reflection upon themselves, the school, and the medical profession. To that end, faculty, students, and administrators are responsible for reporting any allegation to the dean. Such reports must be in writing (signed and dated by the person making the report or allegation), and should describe the nature and specifics of the alleged conduct and the code or standard believed to have been violated.

Violations of, but not limited to, the following may be reported:

1. Academic integrity and professional standards as set forth in the respective sections of the UMHS Student Handbook.
2. American Medical Students Association Code of Ethics and/or UMHS policies. If a hearing is requested, the hearing procedure in the Student Handbook will be followed.

It is the goal of UMHS that your time as a student be educational and enjoyable. If a student believes he or she has been treated unfairly or has a complaint, he or she should follow the procedures outlined in the Student Handbook. It is our commitment to all students that any concerns will be addressed in a timely manner.

Graduation Information

Graduation Ceremony

Formal commencement exercises are held once a year in New York City, typically in June at Alice Tully Hall, Lincoln Center. However, there are five graduation dates per year, which officially acknowledge graduation. All guests must have a ticket to attend the ceremony. Guest tickets and an itinerary for the ceremony will be sent out to graduating students in mid-May of their graduation year. For further details, refer to the graduation memo on the Student Portal.

Graduation Requirements

The following requirements must be met in order for a student to graduate from UMHS with an M.D.:

- Successfully complete all required Basic and Clinical Science courses with a minimum grade of C.
- Submit passing scores on the USMLE Step 1, Step 2 CK, and ECFMG Approval for Pathways 3 or 6. Please note that the USMLE Step 2 CS was discontinued in 2021. ECFMG subsequently established Pathways 3 or 6 as a substitute for the CS. As a result, to qualify for graduation, students must satisfy one of these Pathways.
- Maintain a minimum cumulative grade point average of 2.00.
- Ensure all required administrative documents are on file.

Diplomas will not be released unless all outstanding balances, administrative documents, clinical evaluations, scores from the USMLE Steps 1 and 2 CK, and ECFMG Pathways approval have been received and a final degree audit has been cleared by the Office of the Registrar.

Graduate Residency Training

Fourth-year UMHS students pursue post graduate residency positions in prestigious hospitals throughout the United States, Puerto Rico, and Canada. After graduating, students begin their internship year alongside their United States and Canadian counterparts as practicing Doctors of Medicine (M.D.) in numerous specialties and in diverse residency training programs.

Matching in a United States or Canadian Residency

Like students from U.S. medical schools, UMHS students apply for residencies through the National Residency Matching Program (NRMP) in order to obtain a position, or “Match,” in the United States. Canadian students have the option of applying to Caribbean Residency Matching Service (CaRMS) alternatively, or in addition to, the United States NRMP program.

Students prepare and submit applications to the Electronic Residency Application Service (ERAS) in the summer or fall prior to the match year in order to interview with prospective programs between September and January. Canadian students follow a similar schedule through CaRMS.

In February, students submit rank lists of their preferred programs to the NRMP and CaRMS. Similarly, programs submit lists of their preferred applicants. Both the NRMP and CaRMS then apply an algorithm to determine a match based on those preferences, releasing those results to students in March, prior to graduation.

Although students apply to residencies during their fourth year, in order to begin practice in a U.S. program, students must pass the USMLE Step 1 and Step 2 CK, satisfy the ECFMG Pathway 3 or 6, complete the UMHS clinical curriculum, and receive their diploma and Educational Commission for Foreign Medical Graduates (ECFMG) certification.

A certificate from ECFMG assures a foreign medical school and its students that they have achieved a comparable acumen to United States institutions and meet the standard expected from the United States residency programs.

Canadian students are also required to pass the MCCEE Medical Council of Canada Evaluating Examination (MCCEE) and the National Assessment Collaboration (NAC) examination in order to meet the requirements of most Canadian residency programs.

At UMHS

Facilities

Instructional Site Locations

Basic Science Program

St. Kitts Campus (Semesters 1–4)

Students complete the Basic Science Program at the UMHS campus in St. Kitts and learn from highly credentialed faculty recruited primarily from the United States. Here, teaching modalities range from classic lectures to learning in small group settings.

A compelling differentiator at UMHS is the access students have to a variety of clinical settings and relevant clinical material throughout the Basic Science Program, beginning in their first semester. For example, our 24-bed virtual hospital—equipped with the latest in human-computer simulation technology—gives students a platform to discuss medical issues in small teams, learn physical diagnosis, and develop clinical skills in a safe and standardized environment.

In addition to the virtual hospital, UMHS students have access to community health centers, local hospitals, and professional and real patients.

Clinical Science Program

Portland, Maine (Semester 5)

Clinical students transition to scenic Portland, Maine, in the United States, for their fifth semester. Maine was selected by UMHS because of its long tradition of providing quality healthcare and its demonstrated excellence in medical education. UMHS has developed a modern teaching facility that is strategically located within close proximity to several teaching hospitals, clinics, and housing. It contains a state-of-the-art classroom, skills laboratory, study area with computer connectivity, examination rooms, student lounge, and faculty offices.

The fifth semester consists of two required courses that include a USMLE review component through Kaplan Medical, which is considered one of the premier review programs in the United States.

The USMLE review provides additional support to ensure students have every opportunity to pass USMLE Step 1 with competitive scores. Students must pass USMLE Step 1 to progress to the sixth semester.

For a listing of course descriptions, please visit umhs.org/clinicalprogram.

Clinical Rotations (Semesters 5–10)

Students complete the Clinical Science Program in the United States and Canada. UMHS is affiliated with more than 20 teaching hospitals in New York, Connecticut, California, Georgia, Illinois, Michigan, Maryland, Oklahoma, Florida, Louisiana, Canada, and Puerto Rico. For a full listing of our affiliates and course descriptions, visit umhs.org/clinicalprogram.

St. Kitts Facilities

The fully networked campus is a cornerstone of a modern medical school. UMHS operates one of the newest and most technologically advanced campuses in the Caribbean, with facilities incorporating technology on the cutting-edge of healthcare instruction. Our students can access educational software, faculty presentations, and extensive online resource databases from virtually any location.

Auditorium

The innovative, 210-seat auditorium is equipped with 56" LED monitors, high-definition LCD projectors, an ELMO® presenter, Sympodium, and additional equipment designed to enhance the instructor's presentation.

Multipurpose Laboratories

Two modern, 100-seat multipurpose laboratories house cutting-edge technology, including audiovisual equipment, high-definition 55" LED monitors, ELMO® presenters, computers for presentations, Sympodiums, and projection microscopes. One of the laboratories is also equipped with a significant collection of anatomical models for student use.

Anatomy and Neuroanatomy Laboratories

Our 11,000-square-foot, state-of-the-art anatomy building contains both neuro and gross anatomy laboratories. The gross laboratory is furnished with approximately 20 dissection tables, and there is a 6:1 ratio of students to cadavers. A prosected cadaver is utilized for demonstration purposes and is viewed over 20 high-definition 55" LED monitors stationed at the end of each student's cadaver work table. Power poles are also placed at the end of each cadaver table for students who want to connect to our anatomical database on a laptop or tablet.

Human Simulation Laboratories

UMHS is a leader in the use of human simulation models. Our Human Simulation Laboratories are designed with the functionality and appearance of a hospital ward or clinic. We utilize a variety of both low- and high-fidelity simulators, including iStan®—the most advanced, realistic, wireless human simulator available today. It has the capability of providing jugular vein distention, bilateral chest movement, real breath, heart, and bowel sounds, and articulated motion.

Our most recent addition is Harvey, a cardiac simulator developed by the University of Miami. For nearly 50 years, Harvey has been a proven simulation system to teach bedside cardiac assessment skills that transfer to real patients. Next Generation Harvey® provides cardiopulmonary training for all healthcare providers. This full-size manikin realistically simulates nearly any cardiac disease at the touch of a button. New features include 20 additional patient scenarios—some with faster heart and respiratory rates—for a total of 50 conditions, 10 comprehensive standardized patient cases for teaching and assessment, and enhanced physical exam findings. Also new, additional bilateral arm pulses and laptop to support UMedic and future LLEAP integration.

Classrooms

There are smaller classrooms and break-out rooms throughout the campus, designed to offer closer interaction between faculty members and students for a more personalized educational experience. These spaces are used for small group instruction, seminars, group study, and problem-based learning sessions.

Library and Learning Resource Center

The Anne Ross Library and Learning Resource Center (LRC) is designed to provide students with an atmosphere for quiet study. The library houses an impressive collection of multimedia, books, and journals in both hard copy and electronic formats. It has break-out study rooms equipped with computers and audiovisual equipment.

All desks and individual study carrels in the library are laptop ready. The LRC houses more than 50 computers for student use. Library and LRC staff are available to assist students with research, information retrieval, and technology-based questions.

Campus Bookstore

The bookstore carries textbooks, study guides, diagnostic and surgical tools, and other essential items.

Café

The café is open throughout the day for meals, snacks, and refreshments. We also have a vendor on campus that offers a diverse variety of food.

Gym

Our full-service gym offers a variety of Life Fitness and Cybex machines, including treadmills, ellipticals, stationary bicycles, free weights, and more. We also constructed both a basketball court and soccer field on campus for student use.

Portland Maine Campus: Fifth Semester

Students return to scenic Portland, Maine in the United States for their fifth semester. The Portland facility is state of the art. The facility contains a skills laboratory, examination rooms, classrooms, a student lounge, and faculty offices. The UMHS campus is located in close proximity to several teaching hospitals, clinics, and housing in the Portland area.

Student Services and Campus Amenities

Campus Safety and Security

UMHS takes the safety and security of its students, faculty, and staff very seriously. There is a full-time security staff and security office on campus to assist students with any questions or concerns. Students are required to obtain a University identification card when they first register for classes. Students must show their identification card to enter the campus, and the card must be visible on the student at all times while on campus.

Island Safety

St. Kitts is a relatively safe island; however, we urge students to exercise normal precautions, as if they were visiting any large city. The people on the island are generally very welcoming and friendly. As with any country or region that suffers higher rates of poverty, crimes of opportunity do occur. Be aware of local surroundings and avoid opportunistic crimes by not leaving valuables unattended or doors unlocked. The University's full-time security force will come to a student's aid at any time of the day or night, and in any location on the island.

Medical Healthcare

The UMHS healthcare clinic is located on campus, and is staffed with a registered nurse who provides students, faculty, and staff with medical care or referral for additional medical services. St. Kitts has health clinics located throughout the island. The main hospital in St. Kitts is the Joseph N. France General Hospital in Basseterre, which is less than a two-minute drive from the campus.

Health Insurance Coverage

Every UMHS student is required to maintain health insurance coverage, as well as emergency evacuation insurance that is used to transport an ill student to the closest U.S. hospital. Students can opt out of the University medical insurance plan with proof of insurance. However, all students are required to have the University evacuation insurance.

Mental Healthcare

The mental health of UMHS students and faculty is of vital importance. The University takes several steps to ensure that students are taking preemptive measures to maintain their mental well-being. For immediate needs, a campus counselor is available to speak with and treat students. If a student's mental health issues cannot be resolved by the University, a referral to an appropriate mental healthcare provider will quickly occur.

Campus Support Services

Support services are provided to help counteract academic concerns, poor health, stress, or other problems that may negatively impact the educational process. Each student is assigned a faculty advisor to provide educational support and guidance when determining future career goals. The University also has a well-structured tutoring program in place for students that need additional academic help.

The promotions committee tracks each student throughout the semester and will identify students that are having academic difficulty. Students will be called into the Dean's office to address any issues and to develop an action plan to remediate any deficiencies. As a result of our early detection plan, we have been able to maintain an extremely low attrition rate of four percent. In addition, the faculty at UMHS are fully dedicated to the success of our students and have daily office hours to meet with students that have questions and concerns. After each block, students with academic issues meet with their respective faculty for counseling and advice and to develop an action plan, which can also include a referral to our learning specialist.

Technology Support

The UMHS campus has an advanced computer and communications network that is managed by the Information and Technology Services (ITS) Department. The ITS Department is composed of professionally trained, experienced, and dedicated staff members who are focused on providing responsive support.

This team supports the University hardware, software, peripherals, shared database systems, and multimedia equipment. The ITS Department provides all students with access to the Wi-Fi network and a UMHS email account.

Disability Accommodations

UMHS attempts to provide reasonable accommodations to students with disabilities. The University strives to enable students with disabilities to assist themselves in achieving their educational goals and enhancing their leadership development through participation in the facets of campus life.

Students with disabilities may be required to provide documentation of the disability. The cost of assessment and documentation is the student's responsibility. Assessment services may not be available in St. Kitts and may need to be procured in the United States or Canada.

Residential Life

The UMHS campus has a vibrant atmosphere, evoking a collegial environment. The students, faculty, and staff members are all dedicated to medical education.

Housing

All student housing in St. Kitts is off campus and is made up of various options located throughout the island. There is a wide variety of housing to satisfy any student's need. Housing stock includes apartments, houses, hotels, and dorm-like facilities. There are many housing options within walking distance to campus. The University's bus service shuttles students to and from campus for those that live outside of walking distance. The University Housing Department assists students in locating and securing appropriate housing accommodations. The Housing Department maintains an online database of housing accommodations to fit every need and budget.

For more details on student housing, visit umhs-sk.org/housing.

Transportation

Students can opt to purchase or rent a vehicle while they are in St. Kitts. The university has also contracted with local bus companies to provide transportation to students that live a distance from campus. In addition, students can always choose to utilize the local taxi and bus service on the island to get to locations not related to the university.

Faculty Availability

The faculty are on campus every day and maintain open office hours to support students. Each student is assigned a faculty advisor to assist them throughout the course of the semester. Students encountering academic difficulties are required to meet with their respective faculty advisor, as well as the Dean of Basic Science, to develop an action plan to address any deficiencies. UMHS faculty and administrators are dedicated to student success and are relentless in their mission to provide students with the tools, resources, and education to succeed. Students encountering academic issues are required to meet with their respective faculty after each block examination.

Campus Access

Campus facilities, including classrooms, breakout rooms, the library, and the Learning Resource Center are all open weekdays from 7 AM to 11 PM, and have reduced hours on the weekends. In the evening hours, most of the campus is open for student access. The student lounge is open 24 hours a day. It contains student refrigerators, microwaves, vending machines, student lockers, and comfortable seating.

Student Orientation

Students coming to UMHS for the first time are required to attend New Student Orientation. This occurs several days prior to class registration. New Student Orientation gives students an opportunity to meet fellow classmates as well as learn about the campus, the various student services offered, and the diverse island life of St. Kitts.

White Coat Ceremony

First-semester students are welcomed into their medical education at the White Coat Ceremony. The ceremony includes a formal cloaking of students in their white coats to signify their journey toward a medical career. Students should have a short white lab coat to put on during the ceremony.

Organizations and Clubs

The University of Medicine and Health Sciences supports a variety of campus organizations and clubs including a Student Government Association (SGA) and a chapter of the American Medical Student Association (AMSA). Student Government is made up of elected representatives from each of the classes in St. Kitts. They are the voice of the student body and actively liaison with senior administrators and faculty throughout the semester. They are also involved in coordinating several student functions, including the Welcome Back Party and the senior banquet. For additional details on organizations and clubs, see page 71.

Student Body

The student body at the University of Medicine and Health Sciences is extremely diverse—with many ages, ethnic and socioeconomic backgrounds, genders, and religious beliefs represented. Students are primarily from the United States, Canada, and Puerto Rico. Everyone, however, shares at least one thing in common—the desire to become a licensed and practicing physician. By dedicating themselves to this purpose, students find themselves in a supportive, rewarding, and enriching peer group of likeminded people.

On weekdays, UMHS students are in class for most of the day, and then will typically study until 10 or 11 pm. However, on weekends, our students do spend time enjoying the natural beauty of St. Kitts, the vibrant island nightlife, and the unique opportunity to live and study in another culture.

Useful Info for Living in St. Kitts

Campus Life

The University of Medicine and Health Sciences' campus has a vibrant atmosphere, evoking a collegial environment. The students, faculty, and staff are all dedicated to medical education. Faculty maintain open office hours throughout the day to support students. Campus facilities, such as the library and Learning Resource Center, are open seven days a week. Most of the campus is open from 7 AM to 11 PM, Monday through Friday, with reduced hours on the weekends. Transportation is provided throughout the daytime and evening hours to shuttle students that live outside of the campus area.

Local Amenities

St. Kitts offers many of the same amenities and luxuries that can be had within the U.S. There are supermarkets, high-end restaurants, nightclubs, laundromats, banks, and even a movie theater. Public transportation is widespread, with buses and taxis operating throughout the island.

Weather

Although hot and tropical, St. Kitts weather is tempered by Caribbean trade winds throughout the majority of the year. Temperatures usually range between 78 and 88 degrees Fahrenheit throughout the year. January to April is the driest period of the year. Rainfall increases during the summer and near the end of the year. The average annual rainfall is about 50–80 inches per year. Hurricane season runs from August through October.

St. Kitts Community

St. Kitts and her sister island, Nevis, compose the Federation of St. Christopher and Nevis. St. Kitts has become the commonly used name for St. Christopher, and the people of St. Kitts are called Kittitians. English is the primary language, although Kittitians often speak a dialect called Patois.

Government

The Federation of St. Christopher and Nevis is a member of the British Commonwealth of Nations. The British monarch is recognized as the head of state. The country became autonomous in 1967 and is led by a prime minister. The capital of St. Kitts is Basseterre.

Economy

The economy of St. Kitts traditionally was focused on sugarcane production. In recent years, tourism, export-oriented manufacturing, and offshore banking have become the primary businesses.

Amenities

St. Kitts offers many Western-style amenities, including resort hotels, excellent restaurants, a movie theater, taxi services, supermarkets, high-end stores for shopping, and houses of worship for a variety of religious beliefs.

Time

The time observed is Atlantic Standard Time, which is one hour ahead of Eastern Standard Time. Daylight Saving Time is not observed.

Currency and Banking

The official currency in St. Kitts is the Eastern Caribbean Dollar (EC). The conversion rate is approximately \$2.70 E.C. for \$1.00 U.S. Bank branches are easily found in Basseterre, the capital of St. Kitts. Each bank provides 24-hour ATM services, and cash distributed by ATMs is in EC dollars. The UMHS on-campus ATM is affiliated with the Royal Bank of Canada.

Electricity

The electricity in St. Kitts is 220 volts/60 cycles. American electricity is 110 volts/60 cycles. While many apartments use 110 volts, students may need converters for use with American appliances in off-campus apartments. Students should contact the UMHS Housing Department prior to arriving in St. Kitts to verify the voltage of their apartment. Electricity on the UMHS campus is 110 volts/60 cycles.

Supermarkets

St. Kitts has supermarkets that are similar to smaller markets in the U.S. or Canada. There is a farmer's market open most Saturdays in Basseterre. There is also a fish market in Basseterre that sells daily fresh catches.

Communications

When students arrive for orientation prior to first semester, the Welcoming Committee will explain telephone options. Cable and Wireless St. Kitts & Nevis, Ltd. provides the only phone cards that work in St. Kitts. Each student is given an island phone with a local phone card during orientation.

For calls to family and friends back home, some students use a Voice Over Internet Protocol (VoIP) service such as Vonage. In addition, there are computer-to-computer internet telephone services such as Skype, which allow you to place calls at no cost to other users.

Local Travel

In St. Kitts, everyone drives on the left side of the road. Road conditions in St. Kitts are significantly different than those in the U.S. or Canada. While roads are well paved, they may be narrow and poorly marked. Drivers often stop on the road to visit with other drivers, blocking at least one lane of traffic. When a driver honks a car horn, it is a common form of greeting, not a warning.

Public transportation consists of buses and taxis. Because of the road conditions, the use of a motorcycle or scooter is not recommended.

Additional Resources

We urge students to visit the following websites to get a better perspective on why St. Kitts is an amazing place to live:

<https://www.stkittstourism.kn/>

https://en.wikipedia.org/wiki/Saint_Kitts_and_Nevis

Organizations and Clubs

UMHS has a vibrant body of student-run clubs and organizations that reflect the diversity of our student population.

Student Government Association (SGA)

The Student Government Association is a student-elected organization that acts as the liaison between the school administration and the student body. The electoral board consists of 10 class representatives and five executive board members. Each semester, the SGA organizes celebratory student events, such as the Welcome Back Party, mid-semester Sunfest Beach Party, and the Student Clinician Ceremony.

American Medical Student Association (AMSA)

The American Medical Student Association (AMSA) is the oldest and largest independent student-governed organization for physicians-in-training in the U.S. AMSA is composed of medical and premedical students, interns, residents, and practicing physicians from across the world. AMSA is committed to representing the concerns of physicians-in-training and improving the lives of medical students. AMSA's aspirations are: quality, affordable healthcare for all, global health equity, enriching medicine through diversity, professional integrity, development, and student well-being. AMSA is a place where you, as a student, can have a voice for the things that matter to you and your future patients. You can be an advocate for the change you believe in. It helps you remember why you wanted to be a physician. On campus, the UMHS AMSA chapter strives to accomplish AMSA's goals through different programs including running simulation labs and organizing student-led health fairs for the community.

For more information, please visit amsa.org.

American Medical Women's Association (AMWA)

The American Medical Women's Association (AMWA) is composed of physicians, residents, medical students, and healthcare professionals. They are dedicated to advancing women in medicine and improving women's health. AMWA empowers women by developing leadership, advocacy, education, expertise, mentoring, and strategic alliances at the local, national, and international levels. On campus, UMHS' AMWA chapter aims to achieve these goals with a variety of programs such as bringing in guest speakers and organizing panel events, self-defense classes, simulation labs, interactive clinical case studies, fundraisers for local charities, and events that promote awareness of various women's health issues.

For more information please visit facebook.com/amwaatumhs or amwa-doc.org.

Middle Eastern Medical Student Association (MEMSA)

The Middle Eastern Medical Student Association (MEMSA) at UMHS is a student organization providing insight into Middle Eastern culture, while also organizing philanthropic events to give back to the local St. Kitts community. Along with philanthropy, the group plans to hold events promoting Middle Eastern culture through the serving of popular Middle Eastern dishes and exploring cultural hobbies.

African Student Association (ASA)

The ASA is a cultural group that is not exclusive to African students. ASA encourages participation by members of other races and ethnic backgrounds, for the purpose of uniting and promoting awareness of African cultures and health issues in the African community and the world around us.

UMHS Sports Club

The UMHS Sports Club creates an easy channel for UMHS students to partake in organized sports such as soccer, volleyball, softball, flag football, basketball, and ultimate frisbee, as well as more obscure sports, such as scuba diving. Weekends usually consist of volleyball leagues and softball games, which are friendly and open to all skill levels.

Religious and Cultural Organizations

Religious and cultural organizations are welcomed at UMHS. Their purpose is to support the diverse spiritual needs of the student body and to promote experiences for cultural growth.

Sports and Recreation

An exotic paradise, St. Kitts is distinguished by breathtaking natural beauty. Boasting crystalline waters, soft sandy beaches, untouched ecosystems, tropical rainforests, and a spectacular dormant volcano, St. Kitts offers something for everyone.

Sports

The welcoming climate provides for a wide range of outdoor fun, including many water-based activities such as snorkeling, scuba diving, and sailing. Students are encouraged to take advantage of the various activities on the island, including golf, basketball, tennis, jogging, soccer, volleyball, flag football, and other outdoor sports. The University actively endorses intercollegiate sporting events between the other universities in St. Kitts.

Hiking, Climbing, and Zip-lining

St. Kitts is also a perfect setting for outdoor adventure activities such as hiking. The trails are beautiful and range in difficulty from easy to extreme. The rainforest hikes are exceptional, allowing hikers to experience a wide assortment of flora and fauna. Other hikes include trails to a variety of waterfalls, caves, and even a volcanic crater.

Zip-lining is another popular activity on St. Kitts, especially for those with a penchant for adventure. You can ride a series of zip-lines that traverse hundreds of feet above various canyons and tropical rainforests, experiencing all of the beauty of St. Kitts' exotic scenery. It's a must-do activity for all visitors to the island. See more here: skysafaristkitts.com.

Brimstone Hill

If you are a history buff, Brimstone Hill is definitely worth visiting. Dating back to the seventeenth century, when the French first placed a cannon on the strategically advantageous location, the fort has changed hands several times between British and French forces over the years. At 972 feet high, Brimstone Hill is also a great spot to bring your camera and enjoy the sweeping Caribbean views!

Botanical Gardens

The Botanical Gardens are also a must-visit, hosting an incredible variety of tropical plants, including various palm species and exotic trees from Africa. Don't forget to stop at the Caribelle Batik Store while you're there, and enjoy a live demonstration on the batik process. A beautiful and exotic clothing style, batik uses wax to create unique clothing patterns that will be a great addition to your Caribbean wardrobe. For further information, please visit: caribellebatikstkitts.com.

UMHS On-campus Gym

The University recently developed a gym that is equipped with a full range of cardio and weight-training gear including treadmills, ellipticals, bikes, Cybex machines, free weights, and more. The facility is open throughout the day and evening, and is maintained by a staff of professionals who are available to assist students. A variety of exercise classes are held throughout the day. The University also has on campus a basketball court and a well maintained soccer field for student use.

Recreation

The island of St. Kitts offers a diversity of culture and a treasure-trove of historic sites to explore. Sightseeing might include small towns that highlight colonial architecture, stately plantation homes, as well as quaint local shops. Special annual events feature a colorful carnival and a music festival. Special events are often held at the 10,000-seat stadium built for the 2007 World Cup Cricket Games.

Licensure and Accreditation

Licensure

To graduate from the University of Medicine and Health Sciences (UMHS) with a Doctor of Medicine (M.D.) degree, UMHS students must successfully pass both Step 1 and Step 2 of the United States Licensing Examinations (USMLE) and obtain ECFMG approval for either Pathway 3 or 6. To practice medicine in the United States, UMHS graduates must successfully pass all three steps of the United States Licensing Examinations (USMLE) and be certified by the Educational Commission for Foreign Medical Graduates (ECFMG).

Beginning in the first semester, we integrate Kaplan review materials throughout the Basic Sciences, culminating with a live fifth semester USMLE review at our Maine Campus. Our comprehensive approach ensures students success on Step 1. We also provide access to all of our students AMBOSS, another premier review program for Step 1 and 2 CK.

Each state regulates medical licensure in the United States. Because these standards vary by state, we urge students to contact their state medical board for further information about licensure.

United States Licensing Examinations (USMLE)

Three tests comprise the USMLE, and they assess a physician's ability to apply knowledge, concepts, and principles, as well as to demonstrate fundamental patient-centered skills that constitute the basis of safe and effective patient care.

USMLE Step 1

Assesses whether medical school students understand and can apply important concepts of the basic sciences to the practice of medicine. Students sit for this examination immediately after they have completed the fifth semester in Portland, Maine.

Step 2 CK, CS, and Pathways

Assesses whether medical school students can apply medical knowledge, skills, and understanding of clinical science essential for the provision of patient care under supervision. Students typically sit for these examinations after they have completed the core rotations. Students must first pass the CCSE to qualify for Step 2 CK. The Step 2 CS exam was replaced in 2021 with Pathway 3 and 6 established by ECFMG.

USMLE Step 3

Assesses whether medical school graduates can apply medical knowledge, skills, and understanding of biomedical and clinical science essential for the unsupervised practice of medicine. Students sit for this examination after graduating from UMHS.

Education Commission for Foreign Medical Graduates (ECFMG) Certification

Students graduating from international and Caribbean medical schools must be certified by the Education Commission for Foreign Medical Graduates (ECFMG) in order to gain residency and licensure in the U.S. All UMHS students receive ECFMG certification by successfully graduating from our M.D. program, passing USMLE Steps 1 and 2 CK, and obtaining Pathway 3 or 6 approval. There is no additional certification exam on the students' part prior to graduation.

Residency Positions

Residency programs begin annually on July 1. In order to be eligible, students must have the following prior to May 31 of the Match year.

1. Passing scores on the USMLE Step 1 and USMLE Step 2 CK. The USMLE Step 2 CS was replaced in 2021 with Pathways 3 and 6 established by ECFMG.
2. Diploma from UMHS
3. ECFMG certificate

When applying for residency positions, deadlines are critical. Most residency programs accept applications from September to December for entry the following July. Students apply through the Electronic Residency Application Service (ERAS), beginning in the summer prior to the match. Interviews are generally conducted from September to January.

The best way to become familiar with residency programs and their respective locations is to obtain a copy of the *American Medical Association (AMA) Graduate Medical Education Directory*, also known as the “green book,” a resource available online. The guide lists programs accredited by the Accreditation Council for Graduate Medical Education (ACGME).

Graduate Residency Training

Fourth-year UMHS students pursue post-graduate residency positions in prestigious hospitals throughout the United States and Canada. After graduating, students begin their internship year alongside their United States counterparts as practicing Doctors of Medicine (M.D.) in numerous specialties and in diverse residency training programs.

Resources

USMLE SECRETARIAT
3750 Market Street
Philadelphia, PA 19104-3190
Telephone: 215-590-9700
FAX: 215-590-9457
<http://www.usmle.org/>

AMERICAN MEDICAL ASSOCIATION
515 N. State Street
Chicago, IL 60610
312-464-5000
<http://www.ama-assn.org/ama>

ECFMG
3624 Market Street
Philadelphia, PA 19104-2685 USA
<http://www.ecfmg.org/index.html>

NATIONAL RESIDENT MATCH PROGRAM
2540 N Street, N.W., Suite 1
Washington, D.C. 20037-1037
202-828-0566
<http://www.nrmp.org/>

Accreditation

UMHS students are eligible to sit for the United States Medical Licensing Examinations as a result of the listing in the World Federation of Medical Education's World Directory of Medical Schools.

Accreditations and Approvals

In addition to having been granted five-year accreditations in 2012 and 2017 from the Accreditation Board of St. Kitts and Nevis, the University of Medicine and Health Sciences (UMHS) also has a full accreditation from the Accreditation Commission on Colleges of Medicine (ACCM), an internationally recognized accrediting body that follows the Liaison Committee of Medical Education's (LCME) Standards for Accreditation. The LCME is empowered by the U.S. Department of Education as the accreditor of U.S. and Canadian medical schools.

ACCM is approved by the National Committee on Foreign Medical Education and Accreditation (NCFMEA). The NCFMEA is empowered by the U.S. Department of Education to review written and applied accreditation standards for medical schools outside of North America. ACCM is approved by NCFMEA and is recognized as having standards comparable to those utilized in the U.S.

If a student has submitted a complaint to UMHS through the Student Portal Complaint Box, which indicates that UMHS has been non-compliant with ACCM accreditation standards and does not feel that UMHS fairly resolved the problem, they may contact ACCM at office@accredmed.org or on their website (<http://www.accredmed.org/complaints-policy>).

Complaints must be submitted in writing, giving as much detail as possible of the matter in question. ACCM will not intervene in internal matters such as admissions, appointments, promotions, or dismissals. Anonymous complaints will not be considered.

The identity of a complainant is kept confidential insofar as possible, although there may be circumstances in which confidentiality cannot be maintained. In this case, the complainant will be asked to sign an authorization to release any relevant documentation or information as required. For more details on ACCM's procedure for handling complaints about educational program quality, please write to the ACCM Secretariat.

ACCM Secretariat
131 Belmont, Southern Cross Road, Bray, Co. Wicklow, Ireland
Phone: +353-87-238 8502
Email: office@accredmed.org
Website: www.accredmed.org

UMHS understands the importance of having its programs accredited so that our students may be eligible to sit for the United States Medical Licensing Examinations (USMLE) and apply for certification from the Educational Commission for Foreign Medical Graduates (ECFMG). This certification is required for international and Caribbean medical school graduates to obtain residencies and licensing to practice medicine in the United States.

St. Kitts Accreditation

An important first step for ECFMG is to be accredited in the country in which the school is located. UMHS was granted full five-year accreditations by the St. Christopher and Nevis Accreditation Board, an arm of the Ministry of Education, in both 2012 and 2017. The university was recently approved for another 5 years.

World Directory of Medical Schools

The next step is for the school to be listed in the World Directory of the World Federation of Medical Education. UMHS received this listing in June 2008.

As a result of the World Directory listing and our accreditation, students at UMHS are eligible to sit for the United States Medical Licensing Examinations. Graduates who have successfully passed USMLE Step 1 and Step 2 CK and obtained a Pathways 3 or 6 Approval are eligible for ECFMG certification. USMLE Step 3 is taken after graduation. In 2021, the CS was eliminated and replaced by Pathway 3 and 6 established by ECFMG.

USMLE Step 1 and Step 2 CK and CS

Graduates who have successfully completed the UMHS program and have passed the USMLE Step 1 and Step 2 CK and obtained a Pathways 3 or 6 Approval are eligible to apply for Educational Commission for Foreign Medical Graduates (ECFMG) certification, which is required to obtain a residency in the United States. We recommend that students visit efcmg.org for further information about certification. Please note that in 2021, the CS was eliminated and replaced by Pathway 3 and 6 established by ECFMG.

USMLE Step 3

Step 3 of the USMLE is taken after graduation. To be eligible for licensure, graduates must have successfully passed all three steps of the USMLE and satisfied the specific state requirements. Since licensure requirements vary by state, we urge all students to contact their licensure board, or boards, for further details.

Caribbean Medical School Accreditation

In August 2007, the WHO and the University of Copenhagen signed an agreement, which gave the University responsibility for the development and administration of new global directories for the academic health professions with the assistance of the World Federation for Medical Education (WFME), which has a long-standing collaboration with WHO. WHO will continue its involvement together with other partners. The World Directory of Medical Schools has been developed through a partnership between the World Federation of Medical Education (WFME) and the Foundation for Advancement of International Medication Education and Research (FAIMER). The World Directory is a comprehensive compilation of the information previously contained in the ECFMG's IMED and Avicenna directories.

State Approvals

In addition to accreditation, there are a small number of U.S. states that have provisions for approving foreign medical schools. Gaining state approvals enhances the reputation of the university, provides further opportunities to expand the clinical program, and substantially increases residency opportunities, which positively impacts both our students and graduates.

This approval allows our University to continue to conduct clinical programs in Georgia and Florida. Consequently, our students will be eligible for unlimited clinical rotations, residency selection, and licensure in the states of Georgia and Florida.

Georgia

In order to qualify for an approval, the University had to provide a significant amount of documentation including both a database of outcome information as well as a self-study. The review was very rigorous and demanding. In 2014, the University received a conditional approval after receiving a positive response from a site visit to the University. A subsequent follow-up site visit occurred in January 2015, resulting in a full approval of the University.

As a result of our approval, the university has affiliated with several teaching hospitals in Georgia where students can complete their core and elective clinical rotations. A significant number of our graduates remain in Georgia, where they subsequently have obtained a residency and ultimately licensure.

Florida

UMHS is licensed by the Commission for Independent Education, Florida Department of Education. Additional information regarding this institution may be obtained by contacting the Commission for Independent Education, Department of Education, 325 West Gaines Street, Suite 1414, Tallahassee, FL 32399-0400, toll-free telephone number (888) 224-6684.

Statement of Legal Control: University of Medicine and Health Sciences Limited Corporation is registered with the Florida Department of State as a foreign profit corporation doing business as University of Medicine and Health Sciences.

California

UMHS is approved in California. As a result, all current and future UMHS students qualify for clinical rotations, residencies and licensure in California. Our goal is to make California a regional clinical center with multiple affiliations offering a full complement of core and elective rotations. As a result of our approval, we now have an affiliation with a teaching hospital in California.

New York

UMHS has applied to New York for state approval. We are now in queue for a future site visit and hope to be reviewed in 2024.

Additional Information

Educational Commission for Foreign Medical Graduates (ECFMG®)

The Educational Commission for Foreign Medical Graduates (ECFMG®) assesses the readiness of international medical graduates to enter residency or fellowship programs in the United States that are accredited by the Accreditation Council for Graduate Medical Education (ACGME).

To become ECFMG certified, UMHS students and graduates, like all international medical school students and graduates, must register with ECFMG to take the USMLE Steps 1, 2, and 3. Graduates must also provide their international medical school transcripts. ECFMG® verifies that the international medical school is listed in the World Federation of Medical Education's World Directory of Medical Schools.

Foundation for the Advancement of International Medical Education and Research (FAIMER)

Foundation for the Advancement of International Medical Education and Research (FAIMER) is a non-profit foundation committed to improving world health through education. FAIMER was established in 2000 by the Educational Commission for Foreign Medical Graduates (ECFMG®). In partnership with ECFMG®, FAIMER promotes excellence in international health professions education through programmatic and research activities.

ECFMG Certification

Students graduating from UMHS and all other international and Caribbean medical schools must be certified by the Education Commission for Foreign Medical Graduates (ECFMG®) to sit for the USMLE. This certification is required for residency and licensure in the United States.

ECFMG® Overview

ECFMG® assesses the readiness of international medical graduates to enter residency or fellowship programs in the United States that are accredited by the Accreditation Council for Graduate Medical Education (ACGME). To become ECFMG® certified, UMHS students and graduates, like all international medical school students and graduates, must register with ECFMG® to take the USMLE Steps 1, 2, and 3. Graduates must also provide their international medical school transcripts. ECFMG verifies that the international medical school is listed with the World Directory of Medical Schools.

A medical school is listed in the World Directory of Medical Schools after the World Federation for Medical Education (WFME) receives confirmation from the Ministry of Health or other appropriate agency that the Ministry or agency has recognized that school.

United States Medical Licensing Examination (USMLE)

UMHS Medical students are required to pass the USMLE exams in order to become licensed in the United States. These exams assess a physician's ability to apply knowledge, concepts, and principles, and to demonstrate fundamental patient-centered skills that are important in health and disease and that constitute the basis of safe and effective patient care.

Three-step Process

Three tests comprise the USMLE. The exams are administered throughout the medical education process and include Step 1, Step 2 (CK), and Step 3. Each of the three steps of the USMLE complements the others. No single step score can stand alone in the assessment of readiness for medical licensure with regards to safe and effective patient care. Please visit www.usmle.org for more information.

USMLE Step 1:

The USMLE Step 1 is taken prior to semester six at UMHS. This examination assesses whether medical school students understand and can apply important concepts of the sciences basic to the practice of medicine.

USMLE Step 2 CK:

The USMLE Step 2 CK is taken prior to graduation from UMHS. This test assesses whether medical school students can apply medical knowledge, skills, and understanding of clinical science essential for provision of patient care under supervision. In 2021, ECFMG discontinued the Step 2 CS examination and replaced it with Pathway 3 and 6.

USMLE Step 3:

The USMLE Step 3 is taken prior to the completion of residency training. This examination assesses whether medical school graduates can apply medical knowledge, skills, and understanding of biomedical and clinical science essential for the unsupervised practice of medicine.

UMHS Success

UMHS students have performed exceptionally well on USMLE examinations for the following reasons:

1. Development of comprehensive Basic and Clinical Science Programs modeled after the U.S. programs.
2. UMHS has incorporated into the curriculum the use of shelf examinations developed by the National Board of Examiners. These exams, which are developed for all the core clinical clerkships and basic science courses, are made up of exam questions that mimic the USMLE. Virtually every U.S. medical school utilizes these examinations.
3. UMHS is one of the only foreign medical schools to offer a comprehensive review program for Step 1 and Step 2 through Kaplan Medical.

USMLE Review with Kaplan Medical

We understand how important it is for students to perform well on both Step 1 and 2 CK of the USMLE and want to provide all the resources necessary to ensure your success. To be competitive in the match, students must pass both of the first two steps on the first attempt and obtain the highest score possible. Kaplan has played a key role in preparing our students for Step 1 with a seven-week comprehensive review program in Maine.

In 2016, UMHS partnered with Kaplan Medical to also provide a comprehensive review program for Step 2 CK. All students can be enrolled in this program once they successfully pass Step 1. This gives our students the competitive edge they need to ensure a high first-time pass rate and exceptional scores.

AMBOSS:

UMHS is also affiliated with AMBOSS, one of the premier USMLE review programs for USMLE Step 1 and 2 CK. All UMHS students have full access to their materials, including a comprehensive question bank of USMLE-style questions and content.

Program Descriptions:

Step 2 CK On-demand:

Prep around your busy clinical schedule with Kaplan's convenient online prep program, which provides on-demand internet access to over 115 hours of online video lectures delivered by Kaplan's expert faculty. This online course includes 24/7 access to our full Step 2 CK video library with a menu that allows you to create a personalized study plan to customize your prep. It includes Kaplan's new Lecture Notes and Assessment Tests, as well as Ebook lecture notes.

Step 2 CK Qbank:

Featuring over 2,000 exam-like practice questions, this program includes one diagnostic test, and two full-length simulated exams, all written by master faculty and reviewed by high-scorers. Detailed explanations and ReKap summaries are included, plus, expert support from our academic team via email.

Kaplan Medical Review Program:

We now offer all UMHS Basic Science students access to the new Kaplan Integrated Plan. We are one of the first offshore medical schools to offer this package to students in the Basic Sciences, allowing students to get a jump-start on preparing for USMLE Step 1. UMHS students no longer have to wait until the fifth semester in Maine to access these valuable resources. The information will also be useful as an additional resource with content and videos which correspond to each of the Basic Science courses taken in St. Kitts.

The Kaplan Medical Review Program contains the following:

- Over 2,100 newly updated USMLE-type questions
- Full explanations and "ReKap" summaries for all questions
- Streamlined user experience with progress reports
- Simple test creation and test-like interface
- Customized study plan structured around your performance
- 26 mastery assessments
- 40–70 hours of online interactive videos
- One diagnostic exam
- Two full-length simulated exams
- Mobile-friendly and available in the Kaplan App

Admissions

Admissions Process

Admissions Requirements

Prospective applicants to UMHS must meet the minimum requirements for admission outlined below. Applicants are expected to have completed a minimum of three years of study (90 semester credits) at an accredited college or university. However, it is highly recommended that applicants earn a bachelor's degree prior to matriculating at UMHS. Applicants must have successfully completed the following undergraduate prerequisite courses:

PREREQUISITES	DURATION
Inorganic or General Chemistry (with Labs)	One Year
Organic Chemistry (with Labs)*	One Year
General Biology or Zoology (with Labs)	One Year
Physics (with Lab)	One Semester
English	One Year
College-level Mathematics (Preferably Calculus or Statistics)	One Semester

*Applicants may substitute one semester of Biochemistry for Organic Chemistry II if this is the prescribed pre-medical chemistry sequence at their college or university. It is recommended that additional advanced science courses such as Genetics, Anatomy, Physiology, and Biochemistry be taken, as well. High school advanced placement courses are considered on a per-case basis and may meet prerequisite requirements.

Application Checklist

Begin the process by completing our online application for admission. All required supporting credentials and documentation must be received by the UMHS Office of Admissions in order to initiate an application review.

A completed file consists of:

1. Completed online application
2. \$75 nonrefundable application fee (waived for AMCAS applicants)
3. Signed application certification form
4. Official transcripts from all institutions attended
5. MCAT score results (if applicable)
6. Pre-Health Advisory Committee letter or two individual letters of recommendation
7. Any other supporting credentials specifically requested by the Office of Admissions

Students must complete the application online, and then, order all letters of recommendation and official transcripts to be sent to the UMHS North American Administrative Office:

University of Medicine and Health Sciences (UMHS)

North American Administrative Office
275 7th Ave, 26th Floor
New York, NY 10001

Required Documents and Fees

Application Fee

Applicants must submit a \$75 application fee (waived for students choosing to submit their AMCAS). The fee may be paid online or by sending a check or money order to the UMHS North American Administrative Office. This fee is nonrefundable.

Application Certification Form

Upon submission of the online application for admission, confirmation of receipt will be provided to the applicant via email. Included will be further instructions for completing the application file in addition to a certification form, which must be signed by the applicant and returned to the Office of Admissions.

Open-ended Questions and Personal Statement

Included in the online application are several short-answer questions and a space to write a personal statement. These are an important component of the overall application and will be evaluated closely by our admissions committee when weighing students' potential for candidacy.

Official Transcripts

Applicants should request official transcripts from all previously attended colleges and universities. Unofficial transcripts provided by the applicant will be accepted only for the purposes of an initial evaluation. In cases where the college/university attended is outside of North America, an official evaluation performed by a NACES-approved evaluation agency must be submitted, as well.

MCAT Scores

The Medical College Admission Test (MCAT) is required for all U.S. citizens, permanent residents, and those who completed their undergraduate education in the U.S. Applicants must submit results of all MCAT attempts with their application. While not required for non-U.S. citizens, the MCAT is strongly recommended for all applicants, specifically, those who are Canadian citizens or residents. The best way to submit your MCAT score is to upload a screenshot of your scores in the document upload section of the online application. You may also print your scores and mail them to our New York office or email them admissions@umhs-sk.net. Questions about the MCAT, including applications, test dates, and testing locations should be directed to:

Medical College Admissions Test Registration

The American College Testing Program

P.O. Box 414

Iowa City, IA 52243

Phone: 319-337-1276

Letters of Recommendation

It is preferred that applicants who have completed their pre-medical coursework at a college or university where there is a Pre-Professional Advisory Committee submit a letter of recommendation from that committee. Applicants who have attended a school at which there is no Pre-Professional Advisory Committee must have at least two letters of recommendation from faculty members at their university. One of these letters should be from a faculty member in the department of the applicant's major, and the other should be from a science faculty member. Applicants are encouraged to submit one or two additional letters of recommendation from individuals with whom they have worked closely. These can be from faculty, employers, research mentors, or volunteer directors. Letters of recommendation in support of a UMHS applicant should be printed on appropriate letterhead, signed, and sent by mail to the UMHS North American Administrative Office. Letters of recommendation may be submitted via email by the recommender, but should be in PDF format on appropriate letterhead with a signature.

Application File Review

Preliminary Evaluation

After you have completed the online application and all of your supporting documents have been received, the Faculty Admissions Committee will conduct a preliminary evaluation of your credentials. If it is determined that you meet our minimum qualifications, you will be invited to schedule a personal interview.

Personal Interview

Qualified applicants will be contacted by an admissions counselor to arrange for their personal interview. Applicants will be given an opportunity to discuss their academic record and provide any other background information that will help the admissions committee to assess the student's maturity, aptitude, and motivation.

Application Decision

Applicants can anticipate admissions decisions to be made within two to three weeks after the personal interview is conducted. Applicants will be notified by email of the official admissions decision reached by UMHS Faculty Admissions Committee. The decision-making timeline may be extended during semester breaks and holiday periods.

There are five decision options:

1. **Acceptance:** The applicant has been accepted to attend UMHS in the requested entry term.
2. **Acceptance/Wait List:** The applicant has been accepted to attend UMHS; however, if their intended semester of matriculation is full, the applicant is placed on a wait list and confirmed for the next available semester. If a vacancy occurs, the applicant may still attend their original intended semester.
3. **Acceptance to the Extended Basic Science Program (EBS):** The Extended Basic Science Program is designed for entering students who wish to spread the work of the first four semesters of medical school over a five-semester period instead. The EBS program is described in detail on page 13.
4. **The Accelerated Review Program (ARP):** This program is designed for students who have the potential to become successful physicians, but need additional academic foundation work and study skills preparation to ensure their success in the rigorous UMHS medical education program. Additional details are provided here: <https://www.umhs-sk.org/accelerated-review-program>.
5. **Denial:** The applicant has not met the minimum entrance qualifications as determined by the UMHS Faculty Admissions Committee. An applicant may appeal this decision in writing, and must supply additional supporting documentation for review by the Admissions Committee.

Accepted Students

Upon acceptance to UMHS, students will begin to work with a designated staff member for assistance and instruction on all aspects of the enrollment process. A highly detailed Welcome Packet, which contains all instructions and forms to complete the enrollment process, is provided at the time of acceptance. Learn more about the enrollment process at:

<https://www.umhs-sk.org/accepted-students>.

The University of Medicine and Health Sciences admits students without regard to race, color, national origin, gender, religion, disability, or age to all rights, privileges, programs, and activities generally made available to students at the University. It does not discriminate on the basis of race, color, national origin, gender, religion, disability, or age in the administration of its educational programs and other University-administered policies.

Transfer Policy/ Advanced Standing

UMHS considers potential transfer applicants who have completed prior medical school coursework (in a similarly structured M.D. program) on a per-case basis. The latest entry point for transfer students is the fifth semester, which is located at our campus in Portland, Maine. The fifth semester consists of two courses: Introduction to Clinical Medicine II and Biological Basis of Medicine, which includes an intense 15-week USMLE review and preparation through our partnership with Kaplan Medical. Students who have successfully completed USMLE Step 1 and wish to transfer must pass a shortened, modified fifth semester which still includes the Introduction of Clinical Medicine II course. Please note that UMHS does not accept transfers directly into the third- or fourth-year Clinical Science Program.

To be considered for admission with advanced standing, transfer applicants must complete the UMHS application for admission (available at: <https://www.umhs-sk.org/apply>) and meet all UMHS prerequisite requirements, including successful completion of all prescribed undergraduate courses. In addition to transcripts from their prior medical school(s) and a dean's letter from that medical school, applicants must submit copies of all undergraduate and graduate school transcripts, two letters of recommendation, the application fee, and MCAT results (if applicable). USMLE results must also be submitted for all attempts made.

For more information on transferring to UMHS, please contact the Office of Admissions toll-free at 866-686-0380, direct at 212-868-0855, or via email at admissions@umhs-sk.net.

Students interested in transferring out of UMHS to another school should contact those schools directly to obtain their transfer policies and requirements for advanced standing. Please be advised that transfer policies for both U.S. and Caribbean schools vary greatly depending upon the school and location.

Tuition and Fees

Fee Schedule

Basic Science Tuition: Semesters 1–4

BASIC SCIENCE PROGRAM (**13-29 CREDITS)	PER-SEMESTER FEE
Basic Science Tuition	\$16,300
Lab Fees	\$800
Student Government Association	\$30
Evacuation Insurance	\$105
Health Insurance (age based)	\$278–\$669
TOTAL	\$17,513–\$17,904

Extended Basic Sciences Tuition: Semesters 1–5

EXTENDED BASIC SCIENCE PROGRAM (**13-26 CREDITS)	PER-SEMESTER FEE
Extended Basic Sciences Tuition	\$14,030
Lab Fees	\$800
Student Government Association Fees	\$30
Evacuation Insurance	\$105
Health Insurance (age based)	\$278–\$669
TOTAL	\$15,243–\$15,643

Fifth Semester: Maine

FIFTH SEMESTER: MAINE (11 CREDITS)	PER-SEMESTER FEE
Fifth Semester Maine Tuition	\$18,950
Liability Insurance	\$344
Health Insurance (age based)	\$375–\$903
TOTAL	\$19,669–\$20,197

Clinical Science Tuition: Semesters 6–10

CLINICAL SCIENCE PROGRAM	PER-SEMESTER FEE
Clinical Science Tuition	\$18,950
Liability Insurance	\$344
Health Insurance (age based)	\$375–\$903
TOTAL	\$19,669–\$20,197

Accelerated Review Program Tuition

ACCELERATED REVIEW PROGRAM	PER SEMESTER FEE
Accelerated Review Program Tuition	\$10,700
Student Government Association Fees	\$30
Evacuation Insurance	\$105
Health Insurance (age based)	\$278–\$669
TOTAL	\$11,113–\$11,504

Effective: September 2024

Tuition and fees are subject to change without notice.

Tuition is assessed based on student classification, program of study, and the number of credits for which a student is registered.

** Tuition will be prorated for total registered credits in the Basic Sciences (BAS) and Extended Basic Sciences (EBS), which fall below the semester credit range stated above. The Basic Science and EBS charge will be at a rate of \$1,200 per credit. Tuition in fifth semester—Maine will be prorated at a rate \$1,300 per credit for students that are registered for less than 11 credits. Tuition for the Clinical program (Sem 6-10) will be prorated at a rate of \$1,300 per credit/rotation week, plus the cost of liability insurance for those students scheduled for more than 78 weeks of rotation. Any necessary adjustments to accounts will be made upon official notification from the Registrar. Tuition is assessed based on student classification, program of study, and the number of credits for which a student is registered

A student failing any course in any semester will be required to repeat that course and will be charged in accordance with the tuition and fees schedule.

Payment Options:

(All payments must be in U.S. dollars and drawn from a U.S. bank)

1. Check
2. Money order
3. Credit card (Mastercard and Visa)
4. Wire transfer

Estimated Cost of Attendance

To learn more about the estimated cost of attendance and how to financially plan for your education at UMHS, please refer to the Financial Aid section of the website.

Learn more about the Estimated Cost of Attendance on page 91.

Tuition Refund Policy

Students who officially withdraw from the university will have their refunds, if any, calculated according to the tuition refund schedule that is published in the Student Handbook and website. The percentage of refund is based on the actual date of withdrawal recorded by the Registrar. This may not necessarily result in a refund, and in some instances, a tuition balance may still be due. Insurance and fees are non-refundable. Refunds are mailed directly to the student's permanent address by the Bursar's Office.

When withdrawing from the University, a student is required to complete and file the appropriate form before being entitled to any credit or refund of tuition. The completed document must be returned to the Registrar's office. Once the form is processed, it will constitute an official withdrawal from the University. Discontinued attendance or notification to the instructor or any other office will not constitute an official withdrawal.

The effective date of a withdrawal is normally the student's last date of attendance. The University's handling of tuition and charges corresponds with federal loan entitlement regulations, which are based on the period attended:

1. If a student withdraws prior to the start of a semester, no tuition charges are due.
2. If a student withdraws within the first 60 percent of a semester, tuition is prorated based on the number of days attended during that term.
3. If a student withdraws after the first 60 percent of a semester, full tuition/charges remain due.
4. For withdrawals during the first 60 percent of a semester, student loan entitlement is recalculated in accordance with federal loan regulations. If applicable, the University and the student are each proportionally responsible for returning "unearned" loan funds to lenders. In addition to the lender returns required by federal regulations, the University returns any remaining credit balance to lenders, which decreases the student's loan debt for that semester.
5. All self-paying students (non-financial aid) who officially withdraw from the University during the first 60 percent of a semester may receive a tuition refund in accordance with the prorated tuition standard listed above.

Although a leave of absence may be authorized in limited circumstances, failure to return to school from a leave of absence is considered a withdrawal as of the last date of attendance.

Under federal regulations, a leave of absence: must be requested and approved in advance; may not exceed 180 days; and may not be granted within 12 months of a previous leave of absence. An interruption of enrollment status that does not qualify as a leave of absence is considered a withdrawal as of the last date of attendance.

Information about registration, benefits, and coverage are given to students at orientation.

Bursar Department

275 7th Ave., 26th Fl.

New York, NY 10001

Phone: 212-868-0855

Fax: 212-868-4725

Email: bursar@umhs-sk.net

Tuition and Fees

The University understands the significance of student debt load and has purposefully established tuition at a value that makes the academic program affordable, and that is far below that of many other medical schools. We pride ourselves on providing a quality education at an affordable price.

There are two categories of costs associated with attending an educational institution: direct and indirect.

Direct Costs

Direct costs are those associated specifically with the educational process. Direct charges include tuition, lab fees, course fees, medical and evacuation insurance, and applicable registration fees. These are billed directly from the University to the student.

Indirect Costs

Indirect costs include, but are not limited to housing, living expenses, books, supplies, and transportation. Students are responsible for indirect expenses. UMHS does not bill nor receive money for indirect costs.

Although calculating financial aid eligibility involves the total of all direct and indirect expenses, students will only be billed for the direct costs at UMHS. Students who qualify may choose to apply for available loan programs to assist with their educational and (if applicable) living expenses.

Direct Costs

Health Insurance

Health insurance is required for all students enrolled at UMHS. Enrollment in the medical health insurance plan offered by UMHS is automatic unless proof of health insurance is provided by the student before or during registration. The cost of health insurance purchased through UMHS varies depending upon a student's age. The cost is billed at the beginning of each semester.

Evacuation Insurance

Students are required to have evacuation insurance while living on St. Kitts. In the event of a medical emergency where a student may need to be evacuated to a U.S. hospital, this would cover that cost. Enrollment in the medical evacuation insurance plan offered by UMHS is automatic. It is due at the beginning of each semester.

Liability Insurance

Liability insurance is required for every student during the fifth semester at the Portland, Maine, campus and while completing clinical rotations at any UMHS-affiliated teaching hospital. Students will be provided further details regarding liability insurance prior to returning to the U.S. for the fifth semester.

Laboratory and Competency Testing Fees

Students are responsible for laboratory and competency testing fees each semester. The laboratory fee will be billed along with tuition for all semesters in St. Kitts.

Indirect Costs

While UMHS only bills for direct costs, students should also take into account indirect costs when planning their financial needs. These include:

Books and Equipment

Students receive a list of the required books, supplies, and uniforms which they will need to purchase for each semester. The most efficient way to obtain these items is through the Campus Bookstore located on our campus in St. Kitts. Students can purchase all their books and supplies during registration. All books offered will be the latest editions available at the time of shipping.

If you purchase books in advance of matriculating to campus, be aware that airlines have weight restrictions for checked luggage. Be sure to verify the luggage weight limit for your airlines beforehand. Students may ship their books to campus through either Amerijet or Tropical Shipping.

Tablet/Laptop Computers

Students are required to bring a laptop/tablet computer to campus as of the first semester. UMHS has followed the lead of U.S. medical schools in developing a digital library of histological and pathological images. Students can use their computers to manipulate the images and resolution to optimize their learning experience.

More detailed information about laptop and tablet requirements can be found at <https://www.umhs-sk.org/technology-requirements>. For questions about laptop/tablet computer requirements, contact IT Director Wayne Williams at wwilliams@umhs-sk.net.

Transportation Costs

Students are required to pay for their airfare to the island and all travel costs to clinical sites in the U.S. and Canada. UMHS provides transportation for all students to and from campus and their housing locations on St. Kitts. Students may choose to purchase or lease a car from a private individual for the time they are in St. Kitts. The costs associated with purchasing and maintaining a used car can vary widely and range between \$3,000 to \$5,000. Students should be aware that the vehicle purchase is solely the student's responsibility and not a function of any office at the University. Students should check the campus bulletin boards for advertisements on used cars.

Living Expenses

Students need to budget for typical living expenses, including housing, utilities, food, local transportation, and entertainment. Costs will vary based on the level of accommodation and location.

Student Financial Assistance

Financial Aid

It is never too early to start thinking about how to finance your medical education. While the financial aid process may seem daunting for many students, the financial aid counselors at UMHS can help you build a successful financial plan for your future as a healthcare professional. UMHS offers financial aid for those who qualify.

As soon as you submit your admission application, you should start reviewing the information in the financial aid section of our website. Once accepted, and within 180 days of your anticipated matriculation term, you will receive the applicable financial aid information to the email address you entered on your admission application. The first step is to complete the required entrance counseling. As soon as this first step is complete, you will get the financial aid package email containing all of the information and instructions necessary to apply for any loan you may need.

It is important to review and understand how your existing education debt, personal financial resources, and credit history may impact your ability to finance your medical education. You will always get an honest evaluation of your financial preparedness to attend UMHS. Should it be determined that you may lack the ability to finance your education at the moment, we will be straightforward with our professional evaluation and help you plan for the future.

Once you are an enrolled student, the Office of Financial Aid will continue to guide you down a healthy financial path. Credit counseling is always available as you progress through the educational program at UMHS.

Financial Aid Planning and Counseling

All students are advised to call or visit the Office of Financial Aid, prior to matriculation, to discuss and develop a viable financial plan for their education. After counseling and plan development, you will understand:

1. How much money you will need, when you will need it, and where you will get it from.
2. Your credit report and how credit history affects your ability to obtain student loans.
3. What you can do to build good credit and how debt management can help maintain your financial health.
4. What you need to do for any existing student loans you may have while you are enrolled in UMHS.

Loan Programs for U.S. Citizens and Permanent Residents

Borrowing funds to pay for educational costs is a tremendous responsibility. All loans borrowed must be repaid, regardless of your academic or professional success. If you default, you risk ruining your credit, which can burden you for up to 10 years and can affect your ability to secure credit, housing, or even employment. Thus, we urge you to borrow only as much as you absolutely need to cover your educational expenses, which may not be your full cost of attendance. Student loans have varying interest rates and terms of length that can affect the total amount a borrower will pay over the life of the loan. Typically, repayment begins after students have completed their education.

A student will not be permitted to borrow more than the cost of attendance for each loan period. Even if a student loan is credit approved by a lender for an amount larger than the cost of attendance, the Office of Financial Aid can only certify a maximum amount equal to that of your total cost. Consumer or other personal debt (credit cards, mortgages, car payments, legal fees, family support, etc.) cannot be included in the cost of attendance. Please refer to the Cost of Attendance (page 91) for an explanation of what is included in the COA.

It is important to know what is on your credit report. You are eligible for a free copy of your report once a year, and any time you are denied housing, insurance, employment, or credit based on the data in your report. You can get your free annual copy online at: <https://www.annualcreditreport.com>.

Since Sallie Mae is our main provider of aid, it is especially important to review your TransUnion report, as this is the agency Sallie Mae will use to assess your creditworthiness. Your score is not as important as the detailed account histories contained in your full report. These historic credit details are what the lender will base their credit decision on. Full cost of attendance for each loan period can be covered by your Sallie Mae loan. Your cost of attendance and the semesters included in your loan period will vary according to your progress through the curriculum. The cost of attendance budgets for both the standard M.D. curriculum and the EBS curriculum can be found at: www.umhs-sk.org/cost-of-attendance. You will also get a financial aid package via email with your personal COA prior to each award year start.

Sallie Mae Medical School Loan Program

UMHS has partnered with Sallie Mae to offer their medical school loan program to UMHS students of U.S. citizenship or Permanent Residency enrolling in the MD program. The Sallie Mae Medical School Loan Program is a private educational loan. This means that it is not subsidized by the federal government, nor is an approval guaranteed. The lender's decision to approve a loan request will be based on the student's, and any co-signer's, creditworthiness as displayed by the data in their credit report. This may also include a review of the applicant's debt-to-income ratio.

Features of the Medical School Loan

- Easy online application.
- Three repayment options to choose from, including deferred until after graduation or minimum monthly payments while in school.
- Competitive interest rates, with the choice of variable or fixed rate once your request is approved.
- Up to 20 years to repay with no prepayment penalties.
- 36-month grace period.
- Up to 48 months of residency and internship deferment.
- No cosigner is required to complete an application; however, applying with a creditworthy cosigner may help you qualify and/or receive a lower interest rate. Depending on the student applicant's credit history a cosigner may be necessary for lender approval of the loan request.

To download brochures about these loans or to access applications, visit: <https://www.umhs-sk.org/us-loan-program>.

PLEASE DO NOT APPLY FOR ANY LOANS UNTIL YOU RECEIVE YOUR FINANCIAL AID PACKAGE EMAIL.

You will get a financial aid package at the appropriate time to apply or reapply. Please be sure to wait for those instructions before submitting any applications to Sallie Mae.

Sallie Mae Residency and Relocation Loan Program

The Residency and Relocation Loan from Sallie Mae allows students to finance the costs associated with finding a medical residency, including travel to interviews and relocation costs. If you're enrolled at least half time in your final year of study, or have graduated from medical school in the last 12 months, you can use the loan to cover board examination expenses, as well as other expenses not included in your school's cost of attendance.

Apply online directly to Sallie Mae: <https://www.salliemae.com/student-loans/global-residency-loan>.

UMHS Institutional Loan Program

UMHS maintains an emergency loan program for students who have been unsuccessful at qualifying for funding through Sallie Mae. This University-funded program provides small, per-term loans to students who have made a concerted effort to obtain funding for the upcoming term and have fallen short of their need. Loans approved under this program are applicable towards tuition only. Students must have been denied by Sallie Mae. Contact the Office of Financial Aid for further information and to determine eligibility.

In-school Deferment for your Previous Student Loans

Students who have borrowed previous education loans need to be diligent about monitoring the status of ALL existing student loan accounts while enrolled at UMHS.

Since UMHS is not eligible to participate in the federal student aid programs, any existing student loans will not be eligible for in-school deferment. UMHS also does not automatically report enrollment to lenders.

In-school deferment forms require a federal school code. UMHS does not have a federal school code. If a deferment form is submitted to the Registrar, the form will be completed, less the school code field, and submitted to your lender. Approval is not guaranteed. You must monitor your accounts to ensure the outcome of your deferment request. If your deferment is not approved by your lender, you should be able to apply for forbearance.

Financial Aid Options for Canadian Students

Most major banks in Canada (Scotia, NBC, RBC) offer lines of credit for students studying outside Canada. These educational lines of credit are specifically designed to fund the costs associated with the student's studies.

For students studying outside of Canada, most lenders will require a credit-worthy cosigner in order for the student to obtain an approval. Approvals are made at the discretion of the local branch where the application is submitted. Students are advised to apply at the location they and/or their cosigners conduct most of their banking transactions. Credit-based loans and lines of credit are typically approved for students and their cosigners who have a good credit rating.

Accepted students should provide the bank with a copy of their letter of admissions along with a printout of the UMHS IMED directory listing (<https://www.wdoms.org>) and the CaRMS Eligibility Criteria (<https://www.carms.ca/the-match>).

Provincial Student Loans

Canadian students are eligible for Provincial Loans in the province of residence—for example, Ontario residents are eligible for an Ontario Student Assistance Program (OSAP) loan. Students may apply for up to 52 weeks of financial assistance annually. Canadian students should contact their individual provinces directly for information regarding additional requirements.

Additional information may be available from the provincial and territorial student financial assistance offices:

Alberta:

studentaid.alberta.ca

New Brunswick:

www2.gnb.ca

Newfoundland Labrador:

gov.nl.ca/education/studentaid

Northwest Territories:

ece.gov.nt.ca/en/services/student-financial-assistance

Nova Scotia:

studentloans.ednet.ns.ca

Ontario:

osap.gov.on.ca/OSAPPortal

Prince Edward Island:

studentloan.pe.ca

Saskatchewan:

saskatchewan.ca/studentloans

Veterans Administration (VA) Education Benefits

UMHS Welcomes U.S. Veterans

The University of Medicine and Health Sciences is approved by the Department of Veterans Affairs (VA), enabling eligible veterans, service persons, and certain dependents of veterans to receive VA educational benefits. Eligible persons may receive benefits under one of several types of GI Bills:

Chapter 30—Montgomery GI Bill®

Chapter 31—Disabled Veterans Vocational Rehabilitation Program

Chapter 32—Veterans Educational Assistance Program (VEAP)

Chapter 33—Post 9/11 GI Bill®

Chapter 35—Dependents Educational Assistance Program

Chapter 1606—Montgomery GI Bill® Selected Reserve Educational Assistance Program

Chapter 1607—Reserve Educational Assistance Program (REAP)

For a complete description of each chapter, please visit www.benefits.va.gov/gibill. GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA).

How to Apply

We encourage new UMHS applicants to visit www.benefits.va.gov/gibill and fill out the available online application. You will receive a Certificate of Eligibility. Please note that the UMHS Office of the Registrar will require a copy of your paperwork.

You may also need the following records: Form DD 214, Report of Separation or Discharge; or Form DD 2384, Notice of Basic Eligibility (NOBE) if you are a Reservist or National Guard member.

Benefits will vary by program, so it's important to visit the VA site for further details. The monthly benefit paid to you is based on the type of training, length of service, category, and participation in the MGIB Fund. For information, visit the Education Benefit Payment Rates page.

Applying for Chapter 31—Disabled Veterans Vocational Rehabilitation Program

A veteran who is eligible for an evaluation under Chapter 31 must first apply for services and receive an appointment with a Vocational Rehabilitation Counselor (VRC). Please visit www.benefits.va.gov/vocrehab/index.asp for further information on eligibility and applying for benefits. If eligible, you will receive your VA Form 28-1905 from your counselor that lists the dates of your Chapter 31 eligibility and the degree program authorized. This form must be submitted to the UMHS Office of the Registrar, along with the IEVER form.

As with the other benefit chapters, you must submit the IEVER each semester in order for UMHS to certify your continued enrollment or whenever there is a change in your status.

Student Responsibilities

In order to begin receiving Veterans Affairs (VA) education benefits as a UMHS student, you must complete an initial application with the VA. These forms are available at <https://gibill.va.gov/apply-for-benefits>. After you receive the Certificate of Eligibility, please submit a copy to the UMHS Office of the Registrar.

The IEVER form must then be submitted each semester by students who are receiving VA education benefits so that UMHS can verify Enrollment Certification on VA-ONCE. Certification is required by the VA in order for students to continue receiving VA education benefits.

Per the VA Benefit Administration, UMHS is required to report a change in student status, including:

1. Withdrawal
2. Leave of absence
3. Vacation (only after completing fifth semester)
4. Temporary withdrawal (any time there is a gap in curriculum that is not an approved leave or vacation period)
5. Less than full-time status (applicable only during Basic Sciences)
6. Student graduated

UMHS is also required to report the following enrollment-related information:

1. Certify that enrollment is only for those subjects that apply to the student's program
2. Report when a student was dismissed due to unsatisfactory progress
3. Report when a student is suspended or dismissed for unsatisfactory conduct

The IEVER form must be submitted to the UMHS Office of the Registrar within one week of a change in status and during the 12th week of the current enrollment in order to have enrollment verified for the following term. Please note that official enrollment certification will not occur until after each term's in-person registration period or when there has been verification of attendance in a clinical rotation. The change in status reporting will be completed within 30 days of any action.

UMHS Veterans Scholarship

We are proud to offer the Robert Ross Veterans Scholarship. This is a need- and merit-based scholarship that is available to veterans, servicemen, and servicewomen during Basic Science. Students may be eligible for up to \$1,000 per semester. Students interested in the program should contact the Office of Financial Aid (finaid@umhs-sk.net) for further details.

VA Benefits Used at a Prior School

If you are a veteran who previously received benefits at another institution, you must complete a Request for Change of Place of Training (VA Form 22-1995) and return it to the VA Office and the UMHS VA Certifying Official, along with copies of your DD form 214 (Discharge from Active Duty) and Certificate of Eligibility.

Questions About Benefits

If you have any questions regarding VA education benefits, you may contact the VA Regional Office at 1-800-827-1000. Please note that the Eastern Region Office handles applications for foreign schools.

Contact Information

UMHS VA Certifying Official

Dr. Brijette Sena

Associate Dean of Academic Administration,

bsena@umhs-sk.net

Office of the University Registrar

275 7th Ave. 26th Floor

New York, NY 10001

Department of Veterans Affairs VA Education Service

www.gibill.va.gov

1-888-GIBILL-1 (1-888-442-4551)

VA Regional Office—Eastern Region and Foreign Schools

P.O. Box 4616

Buffalo, NY 14240-4616

Phone: 1-800-827-1000

Fax: 716-551-3241

Scholarships

UMHS believes that all education should be affordable and that students should have access to enough financial aid to cover their full cost of attendance. With that in mind, the university has decided to substantially increase the award amounts for the scholarships listed below. In some cases, we have doubled the amount from previous years. Over the last 5 years, we have awarded close to \$3 million in scholarships. We know that finances are a major concern for students, but by maintaining affordable tuition, providing scholarships, offering payment plans and student loans, students can achieve their dream of becoming a physician without a significant amount of debt.

Merit Scholarships

The Founder's, President's, and Provost's scholarships are merit-based awards provided to qualified students as new matriculates. Awards granted under these programs are based on the academic strengths demonstrated in each student's application for admission. All accepted students are considered for these scholarships.

Awards granted under these programs are applicable towards tuition for the Basic Science semesters attended on the St. Kitts campus. A comprehensive review of the accepted student's admissions file is conducted to determine award amounts. We weigh each student's cumulative GPA, as well as GPAs for all premedical coursework, advanced biology coursework, and graduate and medical school coursework. Award recipients will be notified via email. Terms of each award will be outlined in the award letter.

Founder's Scholarship (\$14,000 Total)

This scholarship was developed in memory of our founder, Dr. Robert Ross. As a leader in medical education, he spent a lifetime helping thousands of students achieve their dream of becoming a physician. He was a pioneer in establishing one of the first Caribbean medical schools in 1978. In establishing UMHS, Dr. Ross had unlimited resources to build one of the most state-of-the-art campuses in the Caribbean. He maintained the highest of academic standards and spared no expense in providing students the resources and faculty they needed to succeed.

To qualify, students must maintain at a minimum an undergraduate GPA of 3.76 or higher. In addition, the university will also consider a number of other variables including science GPA, MCAT scores, and may request a personal statement.

Award amount is \$3,500/term or \$2,800/term for students in the EBS program.

President's Scholarship (\$11,000 Total)

This scholarship was developed in recognition of President Warren Ross, who has committed his entire life to helping students achieve their dream of becoming a physician. President Ross has over 45 years of experience in academic medicine and was intimately involved in developing virtually every

aspect of UMHS. His goal was to develop a modern state-of-the-art medical school that was comparable to medical schools in the United States. By maintaining a small school environment, he was able to provide students with a personalized education with the learning resources and faculty that they need to succeed. Under his leadership, UMHS has obtained multiple state approvals and accreditations. One of our accreditors, ACCM, has adopted the U.S. standards of accreditation, and is recognized by the U.S. Department of Education through NCFMEA. Students have excelled academically and are performing exceptionally well on the licensing examination. As further evidence of our commitment to student success, 90 percent of our first-time applicants obtained a residency.

To qualify for the president's scholarship, students must maintain at a minimum an undergraduate GPA of 3.51 to 3.75. The university will also consider a number of other variables including science GPA, MCAT Scores, and may request a personal statement.

Award amount is \$2,750/term or \$2,200/term for students in the EBS program.

Provost Scholarship (\$10,000 Total)

The Provost Scholarship was developed in recognition of Dr. David Graham and his commitment to providing UMHS an outstanding medical education while maintaining the highest of academic standards.

Dr. David Graham qualified in 1977 from the Liverpool Medical School at the University of Liverpool in the UK. He trained in many of the hospitals in the northwest of England, including the Royal Liverpool University Teaching Hospital, and also, in the University Hospital, London, Ontario, Canada.

He carried out research in several areas of Respiratory Medicine producing papers and presenting at the American Thoracic Society. An extended piece of research led to the award of a Postgraduate Degree of Doctor of Medicine (MD) by the University of Liverpool.

In 1999, he was appointed as the Postgraduate Dean for the Mersey Deanery and was responsible for the development and delivery of training for over 2200 junior doctors in the hospitals across Merseyside.

In 2008, he became a Professor of Medical Education at the University of Liverpool and soon afterward, also became Dean of the Liverpool Medical School. As Dean of the Medical School, he was responsible for both the Teaching Programs for 1500 medical students and the five Research Schools.

To qualify for this scholarship, students must maintain an undergraduate GPA of 3.25 to 3.5. In addition, the university will also consider a number of other variables including science GPA, MCAT Scores, and may request a personal statement.

Award amount is \$2,500/term or \$2,000/term for students in the EBS program.

Dr. William Thurman Scholarship for Academic Excellence

Our late founding Provost, Dr. William Thurman, made an enormous contribution to the creation and development of UMHS. His spirit of professionalism along with a clear student-centered approach lives on, and is part of the UMHS ethos. Dr. Thurman loved medicine and always inspired students to achieve greatness.

To honor his memory and lasting impact on our University, the Board of Trustees has established the Dr. William Thurman Scholarship for Academic Excellence. This scholarship will be awarded to exemplary students who demonstrate academic excellence during their clinical semesters (semesters 6–10).

Award recipients stand to receive up to \$1,000 per semester.

To qualify, students must meet the following criteria:

- Maintain a minimum CGPA of 3.80 for an award toward any clinical semester
- Be in good academic standing for an award toward any clinical semester
- Obtain a 75 or higher score on the Post-Kaplan Qualifying Exam in one (1) attempt for a semester 6 Award
- Achieve a minimum of 75 on the first attempt of all NBME Core Shelf exams, for an award toward semesters 7, 8, and 9
- Earn a score of 240 or higher on first attempt at USMLE Step 2 CK for a semester 10 award

In addition to the per-semester awards, the scholarship fund also grants an additional \$2,500 award to the valedictorian at graduation. There is no application necessary. Students' academic records will be reviewed upon receipt of each NBME and USMLE Score. Any award granted will be applied to the appropriate semester.

ARP Scholarship

UMHS is very proud of the students who have successfully completed the Accelerated Review Program. As an incentive to excel in this program, we have developed a new merit-based scholarship to reward our high achievers.

Students who have successfully completed ARP can also qualify for a Basic Science Scholarship. This will be a merit-based scholarship reliant on the student's academic performance in ARP.

Students who have maintained a B or greater in ARP will automatically qualify for the scholarship.

Students in the four-semester Basic Sciences program will receive \$2,250 per semester, while those in the five-semester Extended Basic Sciences program will receive \$1,800 per semester—each resulting in a total award of \$9,000.

ARP graduates entering into the medical school program will be considered for the other university scholarships automatically. Students who qualify will be considered for the scholarship offering the largest amount of funding. This scholarship will be effective September 2023. Students currently enrolled in the May ARP class and all subsequent classes will qualify. For further details about qualifying, please contact the Financial Aid Department.

St. Kitts Scholarship

In concert with the Kittitian Government, UMHS offers two significant scholarships to citizens of St. Kitts and Nevis.

Students interested in applying should contact the Human Resource Management Department, Office of the Prime Minister of the Federation of St. Christopher and Nevis.

Veterans Scholarship

We are proud to offer the Robert Ross Veterans Scholarship. This is a need- and merit-based scholarship that is available to veterans, servicemen, and servicewomen during Basic Science semesters. **Students may be eligible for up to \$1,000 per semester.** Students interested in the program should contact the Office of Financial Aid for further details.

Third-party Scholarships

The White Coat Investor Scholarship provides several awards based on total funds raised. You must have a valid U.S. Social Security number to apply.

Cost of Attendance

The Cost of Attendance (COA) budgets below demonstrate the realistic anticipated expenses students can expect to incur while enrolled in the University of Medicine and Health Sciences' Doctorate of Medicine (M.D.) program. All figures are based on a typical student's expenses for each identified enrollment period/award year. Cost of attendance budgets, by federal regulation, are designed for a student to live and support themselves modestly, like a student, during the instructional time. Some of these expenses will be billed by the school; others are indirect expenses for which the student must budget.

Students may not receive a total amount of aid, from all sources (student loans, scholarships, grants, VA benefits), in excess of their COA for any term or loan period. Aid cannot be applied to items not included in the cost of attendance. Expenses such as family support, mortgage/rent for a second residence (home), credit card debt, or car payments cannot be included in the cost of attendance.

Expenses Included in the Cost of Attendance

Tuition

Tuition fees cover the costs of classes. Effective for the Fall 2024 term, tuition will be charged \$16,300 for Basic Science semesters and \$14,030 for Extended Basic Science semesters attended in St. Kitts. Tuition for semester five, attended at the Maine campus, and for all clinical semesters attended at approved U.S. hospital sites, is charged at \$18,950 per semester. Your actual tuition and individualized cost of attendance budget may differ as per your curricular path and registration data.

Room and Board

Students need to budget for typical living expenses incurred daily: housing, utilities, food, etc. Estimates provided anticipate that students will live in safe, comfortable, but modest accommodations. This will generally mean living like a student with a roommate. Costs for housing expenses are calculated at \$1,400 per month. Food allowance is included at \$125 per week. Housing for the fifth semester in Maine is included at \$2,000 per month.

Transportation Fees

The expense of traveling to and from the island, as well as on the island, are included in your cost of attendance. \$900 for one round-trip air ticket per semester is included, as well as \$35 per week for transportation expenses on the island, \$250 per week in Maine, and \$75 per week during clinical semesters.

Books and Supplies

Accepted students will be provided with a list of the books and supplies to purchase each semester. The average cost for books and supplies is \$500 per Basic Science semester. Books for semesters one and two are typically bought at the beginning of semester one. Actual expense will vary for EBS and Clinical students.

Fees

In addition to tuition, students are responsible for administrative, lab, and student government fees each semester. There is an \$800 charge per semester to cover lab and administrative fees for Basic Science semesters. Students enrolled in a semester at UMHS' St. Kitts campus will also be charged a \$30 student government fee each semester.

Personal Incidentals

A \$50 per week allowance for any miscellaneous personal expenses students may incur is included.

Health and Air Evacuation Insurance

All students are required to have medical and emergency evacuation insurance. If you do not have coverage, you will be given the option to purchase insurance through UMHS. If you already have health insurance, be sure to contact your provider to ensure coverage will remain effective while you are attending school outside of the U.S. A median rate of the school-sponsored policy is included in the COA for health insurance, as well as the actual per-semester charge for air evacuation insurance.

Liability Insurance

In order for students to participate in clinical training, liability insurance will be required while at any U.S. affiliate clinical site.

Graduation and Post-Graduation

There will be additional fees associated with graduation ceremonies (i.e. school pins, photos, cap and gown). The \$500 graduation fee is included in the final award year's cost of attendance. Post graduation expenses cannot be included in the cost of attendance or funded by student loans.

Study Review

Study review courses and relocation expenses are not included in your cost of attendance. These expenses are not eligible to be included in the cost of attendance or for student aid. However, other resources may be available specifically for financing these additional expenses, which fall outside of your required curriculum.

Estimated Cost of Attendance: M.D. Program

(Effective Fall 2024)

M.D. Program: First Award Year

ITEMIZED EXPENSES	SEM 1	SEM 2	SEM 3	TOTAL
Tuition	\$16,300	\$16,300	\$16,300	\$48,900
Room and Board	\$8,875	\$7,475	\$7,475	\$23,825
Transportation	\$1,425	\$1,425	\$1,425	\$4,275
Books and Supplies	\$1,600	\$500	\$500	\$2,600
Lab and Misc. School Fees	\$830	\$830	\$830	\$2,490
Personal Incidentals	\$750	\$750	\$750	\$2,250
Air Evacuation Insurance	\$105	\$105	\$105	\$315
Health Insurance	\$400	\$400	\$400	\$1,200
TOTAL	\$30,285	\$27,785	\$27,785	\$85,855

M.D. Program: Second Award Year

ITEMIZED EXPENSES	SEM 4	TOTAL
Tuition	\$16,300	\$16,300
Room and Board	\$7,475	\$7,475
Transportation	\$1,425	\$1,425
Books and Supplies	\$500	\$500
Lab and Misc. School Fees	\$830	\$830
Personal Incidentals	\$750	\$750
Air Evacuation Insurance	\$105	\$105
Health Insurance	\$400	\$400
TOTAL	\$27,785	\$27,785

M.D. Program: Third Award Year

ITEMIZED EXPENSES	SEM 5	TOTAL
Tuition	\$18,950	\$18,950
Room and Board	\$10,625	\$10,625
Transportation	\$4,650	\$4,650
Books and Supplies	\$500	\$500
Personal Incidentals	\$750	\$750
Health Insurance	\$486	\$486
Liability Insurance	\$350	\$350
ACLS Course	\$250	\$250
CBS-SA (two attempts included)	\$120	\$120
CBSE (two attempts included)	\$300	\$300
Application for ECFMG Certification	\$160	\$160
USMLE Step 1	\$1,000	\$1,000
TOTAL	\$38,141	\$38,141

M.D. Program: Fourth Award Year

ITEMIZED EXPENSES	SEM 6	SEM 7	SEM 8	TOTAL
Tuition	\$18,950	\$18,950	\$18,950	\$56,850
Core Shelf Exams	\$214	\$214	\$214	\$642
Room and Board	\$10,000	\$10,000	\$10,000	\$30,000
Transportation	\$2,100	\$2,100	\$2,100	\$6,300
Books and Supplies	\$300	\$300	\$300	\$900
Personal Incidentals	\$800	\$800	\$800	\$2,400
Health Insurance	\$486	\$486	\$486	\$1,458
Liability Insurance	\$350	\$350	\$350	\$1,050
TOTAL	\$33,200	\$33,200	\$33,200	\$99,600

M.D. Program: Fifth Award Year

ITEMIZED EXPENSES	SEM 9	SEM 10	TOTAL
Tuition	\$18,950	\$18,950	\$37,900
Room and Board	\$9,875	\$9,875	\$19,750
Transportation	\$2,025	\$2,025	\$4,050
Books and Supplies	\$300	\$300	\$600
Personal Incidentals	\$750	\$750	\$1,500
Health Insurance	\$486	\$486	\$972
Liability Insurance	\$350	\$350	\$700
CCSE-SA	\$120		\$120
CCSE	\$300		\$300
Step 2 CK Exam	\$1,000		\$1,000
Pathway Application and OET		\$1,380	\$1,380
Graduation Fee		\$500	\$500
TOTAL	\$34,156	\$34,616	\$68,772

Cost of Attendance for the EBS Program

EBS Program: First Award Year

ITEMIZED EXPENSES	SEM 1	SEM 2	SEM 3	TOTAL
Tuition	\$14,030	\$14,030	\$14,030	\$42,090
Room and Board	\$8,875	\$7,475	\$7,475	\$23,825
Transportation	\$1,425	\$1,425	\$1,425	\$4,275
Books and Supplies	\$1,500	\$500	\$500	\$2,500
Lab and Misc. School Fees	\$830	\$830	\$830	\$2,490
Personal Incidentals	\$750	\$750	\$750	\$2,250
Air Evacuation Insurance	\$105	\$105	\$105	\$315
Health Insurance	\$400	\$400	\$400	\$1,200
TOTAL	\$27,915	\$25,515	\$25,515	\$78,945

EBS Program: Second Award Year

ITEMIZED EXPENSES	SEM 4	SEM 5	TOTAL
Tuition	\$14,030	\$14,030	\$28,060
Room and Board	\$7,475	\$4,475	\$14,950
Transportation	\$1,425	\$1,425	\$2,850
Books and Supplies	\$500	\$500	\$1,000
Lab and Misc. School Fees	\$830	\$830	\$1,660
Personal Incidentals	\$750	\$750	\$1,500
Air Evacuation Insurance	\$105	\$105	\$210
Health Insurance	\$400	\$400	\$800
TOTAL	\$25,515	\$25,515	\$51,030

EBS Program: Third Award Year

ITEMIZED EXPENSES	SEM 5	TOTAL
Tuition	\$18,950	\$18,950
Room and Board	\$10,625	\$10,625
Transportation	\$4,650	\$4,650
Books and Supplies	\$500	\$500
Personal Incidentals	\$750	\$750
Health Insurance	\$486	\$486
Liability Insurance	\$350	\$350
ACLS Course	\$250	\$250
CBS-SA (two attempts included)	\$120	\$120
CBSE (two attempts included)	\$300	\$300
Application for ECFMG Certification	\$160	\$160
USMLE Step 1 Exam	\$1,000	\$1,000
TOTAL	\$38,141	\$38,141

EBS Program: Fourth Award Year

ITEMIZED EXPENSES	SEM 6	SEM 7	SEM 8	TOTAL
Tuition	\$18,950	\$18,950	\$18,950	\$56,850
Core Shelf Exams	\$214	\$214	\$214	\$642
Room and Board	\$10,000	\$10,000	\$10,000	\$30,000
Transportation	\$2,100	\$2,100	\$2,100	\$6,300
Books and Supplies	\$300	\$300	\$300	\$900
Personal Incidentals	\$800	\$800	\$800	\$2,400
Health Insurance	\$486	\$486	\$486	\$1,458
Liability Insurance	\$350	\$350	\$350	\$1,050
TOTAL	\$33,200	\$33,200	\$33,200	\$99,600

EBS Program: Fifth Award Year

ITEMIZED EXPENSES	SEM 9	SEM 10	TOTAL
Tuition	\$18,950	\$18,950	\$37,900
Room and Board	\$9,875	\$9,875	\$19,750
Transportation	\$2,025	\$2,025	\$4,050
Books and Supplies	\$300	\$300	\$600
Personal Incidentals	\$750	\$750	\$1,500
Health Insurance	\$486	\$486	\$972
Liability Insurance	\$350	\$350	\$700
CCSE-SA	\$120		\$120
CCSE	\$300		\$300
Step 2 CK Exam	\$1,000		\$1,000
Pathway Application and OET		\$1,380	\$1,380
Graduation Fee		\$500	\$500
TOTAL	\$34,156	\$34,616	\$68,272

Financial Aid Policies

Aid Limits

Students cannot receive total aid (loans + scholarships + grants + VA benefits + any other third-party aid) in excess of their annual cost of attendance (COA). Even if you are awarded aid in amounts greater than your cost of attendance, the Financial Aid Office can only certify a maximum amount equal to that of your total cost for the loan period in question. Grants and scholarships will be applied to your COA before any loans. Loans will be reduced to accommodate any “free” money a student is awarded.

Financial Aid Satisfactory Academic Progress Policy

In order to remain eligible for financial aid (loans, grants, scholarships) students must maintain satisfactory academic progress (SAP). SAP will be reviewed by the Financial Aid Office after each term. SAP guidelines are outlined by the Registrar and are available in the Student Handbook. Should a student fail to meet the guidelines upon completion of any given term, the following term’s financial aid will be disbursed on a probationary status.

If a student fails to meet SAP requirements for a second consecutive semester, financial aid eligibility will be suspended until the student can regain good academic standing.

Though a student may not be eligible to receive financial aid, this does not mean they will not be permitted to attend. Students on financial aid suspension may continue to attend, so long as the Registrar permits and the student has an alternative source of financing.

In-school Deferment of your Previous Student Loans

Students who have borrowed previous education loans need to be diligent about monitoring the status of ALL existing student loan accounts while enrolled at UMHS.

Since UMHS is not eligible to participate in the federal student aid programs, any existing student loans will not be eligible for in-school deferment. UMHS also does not automatically report enrollment to lenders.

In-school deferment forms require a federal school code. UMHS does not have a federal school code. If a deferment form is submitted to the Registrar, it will be completed, less the school code field, and submitted to your lender. However, approval is not guaranteed. You must monitor your accounts to ensure the outcome of your deferment request.

If the request is not approved, you can apply for a forbearance. Forbearance is another type of non-repayment status. However, you **MUST** make sure to make ALL required payments ON TIME, and IN FULL, until either a deferment or forbearance is approved. Failure to maintain all of your student loan accounts can result in an inability to qualify for the funding you need for your medical education.

Sallie Mae does not take lightly any delinquencies that may appear on your credit report for any student loans. Depending on the severity of the delinquency, you may not even qualify with a good co-signer. This will leave you with very limited funding options. Do not put yourself in this position.

FERPA Compliance

In accordance with the Family Educational Rights of Privacy Act (FERPA), UMHS does not disclose personally identifiable information from any educational records to any person or agency, unless the student has given written and specific consent. This includes details of your financial aid: loan status and amounts, scholarship, or grant status and amounts, etc. If you wish to consent permission for the details of your financial aid to be discussed with someone other than yourself, you must complete the UMHS Information Disclosure Consent Form and return it to the Office of Financial Aid.

University of Medicine and Health Sciences

Office of Financial Aid

275 7th Ave., 26th Floor

New York, NY 10001

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Email: finaid@umhs-sk.net

Monday–Friday: 7:30am–5:00pm Eastern Standard Time

Saturday, Sunday: Closed

UMHS Administrative and Satellite Admissions Offices

The UMHS Administration and Satellite Admissions Offices are strategically located in several regions of the U.S. as resources for prospective students, current students, and alumni.

These offices play a vital role in helping prospective students and their families navigate the complicated medical school selection process. All of our satellite offices provide regional residents the same type of personalized experience they would receive walking through the doors at our New York administrative office.

For general admissions inquiries or details about your next steps, you can call 866-686-0380 or email admissions@umhs-sk.net.

If you'd like to visit one of our offices for an in-person appointment with an admissions staff member, call one of the numbers below. Of course, walk-ins are always welcome.

North American Administrative Office

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